2016
Community RESOURCE BOOK
Helping our friends and neighbors in Northwest Connecticut

Updated January, 2016
## Table of Contents

2-1-1 Infoline Northwest Region .................................................................................................................. 8
American Heart Association Heritage Affiliate .......................................................................................... 8
American Red Cross CT Region .................................................................................................................. 8
American Red Cross - Waterbury Area Chapter .......................................................................................... 8
Birth to Three Info Line .................................................................................................................................. 9
Breast Pump Supply and Renewal .............................................................................................................. 9
Bureau of Rehabilitation Services .............................................................................................................. 9
Camp Jewell-YMCA ........................................................................................................................................ 9
Canaan Child Care Center, Inc .................................................................................................................... 9
Care for Kids .................................................................................................................................................. 9
Catholic Charities .......................................................................................................................................... 10
Charlotte Hungerford Hospital .................................................................................................................... 10
Charlotte Hungerford Hospital - 1) Bridges Child Extended Day Treatment Program .......................... 10
Charlotte Hungerford Hospital - 2) Cardiac Rehabilitation Program ....................................................... 10
Charlotte Hungerford Hospital - 4) Center for Youth and Families ............................................................ 11
Charlotte Hungerford Hospital - 5) Child Abuse Investigation Team of NW CT ........................................ 11
Child Find ................................................................................................................................................... 11
Children In Placement .................................................................................................................................. 11
Chore Service ............................................................................................................................................... 12
Christian Counseling Connection ............................................................................................................... 12
City of Torrington Dept. of Social Services ................................................................................................. 12
City of Torrington Elderly Services ........................................................................................................... 12
City of Torrington Nutrition Meal Center ................................................................................................... 12
City of Torrington Parks & Recreation Dept ............................................................................................ 13
CL&P Energy Assistance .............................................................................................................................. 13
Community Council of Northwest CT ....................................................................................................... 13
Community Food Bank ............................................................................................................................... 13
Community Health & Wellness Center of Greater Torrington ................................................................... 13
Community Mental Health Affiliates ........................................................................................................... 14
Community Solutions/Torrington AIC ....................................................................................................... 14
Community Soup Kitchen of Torrington, Inc. .............................................................................................. 14
Community Systems, Inc ............................................................................................................................. 14
Connecticut Community Care, Inc. ................................................................. 14
Connecticut Junior Republic ........................................................................ 15
Connecticut Legal Services ......................................................................... 15
Connecticut Parent Advocacy Center, Inc....................................................... 15
Connecticut Rivers Council, Inc.BSA .......................................................... 15
Connecticut SIDS Alliance .......................................................................... 16
Cornwall Child Center ................................................................................ 16
CT Aids Drug Assistance Program ............................................................... 16
CT Bureau of Rehabilitation Services .......................................................... 16
CT Children’s Medical Center ...................................................................... 16
CT Coalition Against Domestic Violence ...................................................... 16
CT Council on Problem Gambling ............................................................... 16
CT Department of Labor ............................................................................. 17
CT Food Bank Mobile Food Pantry .............................................................. 17
CT Legal Rights Project .............................................................................. 17
CT Office of the Child Advocate .................................................................. 17
CT Money School ........................................................................................ 17
CT Office of Protection & Advocacy ............................................................. 17
CT Works Partner of Workforce Connection ............................................... 18
Department of Children and Families (DCF) .............................................. 18
Dial A Ride .................................................................................................... 18
Early Head Start ......................................................................................... 18
East Coast Assistance Dogs – Educated Canines Assisting with Disabilities ...... 18
Eastern Rehabilitation Network .................................................................. 19
Education Connection ................................................................................ 19
Edward E. Sullivan Senior Center ............................................................... 19
Elder Protection Services ........................................................................... 19
Emeritus at Litchfield Hills ....................................................................... 19
Falls Village Day Care, Inc. ....................................................................... 20
Families in Crisis ......................................................................................... 20
Family and Children’s Aid .......................................................................... 20
Family Strides ............................................................................................. 20
Fatherhood Initiative of CT ....................................................................... 20
FAVOR ........................................................................................................................................... 20
FISH of Northwestern Connecticut ................................................................................................. 20
Fishes & Loaves .............................................................................................................................. 21
Food Stamps (SNAP) ...................................................................................................................... 21
Foothills Adult Education ................................................................................................................ 21
Foothills Visiting Nurse, Inc. .......................................................................................................... 21
Forman School ............................................................................................................................... 21
Foundation for Community Health ................................................................................................. 21
Friendly Hands Food Bank ............................................................................................................ 22
Future Foundations ....................................................................................................................... 22
Geer Nursing and Rehabilitation Center ......................................................................................... 22
Girl Scouts of CT ............................................................................................................................. 22
Gleeson Services ............................................................................................................................ 22
Goodwill Career Center .................................................................................................................. 23
Goshen Community Care & Hospice, Inc. ...................................................................................... 23
Greenwoods Counseling Services .................................................................................................. 23
Habitat for Humanity NWCT ......................................................................................................... 23
Hands of Grace Food Bank ............................................................................................................ 23
Happy Days Home Care, Inc. ......................................................................................................... 24
Head Start – Torrington .................................................................................................................. 24
Head Start - Winsted ....................................................................................................................... 24
Hilltop Nursery School .................................................................................................................... 24
Hospice of Northwest CT ............................................................................................................... 24
Housatonic Youth Service Bureau ................................................................................................. 24
HUD U.S. Housing ........................................................................................................................ 24
HUSKY Infoline .............................................................................................................................. 25
Juvenile Court, Torrington ............................................................................................................. 25
Kelly Transit ................................................................................................................................... 25
KinderCare ..................................................................................................................................... 25
La Leche League ............................................................................................................................ 25
LARC ............................................................................................................................................... 25
Learning Disabilities Association of CT ....................................................................................... 25
Litchfield Community Center ......................................................................................................... 26
Litchfield County Head Start .................................................................................................................. 26
Litchfield Hills Council of Elected Officials .......................................................................................... 26
Litchfield Superior Court ........................................................................................................................ 26
Little Guild of St. Francis Animal Shelter ............................................................................................... 27
Maria Seymour Brooker Memorial, Inc ................................................................................................... 27
MCAA Trinity Glen .................................................................................................................................. 27
McCall Foundation .................................................................................................................................. 27
Mental Health Association of Conn. ........................................................................................................ 28
Mothers Against Drunk Driving ............................................................................................................ 28
Mountainside Alcoholism Treatment Program ...................................................................................... 28
Narcotics Anonymous ............................................................................................................................ 28
New Opportunities .................................................................................................................................. 28
New Hartford Historical Society .......................................................................................................... 29
New Parent Care Line ............................................................................................................................. 29
Noble Horizons ....................................................................................................................................... 29
Norfolk Senior Housing Corp., Inc. .......................................................................................................... 29
North American Family Institute ............................................................................................................. 29
Northwest CARES .................................................................................................................................. 30
Northwest CT Medical Walk-In .............................................................................................................. 30
Northwest Corner Fuel Bank ................................................................................................................. 30
Northwest Home Care, Inc ...................................................................................................................... 30
Northwestern Conn. AIDS Project ......................................................................................................... 30
Northwestern CT Dialysis Fund ............................................................................................................. 31
Northwestern Connecticut Council of Governments ............................................................................... 31
Northwestern Connecticut YMCA, Inc ..................................................................................................... 31
Northwestern CT Community College .................................................................................................. 31
Northwestern CT Transit District ........................................................................................................... 31
Nutmeg Big Brothers, Big Sisters ........................................................................................................... 32
Nutmeg Conservatory for the Arts .......................................................................................................... 32
NW CT Transit District ............................................................................................................................ 32
Office of the Public Defender ................................................................................................................ 32
Office of Victims Advocate .................................................................................................................... 32
Open Door Soup Kitchen ...................................................................................................................... 32

5
Owl's Kitchen ........................................................................................................... 32
Planned Parenthood League of CT ............................................................................ 33
Poison Control ............................................................................................................ 33
Police Activities League (PAL) .................................................................................. 33
Prime Time House Inc. ............................................................................................... 33
Salisbury Visiting Nurse Association ....................................................................... 33
Salvation Army - Torrington ....................................................................................... 34
Salvation Army, Winsted Service Center ................................................................. 34
Sharon Day Care Center, Inc. .................................................................................... 34
Sharon Healthcare Center ......................................................................................... 34
Sharon Historical Society .......................................................................................... 34
Sharon Hospital ........................................................................................................... 35
Social Security Administration .................................................................................. 35
St. Maron's Church Hot Dinner Program ................................................................ 35
State of CT Dept. of Social Services .......................................................................... 35
Supportive Housing .................................................................................................... 35
Susan B. Anthony Project, Inc. .................................................................................. 36
The Center for Human Development ......................................................................... 36
The Chamber of Commerce of NW CT ...................................................................... 36
The Community Mission ............................................................................................. 36
The Workman .............................................................................................................. 37
Torrington Affordable Housing, Inc. .......................................................................... 37
The Community Foundation of Northwest CT, Inc. .................................................... 37
Torrington Area Health District .................................................................................. 37
Torrington Child Care Center .................................................................................... 37
Torrington Early Childhood Collaborative ............................................................... 38
Torrington Historical Society, Inc. ............................................................................ 38
Torrington Housing Authority .................................................................................... 38
Torrington Library ....................................................................................................... 38
Torrington Preschool Center ..................................................................................... 38
Torrington Youth Service Bureau .............................................................................. 39
Town of Cornwall Social Services ........................................................................... 39
Town of Falls Village Social Services ....................................................................... 39
Town of Kent Social Services........................................................................................................39
Town of Litchfield Social Services ...............................................................................................39
Town of Norfolk Social Services ..................................................................................................39
Town of North Canaan Social Service .........................................................................................40
Town of Salisbury Social Services ..............................................................................................40
Town of Sharon Social Services ..................................................................................................40
Town of Warren Social Services ..................................................................................................40
Town of Winsted Recreation Dept...............................................................................................40
Tri-State Chamber of Commerce .................................................................................................40
UConn Health Center ..................................................................................................................40
United Way of Northwest Conn....................................................................................................41
USO of Metropolitan New York ....................................................................................................41
Valerie Manor ................................................................................................................................41
Veterans Service Office ................................................................................................................41
VNA Northwest, Inc........................................................................................................................41
Visiting Nurse Services of Conn.(Torrington) .............................................................................41
VITA...............................................................................................................................................42
Vogel Wetmore Family Resource Center ....................................................................................42
Warner Theater............................................................................................................................42
Wellspring Foundation..................................................................................................................42
Western CT Area Agency on Aging ............................................................................................42
Western Connecticut Mental Health Network - Torrington .........................................................43
Winchester Housing Authority......................................................................................................43
Winchester Youth Service Bureau ...............................................................................................43
Winsted Area Child Care ..............................................................................................................43
Wisdom House Retreat & Conference Center ...........................................................................43
Wolcott Hall ................................................................................................................................44
Women’s Support Services .........................................................................................................44
YMCA Camp Sloane .....................................................................................................................44
Yankee Gas .....................................................................................................................................44
2-1-1 Infoline Northwest Region
Daytime Phone: 203-759-2014 Fax: 203-759-2014
1344 Silas Deane Highway, Rocky Hill CT 06067
Website: www.211ct.org
Days and hours of Operation: 24/7
Geographic Area: Statewide
Ages Served: All
Services offered: Basic Needs program for food, shelter & clothing; referral service for child care, emergencies, energy, healthcare, legal, financial and many other types of help.

American Heart Association Heritage Affiliate
Daytime Phone: 203-294-0088 Fax: 203-294-3577
PO Box 5022, Wallingford CT 06492
Website: www.americanheart.org
Days and hours of Operation: M-F 8:30AM - 4:30PM
Geographic Area: Connecticut
Ages Served: All
Services offered: CPR and ECC Classes, Health Fairs, Research Fund Raising, Jump Rope/Hoops for Heart School Fund raising, General Heart Health Information, Stroke Information.

American Red Cross CT Region
Daytime Phone: 860-678-4312, Fax: 860-678-5461
209 Farmington Ave., Farmington CT 06032
Website: www.ctredcross.org
Days and hours of Operation: M-F 8:30AM - 4:30PM, 24/7 for Emergency
Geographic Area: Parts of Litchfield
Ages Served: All
Fee: Various to $0.00
Services offered: Immediate relief to those affected by disasters and emergencies; emergency messaging to members of armed forces; Prepare Connecticut campaign; blood collection; CPR, First Aid and water safety training.

American Red Cross - Waterbury Area Chapter
Daytime Phone: 860-482-8182 Fax: 860-482-2835
21 Prospect Street-Unit B, Torrington CT 06790
Satellite Offices: Chapter Office located 64 Holmes Avenue Waterbury 06710
Website: www.ctredcross.org/wtbyarea Email: torrington@Ctredcross.org
Days and hours of Operation: M-F 8:30AM - 4:30 PM
Geographic Area: Morris, Litchfield, Harwinton, Cornwall, Torrington, Goshen
Ages Served: All Ages
Fee: Various to $0.00
Services offered: Disaster Preparedness Classes; Health & Safety Courses (CPR (Adult,Infant, Child) Pet First Aid, First Aid, CT Childcare;AED; Water Safety; Babysitting Etc.) Armed Forces Emergency Services; Disaster Services (Damage Assessment, Disaster Action teams) Blood Drives (Setup & Execution)
Birth to Three Info Line
Daytime Phone: 800-505-7000
1344 Silas Deane Highway, Rocky Hill, CT 06067
Website: www.ctunitedway.org

Breast Pump Supply and Renewal
Daytime Phone: 860-489-5511
110 East Main Street, Torrington, CT 06790

Bureau of Rehabilitation Services
Daytime Phone: 860-496-6990 Fax: 860-496-6978
62 Commercial Blvd., Torrington CT 06790
Satellite Offices: 249 Thomaston Ave., Waterbury
Days and hours of Operation: M-F 8:00AM - 4:30PM
Geographic Area: Northwest CT
Ages Served: 15 +
Fee: Eligibility criteria
Services offered: Vocational rehabilitation; career counseling and guidance to help people with disabilities obtain and retain employment.

Camp Jewell-YMCA
Daytime Phone: 860-379-2782 Fax: 860-379-8715
6 Prock Hill Rd., POB 8, Colebrook CT 06021
Website: www.ghymca.org Email: campjewell@ghymca.org
Days and hours of Operation: M-F 8:30AM - 5:00PM
Geographic Area: Connecticut, surrounding states
Ages Served: All
Fee: Various to $0.00
Services offered: Child care for Colebrook school district, camping and outdoor education programs for children, schools, and retreats.

Canaan Child Care Center, Inc.
Daytime Phone: 860-824-0597 Fax: 860-824-0597
20 Whiting Dr., P.O.Box 811, Canaan CT 06018-0811
Days and hours of Operation: M-F 6:30AM - 5:00PM
Geographic Area: Litchfield Cty, S. Berkshire Cty, MA, & Dutchess Cty, NY
Ages Served: 3 to 11 yrs
Services offered: School readiness programs; Before and after school programs for toddlers, preschoolers and school age children in a safe environment.

Care for Kids
Daytime Phone: 800-214-5437
1344 Silas Deane Highway, Rocky Hill, CT 06067
Website: www.ctcare4kids.com
Services offered: Care for low to moderate income families to pay for child care.
**Catholic Charities**
Daytime Phone: 860-482-5558 Fax: 860-489-2984
132 Grove Street, Torrington CT 06790
Website: www.cccfs.org
Days and hours of Operation: M-F 9:00AM - 5:00PM, evenings by appt.
Geographic Area: Northwest CT
Ages Served: 12 and up
Fee: Sliding scale, Medicaid, insurance
**Services offered:** Behavioral health counseling, parent education, corrections for ex-offenders, employee assistance, juvenile mental health treatment.

**Charlotte Hungerford Hospital**
Daytime Phone: 860-496-6544 Fax: 860-482-8627
540 Litchfield Street, POB 988, Torrington CT 06790
Website: www.charlottehungerford.org
Days and hours of Operation: 24/7, year round
Geographic Area: Northwest CT
Ages Served: All
Fee: Various to $0.00
**Services offered:** Services including but not limited to: ambulatory, behavioral health, cancer, cardiac, diabetes and emergency care; imaging and diagnostics, medical walk-in, disease management, emergency services.

**Charlotte Hungerford Hospital - 1) Bridges Child Extended Day Treatment Program**
Daytime Phone: 860-496-0542 Fax: 860-496-8247
241 Kennedy Dr., Torrington CT 06790
Days and hours of Operation: M-F 8:30AM - 5:30PM
Geographic Area: Northwest CT
Ages Served: 6 - 12 years
Fee: Insurance and sliding fee scale
**Services offered:** Intensive counseling for children 6 - 12 years old.

**Charlotte Hungerford Hospital - 2) Cardiac Rehabilitation Program**
Daytime Phone: 860-496-6536 Fax: 860-496-9959
540 Litchfield St., PO Box 988, Torrington CT 06790
Satellite Offices: Winsted Health Center
Email: lwallace@hungerford.org
Days and hours of Operation: M-F 8:00AM - 4:30PM
Geographic Area: Northwest CT
Ages Served: Adults
Fee: Insurance reimbursement
**Services offered:** Cardiac education, cholesterol screening, exercise classes, diagnostic and stress testing, monitoring.

**Charlotte Hungerford Hospital - 3) KidHelp Northwest Mobile Psychiatric Services**
Daytime Phone: 1-866-543-2774 Fax: 860-489-2604
1061 East Main St., Torrington CT 06790
Email: tnarducci@hungerford.org
Days and hours of Operation: 24/7
Geographic Area: Northwest CT
Ages Served: 2 - 17 years
Fee: By service, third party, sliding fee
**Services offered:** Mobile crisis services for youth ages 2 - 17; emergency assessments, crisis intervention, grief counseling and referral.

**Charlotte Hungerford Hospital - 4) Center for Youth and Families**
Daytime Phone: 860-489-3391  Fax: 860-489-2604
1061 East Main St., Torrington CT  06790
Email: tnarducci@hungerford.org
Days and hours of Operation: M, W 8:30AM - 9:00PM; T, Th, F 8:30AM - 5:00PM
Geographic Area: Northwest CT
Ages Served: 3 - 17 years
Fee: By service, third party, sliding fee
**Services offered:** Outpatient counseling, services for children, adolescents and their families; individual, family and group counseling; psychiatric evaluation, medication management and psychological testing; mobile crisis services, parent and community education.

**Charlotte Hungerford Hospital - 5) Child Abuse Investigation Team of NW CT**
Daytime Phone: 860-489-3391  Fax: 860-489-2604
1061 East Main St., Torrington CT  06790
Days and hours of Operation: M-F 8:30AM - 5:00PM
Geographic Area: Northwest CT
Ages Served: 5 - 17 years
Fee: None
**Services offered:** Dedicated to assisting children and their families who have been victims of sexual and physical abuse.

**Child Find**
Daytime Phone: 860-489-2327 ext. 38
**Services offered:** Torrington Public Schools childhood early intervention

**Children In Placement**
Daytime Phone: 860-489-0201 Fax: 860-489-8153
410 Winsted Rd., Torrington CT  06790
Email: children.in.plcmnt@snet.net
Geographic Area: Statewide
**Services offered:** Private, non-profit organization to help abused and neglected children into safe homes through welfare, juvenile, and probate court systems; volunteer monitors talk to service providers and attend court hearings; Guardians Ad Litem visit monthly with children and family.

**Children’s Law Center of CT**
Daytime Phone: 860-232-9993
30 Arbor Street, Hartford, CT  06106
Website:  www.clcct.org
**Services offered:** Legal representation for children in family court, mediation and parent education regarding custody and visitations.
**Chore Service**
Daytime Phone: 860-435-7199 Fax: 860-492-0730
POB 385, Sharon CT 06069
Website: www.choreservice.org
Email: heather@choreservice.org
Days and hours of Operation: Weekdays 9:00AM - 4:00PM
Geographic Area: Canaan, Cornwall, Falls Village, Kent, Norfolk, Salisbury, Sharon,
Ages Served: Elderly and handicapped
Fee: Suggested contribution based on monthly income
**Services offered:** Housekeeping, shopping, laundry, cooking, yard maintenance, minor home repairs.
Choreworkers do not provide personal care.

**Christian Counseling Connection**
Daytime Phone: 860-626-1112
273 Migeon Avenue, Torrington, CT 06790

**City of Torrington Dept. of Social Services**
Daytime Phone: 860-489-2218 Fax: 860-489-2246
City Hall - 140 Main Street, Torrington CT 06790
Website: www.torringtonct.org
Days and hours of Operation: M,T,W 8:30AM - 4:00PM; Th 8:30AM - 6:30PM; F 8:30AM - 12:30PM
Geographic Area: City of Torrington
Ages Served: All
**Services offered:** Identifies needs, makes referrals, provides case management; manages city's responsibility for evictions including storage and unclaimed items; administers employment readiness program for eligible food stamp recipients referred by CT Dept. Social Services.

**City of Torrington Elderly Services**
Daytime Phone: 860-489-2211 Fax: 860-489-2529
88 East Albert Street, Torrington CT 06790
Email: seniorcenter@torringtonct.org
Days and hours of Operation: M-F 8:00AM - 5:00PM
Geographic Area: Torrington area
Ages Served: Senior
**Services offered:** Wide variety of programs: health clinics, recreation, travel, classes, assistance.

**City of Torrington Nutrition Meal Center**
Daytime Phone: 860-489-2211 Fax: 860-489-2529
88 East Albert Street, Torrington CT 06790
Email: seniorcenter@torringtonct.org
Days and hours of Operation: M-F 8:00AM - 5:00PM
Geographic Area: Torrington area
Ages Served: Senior
**Services offered:** Meals-On-Wheels, nutrition education.
City of Torrington Parks & Recreation Dept.
Daytime Phone: 860-489-2274  Fax: 860-489-2588
153 South Main St., Torrington CT  06790
Website: www.torringtonct.org
Days and hours of Operation: M-F 9:00AM - 4:30PM
Geographic Area: Torrington
Ages Served: 2 +
Fee: Various to $0.00
Services offered: Facilities for youth and adult groups; assist other non-profits; get information to public.

CL&P Energy Assistance
Daytime Phone:  800-989-0900
P.O. Box 270, Hartford, CT
Website: www.cl-p.com
Services offered: Winter shut off protection and payment plans

Community Council of Northwest CT
Daytime Phone: 860-330-0006  Fax: 860-379-1328
c/o 480 Main Street, Winsted CT  06098
Satellite Offices: 333 Kennedy Dr., Torrington
Contact: Jeanne Fusco, (860) 489-3798 x.313
Days and hours of Operation: First Thursday of month
Geographic Area: Northwest CT
Fee: Individual $10; Agency - $30
Services offered: Members meet monthly; assist new human service agencies; advocate member agency services

Community Food Bank
Daytime Phone: 860-379-2157
POB 181, Pleasant Valley CT  06063
Days and hours of Operation: M 6:00PM - 8:00PM, Th 2:00PM - 4:00PM
Geographic Area: Barkhamsted, New Hartford
Ages Served: All
Fee: None
Services offered: Food bank for any Barkhamsted or New Hartford resident.

Community Health & Wellness Center of Greater Torrington
Daytime Phone: 860-489-0931
469 Migeon Avenue, Torrington CT  06790
Website: www.chwctorr.org
Days and hours of Operation: M,W, Thu, & F 8:00AM-6:00 PM; Tue 8:00AM-8:00PM; 1st & 3rd Sat 8:00AM-1:00PM
Geographic Area: Litchfield County
Ages Served: Infant to elderly
Fee: Sliding fee scale to those who qualify
Services offered: Primary health care services to low and middle income residents, including dental exams and behavioral health to our medical patients.
Community Mental Health Affiliates
Torrington Office: 100 Commercial Boulevard
Website: www.cmhacc.org
Days and hours of Operation: M-F 8AM - 8PM, T-Th 8AM - 6PM; Fri 8AM-5PM
Geographic Area: Litchfield County
Ages Served: All
Fee: Sliding scale
Services offered: Outpatient Behavioral Health services for children and adults; Child Guidance Clinic; Foster Care Children’s Clinic; Early Childhood Consultation; Community Support Program; Parent Education Program; Focus on Kids; Employee Assistance Service; Families in Crisis Program; Family Enrichment Services.

Community Solutions/Torrington AIC
Daytime Phone: 860-496-0111  Fax: 860-496-0812
41 East Main Street, Torrington CT 06790
Geographic Area: All of Connecticut
Ages Served: 18 +
Services offered: Servicing clients referred from the Office of Adult Probation and Pre-trial clients referred from the criminal justice system. Evaluation services include: Treating Addictive Disorders (TAD), Reasoning and Rehabilitation (R&R), Employment Services, Job Development, and Community Service.

Community Soup Kitchen of Torrington, Inc.
Daytime Phone: 860-482-0130
220 Prospect St., P.O. Box 852, Torrington CT 06790-0852
Website: www.torringtonsoupkitchen.com
Days and hours of Operation: M-S 11:30-12:30 Sun 1-2 Meal Time (7:30-1:30 M-F)
Geographic Area: Greater Torrington Area
Ages Served: All Ages Mostly Adults
Fee: N/A
Services offered: Daily hot meal service; Resource people are present to help clients; Extra bread/bakery items are distributed if we have an excess.

Community Systems, Inc.
Daytime Phone: 860-482-2887 Fax: 860-482-2468
295 Alvord Park Rd, Torrington CT 06790
Webpage: www.communitysystems.org
Email: info@csi-ct.org
Services offered: Helping persons with disabilities.

Connecticut Community Care, Inc.
Daytime Phone: 203-596-4800  Fax: 203-596-4809
150 Mattatuck Heights, Waterbury CT 06705
Website: www.ctcommunitycare.org
Days and hours of Operation: M-F 8:30AM - 4:30PM
Geographic Area: 43 towns in Northwest CT
Ages Served: 65 + and disabled
Fee: State funded and fee-for-service
Services offered: Statewide, private, non-profit care management organization, dedicated to assisting older adults and disabled individuals to remain at home. Helps people understand options, find community services,
budget finances; private care and telephone consultation services available on fee-for-service basis for clients, families and caregivers who do not meet criteria for Home Care Program for Elders.

**Connecticut Junior Republic**

Daytime Phone: 860-567-9423 x. 254  Fax: 860-567-8127  
550 Goshen Rd., P.O. Box 161, Litchfield CT 06759  
Satellite Offices: E. Hartford, Hartford and Waterbury  
Website: www.ctjuniorrepublic.org  
Email: cjhr@snet.net  
Days and hours of Operation: 24/7  
Geographic Area: Statewide  
Ages Served: 12 - 16 yrs.  
Fee: Depends on level of service  
**Services offered:** Providing treatment, education and family support for troubled youth so they can become productive members of their communities - residential treatment (Litchfield), group home (E. Hartford), prevention programs (Danbury, Hartford and Waterbury), statewide family services and aftercare.

**Connecticut Legal Services**

Daytime Phone: 800-413-7797 Fax: 203-754-0504  
85 Central Avenue, Waterbury CT 06702  
Website: www.connlegalservices.org  
Days and hours of Operation: M-F 9:00AM - 5:00PM  
Geographic Area: Entire state except Hartford and New Haven area  
Ages Served: All  
Fee: None  
**Services offered:** Legal representation and advice to low income people with civil legal problems.

**Connecticut Parent Advocacy Center, Inc.**

Daytime Phone: 1-800-445-2722  Fax: 860-739-7460  
338 Main Street, Niantic CT 06357  
Satellite Offices: Fair Haven Health Center 374 Grand Avenue, Fair Haven, CT 06513  
Website: www.cpacinc.org  
Email: cpac@cpacinc.org  
Days and hours of Operation: M-F 8:00AM-4:00PM  
Geographic Area: Statewide  
Ages Served: 0-21  
Fee: Free for Parents  
**Services offered:** Statewide, nonprofit information and support to families of children with any disability or chronic illness. Conducts in-service presentations for schools, teachers-in-training and service providers throughout the state so that they may better understand and serve the parents with whom they work. Works with families over the phone, presents workshops for families around the state as well as providing families with fact sheets, information and a quarterly newsletter.

**Connecticut Rivers Council, Inc. BSA**

Daytime Phone: 860-482-6615 Fax: 860-290-8860  
Address: 60 Darlin St., E. Hartford, CT 06128  
Website: www.ctrivers.org  
Geographic Area: Litchfield County  
Ages Served: 7 - 20 yrs.  
Fee: $10  
**Services offered:** Boy Scouting; special needs scouting for disabled boys; adventure and leadership programs.
Connecticut SIDS Alliance  
Daytime Phone: 877-787-9146  
350 Webbs Hill Road, Stamford, CT 06903  
Website: www.sids-network.org  Email: ctsids@aol.com  
Days and hours of Operation: 24/7  
Geographic Area: All of Connecticut  
Ages Served: All  
Services offered: Support groups, family service packages to new parents of SIDS and stillbirth, one on one support with a trained professional, educational material on safe sleep, free training to daycare providers, EMTs and professionals.

Cornwall Child Center  
Daytime Phone: 860-672-6989 Fax: 860-672-6989  
8 Cream Hill Rd., West Cornwall CT 06796  
Days and hours of Operation: M-F 7:30AM - 5:30PM  
Website: www.cornwallchildcenter.org  
Geographic Area: Cornwall and surrounding area  
Ages Served: 2 yrs. 9 mo. - 8 yrs.  
Fee: Sliding scale based on family income  
Services offered: Educational programs; 1st & 2d grade before school care; before & after kindergarten; after school enrichment programs; 1 week summer activity program.

CT Aids Drug Assistance Program  
Daytime Phone: 800-233-2503  
25 Sigourney Street, Hartford, CT 06106  
Website: www.ct.gov/cadap  
Services offered: Assists with cost of HIV medication

CT Bureau of Rehabilitation Services  
Daytime Phone: 860-496-6990  
62 Commercial Boulevard, Torrington, CT 06790  
Website: www.ct.gov/brs

CT Children’s Medical Center  
Daytime Phone: 860-545-9000  
282 Washington Street, Hartford, CT 06106  
Website: www.connecticutchildrens.org

CT Coalition Against Domestic Violence  
Daytime Phone: 860-282-7899  
90 Pitkin Street, East Hartford, CT  
Website: www.ctcadv.org  
Services offered: Provides shelter and support to victims of domestic violence.

CT Council on Problem Gambling  
Daytime Phone: 888-789-7777  
16 West Main Street, Clinton, CT 06413  
Website: www.ccpg.org
**CT Department of Labor**
Daytime Phone: 203-574-6971
Torrington Satellite Office: 685 Main Street, Torrington CT 06790-0627
Hub Office: 249 Thomaston Ave., Waterbury, CT 06702
Website: http://www.ctdol.state.ct.us/
Geographic Area: Northwest CT
**Services offered:** Employee training; information about apprenticeships; job fairs.

**CT Food Bank Mobile Food Pantry**
Daytime Phone: 860-482-4705

**CT Legal Rights Project**
Daytime Phone: 860-262-5030

**CT Office of the Child Advocate**
Daytime Phone: 860-566-2106
99 Asylum Street, 1st Floor, Hartford, CT 06105
Website: www.ct.gov/oca/site/default.asp
**Service offered:** Advocates for protection and care of vulnerable and young citizens

**CT Money School**
Daytime Phone: 860-951-2212 ext. 230
Website: www.ctmoney.org
**Services offered:** Free financial education for adults and seniors

**CT Office of Protection & Advocacy**
Daytime Phone: 860-297-4300
60B Weston Street, Hartford, CT 06120
Website: www.ct.gov/OPAPD/site/default.asp

**CT Parent Advocacy Center (CPAC)**
Daytime Phone: 860-739-3089
Website: www.cpacinc.org
**Services offered:** Information and support to families of children with any disability or chronic illness, age birth to 26.

**CT Parent Power**
Daytime Phone: 203-654-7958
1010 Bartholomew Avenue, Hartford, CT 06106
Website: www.ctparentpower.org
**Services offered:** Statewide family advocacy

**CT Union Disability Action Groups**
Daytime Phone: 860-257-4371
151 New Park Avenue, Hartford, CT 06106
CT Women’s Education and Legal Fund
Daytime Phone: 860-524-0601
75 Charter Oak Avenue, Suite #1-300, Hartford, CT 06106
Website: www.cwealf.org
Services offered: Statewide nonprofit organization; referral and advocacy for women.

CT Works Partner of Workforce Connection
Daytime Phone: 860-496-3300
K-Mart Plaza, 685 Main Street, Torrington, CT 06790
Website: www.nrwib.org

Department of Children and Families (DCF)
Daytime Phone: 860-496-5700
62 Commercial Boulevard, Torrington, CT 06790
Website: www.ct.gov/dcf

Dial A Ride
Daytime Phone: 866-906-7433

Early Head Start
Daytime Phone: 860-626-8201 Fax: 860-489-8546
355 Main St., POB 909, Litchfield CT 06759
Satellite Offices: 57 Forest Court, Torrington, CT 06790
Days and hours of Operation: M-F 8:00AM - 4:00PM
Geographic Area: Litchfield County, Torrington & Winsted
Ages Served: Children from birth to five years and pregnant women.
Fee: None
Services offered: Prenatal to Five Program offers prenatal care, health, parent engagement, education and social services provided through home visits and socialization; Three to Five Program offers education, health, parent engagement and social services provided through full and part time early childhood services.

East Coast Assistance Dogs – Educated Canines Assisting with Disabilities
Daytime Phone: 860-489-6550 or 914-693-0600 ext. 1950 Fax: 914-231-9333
149 Newfield Road, Torrington CT 06790 (physical address)
89 Putnam Park Road, Bethel, CT 06801 (mailing address)
Satellite Offices: Dobbs Ferry, NY
Website: www.ecad1.org Email: info@ecad1.org
Days and hours of Operation: CT: M-F 9AM-5PM, Sat & Sun 9AM-4PM; New York: M-T 9AM - 5PM
Geographic Area: New England
Services offered: ECAD’s mission is to educate and place Assistance Dogs that help adults, children and veterans with disabilities gain independence and mobility. The Home for the Weekend Program places our dogs in volunteer homes during the weekends and holidays to learn house manners. A Youth Volunteer Program for 11-14 year olds teaches them about the education and care of our dogs. Other volunteer opportunities are available. Summer camp for kids runs from July-August. We welcome and encourage families and individuals of all ages to get involved.
Eastern Rehabilitation Network
Daytime Phone: 860-496-6154  Fax: 860-489-4647
333 Kennedy Dr., Ste. 202, Torrington CT 06790
Website: www.harthosp.org
Days and hours of Operation: M-F 8:00AM - 7:00PM
Geographic Area: Northwest CT
Ages Served: All
Fee: N/A
Services offered: Physical, occupational and speech therapy; sports medicine; massage therapy; athletic and balance training; many other types of therapies and rehabilitation services.

Education Connection
Daytime Phone: 860-567-0863  Fax: 860-567-3381
355 Goshen Rd., POB 909, Litchfield CT  06759-0909
Website: www.educationconnection.org
Days and hours of Operation: M-F 8:30AM - 4:30PM and by appt.
Ages Served: Birth to Age 3
Fee: Primary insurance, Medicaid, or sliding fee scale
Services offered: SEED (Services for Early Education & Development) program: meets development and related needs of infants and toddlers with development delays or disabilities; early intervention services in home or community environment.

Edward E. Sullivan Senior Center
Daytime Phone: 860-489-2211  Fax: 860-489-2529
88 East Albert Street, Torrington CT 06790
Email: seniorcenter@torringtonct.org
Days and hours of Operation: M-F 8:00AM - 5:00PM
Geographic Area: Torrington area
Ages Served: Seniors
Fee: N/A
Services offered: Assistance programs, 55 Alive Driving, arts and crafts, recreation, health clinics, transportation.

Elder Protection Services
Daytime Phone: 888-385-4225

Emeritus at Litchfield Hills
Daytime Phone: 860-489-8022 Fax: 860-489-5200
376 Goshen Road, Torrington CT 06790
Website: www.emeritus.com
Fees: Varies
Services offered: A Senior Residential and Assisted Living Community.
**Falls Village Day Care, Inc.**
Daytime Phone: 860-824-0882  Fax: 860-824-8195
35 Page Rd., PO Box 261, Falls Village CT 06031
Email: fvdc35@aol.com
Days and hours of Operation: M-F 7:15AM - 5:15PM
Geographic Area: Falls Village, surrounding towns, Dutchess Cty New York and Southern Berkshire Cty MA
Ages Served: 3 mo. - 10 yrs.
Fee: Depends on program choice
**Services offered:** Preschool, before and after school care; field trips; development programs; free trips to libraries; cooking projects; weekly VNA visits; music, and much more.

**Families in Crisis**
Daytime Phone: 203-573-8656
232 North Elm Street, #2, Waterbury, CT 06708
Website: www.familyservicesgw.org

**Family and Children’s Aid**
Daytime Phone: 860-482-6085
387 Litchfield Street, Torrington, CT 06790
Website: www.fcaweb.org

**Family Strides**
Daytime Phone: 860-482-3236 Fax: 860-482-3238
350 Main St., Suite D, Torrington CT 06790
Email: www.familystrides.org
Days and hours of Operation: M-F 8:00AM - 4:00PM
Geographic Area: Northwest CT
Ages Served: Children from birth to five years and pregnant women.
Fee: None
**Services offered:** Programs include: home visits for first-time parents, help in applying for HUSKY, parenting course for fathers, and income-based WIC nutritional information.

**Fatherhood Initiative of CT**
Daytime Phone: 866-628-3237

**FAVOR**
Daytime Phone: 860-563-3232
2138 Silas Deane Highway, Rocky Hill, CT 06067
Website: www.favor-ct.org
**Services offered:** Statewide family advocacy

**FISH of Northwestern Connecticut**
Daytime Phone: 860-482-3790 Fax: 860-489-4807
332 South Main St, Torrington CT 06790
Web: www.fishnwct.org
Days and hours of Operation: M-F 9:00AM - 5:00PM, Shelter is 24/7 year-round
Geographic Area: Greater Torrington and Litchfield County
Ages Served: All
Fee: None

Services offered: Emergency shelter, food pantry, Operation Fuel, free clothing, household goods as available, volunteer opportunities, holiday programs.

Fishes & Loaves
Daytime Phone: 860-824-8053
20 Carlson Rd., POB 306, North Canaan CT 06018
Days and hours of Operation: M-F 8:00AM - 12:00PM
Geographic Area: Canaan, Falls Village, Norfolk
Ages Served: All
Services offered: Food is donated to the needy one day a week.

Food Stamps (SNAP)
Daytime Phone: 860-496-6900
62 Commercial Boulevard, Torrington, CT 06790
Website: www.ct.gov/dss/cwp/view

Foothills Adult Education
Daytime Phone: 860-567-0863
115 Major Besse Drive, Torrington, CT 06790

Foothills Visiting Nurse, Inc.
Daytime Phone: 860-379-8561 Fax: 860-738-7479
32 Union Street, Winsted CT 06098
Email: homecare@foothillsvna.org
Days and hours of Operation: 24/7
Geographic Area: Northwest Connecticut
Ages Served: All
Fee: Most insurance accepted
Services offered: State licensed & Medicare certified home health care including nursing, physical, occupational and speech therapy, blood pressure and cholesterol screenings, flu vaccines, and much more.

Forman School
Daytime Phone: 860-567-8712
12 Norfolk Rd., Litchfield CT 06759
Services offered: Grades 9-12, Enrollment 170, Students per Teacher -2.8, School type Special Education, Student Body Coed Affiliation, Nonsectarian, Association: National Association of Independent Schools (NAIS), The Association of Boarding Schools (TABS), Other School associations(s).

Foundation for Community Health
Daytime Phone: 860-364-5157 Fax: 860-364-6097
478 Cornwall Bridge Road, Sharon CT 06069
Website: www.fchealth.org Email: nancy@fchealth.org
Geographic Area: CT - Canaan, Cornwall, Falls Village, Goshen, Lakeville, Norfolk, Salisbury and Sharon; NY area bordering Northwest CT
Services offered: Philanthropic grant-making organization that works to improve the physical and mental health of area historically served by Sharon Hospital.
**Friendly Hands Food Bank**
Daytime Phone: 860-482-3338  Fax: 860-626-8661
50 King St., Torrington CT 06790
Email: friendlyhands@optonline.net
Days and hours of Operation: M-F 9:30AM - 4:00PM
Geographic Area: Litchfield County
Ages Served: All
**Services offered:** Non-perishable and perishable food items; coats for all ages, backpacks and school supplies, holiday program. All services are available to clients of Friendly Hands.

**Future Foundations**
Daytime Phone: 860-489-7222
21 Fern Drive, Torrington, CT 06790
**Services offered:** Full day care for ages 5 to school age, before and after care.

**Geer Nursing and Rehabilitation Center**
Daytime Phone: 860-824-5137  Fax: 860-824-1474
99 South Canaan Rd., Canaan CT 06018
Website: www.geercares.org
Days and hours of Operation: 24/7
Geographic Area: Northwest Connecticut
Ages Served: 16 +
Fee: Various to $0.00
**Services offered:** Skilled nursing care, post acute care, in-patient and out-patient rehabilitation, adult day care, onsite pharmacy, IV therapy, respiratory therapy, meal plans, recreation, and transportation to medical appointments.

**Girl Scouts of CT**
Daytime Phone: 860-482-4495 Fax: 860-489-8936
171 Grandview Avenue, Suite 102, Waterbury, CT 06708
Website: www.gsofct.org
Geographic Area: Connecticut
Ages Served: Girls 5-17 yrs.
**Services offered:** Leadership development, camp, STEM (Science, Technology, Engineering & Math), healthy living, anti-bullying, travel, and more.

**Gleeson Services**
Daytime Phone: 860-489-4104 Fax: 860-489-4105
258 Prospect St., P.O. Box 206, Torrington CT 06790
Days and hours of Operation: 24/7
Geographic Area: Litchfield County
Ages Served: All
Fee: Various to $0.00
**Services offered:** Funerals, burials, anatomical donations, Title 19 programs, veteran affairs, print and video support library.
Goodwill Career Center
Daytime Phone: 860-489-8670
1849 East Main St., Torrington CT 06790
Website: www.gwct.org/career-centers
Email: info@gwct.org
Geographic Area: Northwest Corner
Ages Served: All Ages.
Services offered: Free services: Help with resumé, computer skills, job search techniques, workshops.
Days and hours of Operation: M-F 10:00AM – 2:00PM; 2:30PM – 6:00PM.

Goshen Community Care & Hospice, Inc.
Daytime Phone: 860-491-4673
5 Old Middle Street, PO Box 202, Goshen CT 06756-0202
Website: www.goshencc-h.org
Days and hours of Operation: Tues. 9:00AM - Noon; Pager
Geographic Area: Goshen
Ages Served: All
Services offered: Transportation, prescription pick up, arranges agency services, visits, phone calls, after respite care for primary care giver, shopping, assistance with bereavement.

Greenwoods Counseling Services
Daytime Phone: 860-567-4437 Fax: 860-567-0300
25 South St., P.O. Box 1549, Litchfield CT 06759-1549
Website: www.greenwoodsreferrals.org
Days and hours of Operation: M-T 8:00AM - 5:00PM; evenings by appointment
Geographic Area: Litchfield County and Northern Fairfield County
Ages Served: All
Fee: Donations or Insurance
Services offered: Greenwoods is a nonprofit organization whose mission is to ensure access to quality, affordable mental health care. Offers personal diagnostic assessments and carefully matched referrals to private practice mental health clinicians. Most insurance plans are accepted, including Medicaid and Medicare. There is no fee for assessment of the uninsured or in cases where insurance doesn’t cover services. Subsidies are sometimes available. Greenwoods also offers care coordination services to ensure that clients are appropriately matched with a clinician and are happy with their care.

Habitat for Humanity NWCT
Daytime Phone: 860-435-4747
263 Main Street, 2d floor, Lakeville, CT 06039
Website: www.habitatnwct.org

Hands of Grace Food Bank
Daytime Phone: 860-738-0299
433 Main Street, New Hartford, CT 06057
Mailing address: St. Lutheran’s Church, 30 Prospect St. New Hartford, CT 06057
Email: kevin_mongeau@yahoo.com
Days and hours of Operation: M-W 11:00AM – 4:00PM
Geographic Area: New Hartford
Ages Served: All Ages.
Services offered: Food pantry.

Happy Days Home Care, Inc.
Daytime Phone: 860-496-9105
31 Tara Drive, Torrington, CT 06790
Services offered: Birth to age 5

Head Start – Torrington
Daytime Phone: 860-482-5286
57 Forest Court, Torrington, CT 06790
Services offered: Full and part-time preschool with health, educational and parent components

Head Start - Winsted
Daytime Phone: 860-379-3123 Fax: 860-379-3123
95 North Main St., Winsted CT 06098
Email: michellegray50@msn.com
Days and hours of Operation: M-F 8:30AM - 12:30PM
Geographic Area: Northwest Corner
Ages Served: 3 - 5 yrs.
Services offered: Any family on HUSKY or food stamps meets eligibility; home visits for families with social service needs; monthly parent meetings.

Hilltop Nursery School
Daytime Phone: 860-482-3727
837 Charles Street, Torrington, CT 06790
Website: www.stpaulstorrington.com
Services offered: Part time day care, ages 3-5 years.

Hospice of Northwest CT
Daytime Phone: 860-364-1796 Fax: 860-364-9830
One Low Road, POB 625, Sharon CT 06069
Email: hospicenw@umh.org
Days and hours of Operation: M-W, F 10:00AM - 6:00PM
Geographic Area: Northwest CT and Northeast Dutchess County, NY
Ages Served: All except pediatrics
Services offered: Volunteers visit in homes, nursing homes, hospitals; drive people to doctor appointments; works with local visiting nurse associations to provide volunteers for hospice patients; volunteer training is provided.

Housatonic Youth Service Bureau
Daytime Phone: 860-824-4720 Fax: 860-824-0862
246 Warren Tpke., P.O. Box 356, Falls Village CT 06031
Website: www.hysb.org
Days and hours of Operation: M-F 8:30AM - 5:00PM Evenings by appt.
Geographic Area: Kent, Cornwall, Salisbury, Sharon, Falls Village, N. Canaan
Ages Served: 0-21 and/or family members
Services offered: Crisis intervention, resource referral, short-term counseling, parenting classes; Community Action Team Against Underage Drinking; Adventure Education program for teen boys; Defensive Driving at Lime Rock for high school seniors; Empowering Young Women project for girls in grades 6-12.

HUD U.S. Housing
Daytime Phone: 860-482-1136
Summer Street, Torrington, CT 06790

HUSKY Infoline
Daytime Phone: 877-284-8759
P.O. Box 280747, East Hartford, CT 06108
Website: www.huskyhealth.com

Juvenile Court, Torrington
Daytime Phone: 860-489-0201
410 Winsted Road, Torrington, CT 06790
Website: www.jud.ct.gov/directory/directions/juvenile/torrington.htm

Kelly Transit
Daytime Phone: 860-489-9243  Fax: 860-496-9780
30 Railroad Square, Torrington CT 06790
Website: www.kellytransit.com
Days and hours of Operation: 8:00am-4:00 pm
Geographic Area: Litchfield County
Ages Served: 16 +
Fee: $ Different fees
Services offered: Kelly Transit offers charter services, airport transportation, wedding transportation, shuttle & convention transportation services, school field trip transportation, group tours, public transportation management services, casino transportation.

KinderCare
Daytime Phone: 860-496-8687
1260 Winsted Road, Torrington, CT 06790
Website: www.kinderCare.com

La Leche League
Daytime Phone: 860-283-8656
Website: www.lli.org

LARC
Daytime Phone: 860-482-9364  Fax: 860-489-2492
314 Main Street, Torrington CT 06790
Website: www.litchfieldarc.org  Email: lcassella@litchfieldarc.org
Days and hours of Operation: 7:30am-4:30 pm
Geographic Area: Litchfield County
Ages Served: Child - Retirement
Fee: N/A
Services offered: Vocational, residential and day support programs for individuals with intellectual and developmental disabilities, including autism; Recreation, Social Enrichment, and Special Olympics; School to
Community Transition Program for young adults aged 18-21; Camp Moe, a summer camp for all children, with and without disabilities.

**Learning Disabilities Association of CT**
Daytime Phone: 860-560-1711
999 Asylum Avenue, Suite 504, Hartford, CT 06105

**Litchfield Community Center**
Daytime Phone: 860-567-8302  Fax: 860-567-0328
421 Bantam Road, Litchfield CT 06759
Website: www.thecommunitycenter.org  Email: staff@thecommunitycenter.org
Days and hours of Operation: M-F 9:00AM - 5:00PM, 7 - 10 PM Friday night Teen program; additional hours according to event
Geographic Area: Northwest CT and beyond
Ages Served: All
Fee: Based on program or activity
**Services offered:** Encourages creative, intellectual and recreational pursuits; offers individuals and groups a place to hold functions; referral source on other community services and programs; available for rental for private functions; programs and activities on on-going basis.

**Litchfield County Head Start**
Daytime Phone: 860-482-5286  Fax: 860-489-8546
57 Forest Court, Torrington CT 06790
Satellite Offices: Winsted, Plymouth, Litchfield
Email: bleacher@educationconnection.org
Days and hours of Operation: M-F 7:30AM-5:30PM
Geographic Area: Litchfield County
Ages Served: 3-5 yrs
Fee: sliding fee scale
**Services offered:** Comprehensive early childhood programs offer part day/part year, full day/full year or home based options.

**Litchfield Hills Council of Elected Officials**
Daytime Phone: 860-491-9884  Fax: 860-491-3729
P.O. Box 187, Goshen CT 06756-0187
Days and hours of Operation: M-F 9:00AM - 4:00PM
Geographic Area: Barkhamsted, Colebrook, Goshen, Hartland, Harwinton, Litchfield, Morris, New Hartford, Norfolk, Torrington, Winchester
Ages Served: All
**Services offered:** Census data center;conducts household hazardous waste collection days; regional planning.

**Litchfield Superior Court**
Daytime Phone: 860-567-0855
15 West Street, Litchfield, CT 06759
Website:  www.town-court.com
**Little Guild of St. Francis Animal Shelter**
Daytime Phone: 860-672-6346  
285 Goshen Sharon Turnpike, West Cornwall CT 06796  
Email: www.littleguild.org  
Hours: Thursday hours 12:00 pm–4:00 pm  
**Services offered:** Permanent shelter for dogs and cats.

**Maria Seymour Brooker Memorial, Inc**
Daytime Phone: 860-489-1328 Fax: 860-489-4761  
157 Litchfield Street, Torrington CT 06790 – child care center  
Dental center: 95 New Litchfield St. (moving to 157 Litchfield St. in late July 2015)  
Website: www.brookermemorial.org  
Email: receptionist@brookermemorial.org  
Days and hours of Operation: M-Sat call for information  
Geographic Area: Litchfield County  
Ages Served: 0-20; Childcare 6 weeks through Kindergarten  
Fee: scholarship  
**Services offered:** Licensed Early Learning and Childcare for children; full and part-time school readiness program; infant and toddler care and nursery school; preventive and restorative dental care for children covered through HUSKY, private insurance, or uninsured. Partnerships for blood pressure, counseling, and pediatric therapies.

**MCAA Trinity Glen**
Daytime Phone: 860-672-6689 Fax: 860-672-3021  
149 W. Cornwall Rd, Sharon CT 06069  
Days and hours of Operation: 24/7  
Geographic Area: Connecticut residents  
Ages Served: Adults  
Fee: SAGA Medical  
**Services offered:** Group and individual sessions; aftercare, referrals, recreation, work therapy, case management, family counseling.

**McCall Foundation**
Daytime Phone: 860-496-2100 Fax: 860-496-2111  
58 High St., PO Box 806, Torrington CT 06790  
Satellite Offices: 231 N. Main St., Winsted, CT  
Email: mccallfoundation@snet.net  
Webpage: www.mccall-foundation.org  
Days and hours of Operation: 24/7 call for specifics  
Geographic Area: Greater Torrington, Northwest Corner  
Ages Served: 18+, children and adolescent programs  
Fee: Call for specifics  
**Services offered:** Individual and group counseling; intensive outpatient treatment; day treatment; intensive treatment at Carnes Weeks Ctr., McCall House for long-term intermediate care; youth and adolescent prevention programs, parenting education, special services for seniors, and counseling for gambling.
**Mental Health Association of Conn.**
Daytime Phone: 860-496-7670  Fax: 860-496-0405
30 Peck Rd., Torrington CT 06790
Website: [www.mhact.org](http://www.mhact.org)
Email: mental.health.assoc@snet.net
Days and hours of Operation: M-F 9:00AM - 9:00PM, Sat & Sun 9:00AM - 5:00PM
Geographic Area: Northwest Corner
Ages Served: 18+
**Services offered:** Crisis intervention, advocacy, housing, transportation, respite, budgeting, medication monitoring, case management.

**Mothers Against Drunk Driving**
Daytime Phone: 860-528-5621  Fax: 860-528-5653
106 Connecticut Blvd, E. Hartford CT 06108
Satellite Offices: Eastern Chapter, Fairfield Chapter, N. Haven-State Office
Website: [www.madd.org](http://www.madd.org)  Email: donnakehoe@madd.org
Days and hours of Operation: M-F 9:00AM - 5:00PM
Geographic Area: Greater Hartford & Litchfield
Ages Served: All
**Services offered:** Stop drunk driving and support victims of this violent crime and prevent under age drinking through middle and high school promotion of the harmful effects of under age drinking. Also work with legislatures in writing laws involving alcohol to improve safety on CT roads.

**Mountainside Alcoholism Treatment Program**
Daytime Phone: 800-762-5433
P.O. Box 717, 187 South Canaan Road, Canaan CT 06018
Website: [www.mountainside.com](http://www.mountainside.com)  Email: admissions@mountainside.com
Geographic Area: United States
Ages Served: 18 and older
**Services offered:** Mountainside offers a wide variety of treatment approaches designed to help people discover their ability to heal themselves in mind, body and spirit and to continue self-healing as a lifelong process. The program is tailored to each individual's needs and includes individual counseling as well as structured counselor-led group meetings, motivational counseling, therapeutic task-focused assignments, adventure-based initiatives, daily spiritual practice groups, yoga, 12-step education and meetings, meditation, drama, music and art therapy, writing workshops, weekly gender-specific group meetings, and family counseling. Mountainside's innovative program has been recognized by the addiction community and the government for its contribution to the field of addiction recovery and prevention.

**Narcotics Anonymous**
Daytime Phone: 800-627-3543
P.O. Box 1817, Meriden, CT 06450
Website: [www.ctna.org](http://www.ctna.org)

**New Opportunities**
Daytime Phone: 860-482-9749  Fax: 860-482-9917
138 Migeon Ave., Torrington CT 06790
Website: [www.newopportunities.org](http://www.newopportunities.org)
Days and hours of Operation: M-F 8:30AM – 4:30pm
Geographic Area: All
Ages Served: All
**Services offered:** Energy Assistance, Eviction, Holidays Programs, Early Childhood Development, Employment Services, Elder Services, Home Based Family Services, Justice & Residential Services. Those who meet certain income-eligibility and geographic requirements may obtain help with their energy costs from one or more of the Energy Assistance programs administered by New Opportunities Inc. Operation Fuel provides emergency energy bill assistance to lower and middle income working families, needy elderly, the disabled and others in the midst of a financial crisis, such as a job loss or a medical emergency.

**New Hartford Historical Society**
Daytime Phone: 860-379-6894
367 Main St., POB 41, New Hartford CT 06057
Website: www.newhartfordhistory.org Email: NHHS@earthlink.net
Days and hours of Operation: W 2:00-4:00PM and 7:30-9:30PM, Sat. 10:00AM - 2:00PM
Geographic Area: All
Ages Served: All
**Services offered:** Historical & Geneological Research and Preservation.

**New Parent Care Line**
Daytime Phone: 860-496-6619
Website: www.one2onematernity.org

**Noble Horizons**
Daytime Phone: 860-435-9851 Fax: 860-435-0636
17 Cobble Road, Salisbury CT 06068
Website: www.noblehorizons.org
**Services offered:** Noble Horizons offers physical, occupational, and speech rehabilitation therapy on an outpatient basis or for a short-term stay in one of our especially furnished rehab rooms. Each private room has its own lavatory, cable television, a VCR, Internet access, a phone, and special order cuisine, among other amenities.

**Norfolk Senior Housing Corp., Inc.**
Daytime Phone: 860-542-5470 Fax: 860-542-5470
9 Shepard Road, Norfolk CT 06058
Email: nshc@snet.net
Days and hours of Operation: M-F 9:00AM -12:30PM (1:30 - 3:30PM)
Geographic Area: All
Ages Served: 62 +, handicapped must be ambulatory
**Services offered:** Elderly housing and services.

**North American Family Institute**
Daytime Phone: 860-567-3809 Fax: 860-567-3846
11 Country Place Lane, POB 457, Litchfield CT 06759
Website: www.nafi.com
Days and hours of Operation: 24/7
Geographic Area: All
Ages Served: 12 - 17 yrs.
Fee: DCF
**Services offered:** Touchstone facility offers residential treatment for female adolescents committed through DCF parole services.

**Northwest CARES**
Daytime Phone: 860-824-8133  
Email: ellaclark@sharon-ct.org  
Geographic Area: Northwest Connecticut  
Ages Served: Elders  
**Services offered:** Coalition of agencies related to elder services; Meets 8:30 a.m. first Wed. of month at Geer Village to discuss issues, concerns, and solutions related to elder needs. Does not meet July and August.

**Northwest CT Medical Walk-In**
Daytime Phone: 860-489-8444  
1598 East Main Street, Torrington, CT 06790  
Website: www.charlottesweb.hungerford.org

**Northwest Corner Fuel Bank**
Daytime Phone: 860-364-1003 Fax: 860-492-7026  
POB 385, Sharon CT 06069  
Email: ellaclark@sharon-ct.org  
Days and hours of Operation: Weekdays 9:00AM - 4:00PM  
Geographic Area: Cornwall, Falls Village, Canaan, Kent, Salisbury, Sharon, and Warren  
**Services offered:** Helps with fuel bills.

**Northwest Home Care, Inc.**
Daytime Phone: 860-567-4576 Fax: 860-567-5953  
26 Commons Dr. - POB 1168 Litchfield CT 06759-1168  
Satellite Offices: Waterbury, CT  
Website: www.nwhomecare.com Email: sc@nwhomecare.com  
Days and hours of Operation: 24/7/365  
Geographic Area: Litchfield and New Haven Counties  
Ages Served: All  
Fee: $2.50 per hour agency fee  
**Services offered:** Full home care services from companions to nurses including: bathing and dressing, medication reminders, safe ambulation, transfers to bed/tub/toilet, grooming and hygiene, live-in services, companionship and recreational activities, assist in maintaining social activities, medical appointment transportation, incontinence care, errands and shopping, monitoring day and night, create and maintain a safe environment, respite and hospice care.

**Northwestern Conn. AIDS Project**
Daytime Phone: 860-482-1596 Fax: 860-482-3606  
100 Migeon Ave., Torrington CT 06790  
Website: www.pages.cthome.net/ncap Email: debithibeault.ncap@snet.net  
Days and hours of Operation: M-F 9:00AM - 4:00PM ; also 24-hour hotline  
Geographic Area: Litchfield County  
Ages Served: 0-99  
**Services offered:** Confidential AIDS hotline 860-482-1596; educational programs, support services, free HIV testing; information, volunteer opportunities.
Northwestern CT Dialysis Fund
Daytime Phone: 860-482-3581
132 Mill Lane, Torrington CT 06790

Northwestern Connecticut Council of Governments
Daytime Phone: 860-868-7341
17 Sackett Hill Road, Warren, CT 06754
Days and hours of Operation: M-Thur 9:00 AM – 4:30PM
Geographic Area: Canaan, Cornwall, Kent, North Canaan, Roxbury, Salisbury, Sharon, Warren, Washington
Services offered: Regional planning

Northwestern Connecticut YMCA, Inc.
Daytime Phone: 860-489-3133 Fax: 860-482-4853
259 Prospect Street, Torrington CT 06790
Satellite Offices: 480 Main St., Winsted, CT
Website: www.nwcty.org Email: torringtonymca@snet.net
Days and hours of Operation: M-F 6:00AM - 10:00PM; Sat 10:00AM - 4:00PM
Geographic Area: Northwest Connecticut
Ages Served: All
Fee: Various to $0.00
Services offered: Fitness, physical education and sports, aquatics, pre-school and school age child care, summer camping, teen leadership, literacy, recreational therapy, low income supportive housing and homeless shelter.

Northwestern CT Community College
Daytime Phone: 860-738-6406 Fax: 860-738-6488
20 Park Place East, Winsted CT 06098
Website: www.nwcc.commnet.edu
Fee: Various to $0.00
Services offered: We, at NCCC, pride ourselves on excellence in teaching, promoting life-long learning, providing high quality student services, and state-of-the-art technology. Our small, close-knit community promotes intellectual inquiry, critical thinking, career development and appreciation of each individual. We offer a diverse array of credit and non-credit programs ranging from holistic health to baccalaureate transfer.

Northwestern CT Transit District
Daytime Phone: 860-489-2535 Fax: 860-489-3353
957 East Main St., Torrington CT 06790
Email: cdeane8827@aol.com
Days and hours of Operation: Monday – Thursday, 7:30AM - 4:00PM; Friday 7:00AM - 1:00PM
Geographic Area: Northwest Connecticut
Ages Served: All
Fee: Children under 5 Free; Disabled - $0.65; Students - $0.90; Seniors – free with suggested donation of $1.25; all others $1.25
Services offered: Dial-A-Ride services all towns; Job Access - 5 days weekly, 3 shifts; flexible route Torrington, Winsted & Litchfield.
**Nutmeg Big Brothers, Big Sisters**  
Daytime Phone: (800) 237-5437  
30 Laurel Street, Suite 3, Hartford, CT 06106-1362  
Website: www.bbsnutmeg.org  
Days and hours of Operation: M - F 9:00AM - 5:00PM  
Geographic Area: Western and Northwestern CT  
Ages Served: 6 - 14 yrs.  
**Services offered:** Mentors disadvantaged youth and seeks to cross generational, cultural, ethnic and socioeconomic lines.

**Nutmeg Conservatory for the Arts**  
Daytime Phone: 860-482-4413 x 303  
Fax: 860-482-7614  
58 Main St., Torrington CT 06790  
Website: www.nutmegconservatory.org  
Email: info@nutmegconservatory.org  
Days and hours of Operation: M-T 9:00AM - 8:00PM; F 9:00AM - 5:00PM; Sat 9:00AM - 2:00PM  
Geographic Area: Litchfield County  
Ages Served: 4 - 23 yrs.  
Fee: Various to $0.00  
**Services offered:** Ballet and music lessons.

**NW CT Transit District**  
Daytime Phone: 860-489-2535  
Website: www.nwcttransit.com

**Office of the Public Defender**  
Daytime Phone: 860-567-5572  
PO Box 944, Litchfield CT 06759  
**Services offered:** Public Defender.

**Office of Victims Advocate**  
Daytime Phone: 888-772-3126  
505 Hudson Street, Hartford, CT 06106  
Website: www.ova.state.ct.us

**Open Door Soup Kitchen**  
Daytime Phone: 860-738-2449  
160 Main St., Winsted CT 06098  
Days and hours of Operation: 9:00AM - 1:00PM Mon. - Fri., 2d and 3d Saturday of the month.  
Geographic Area: Northwest CT  
Ages Served: All  
**Services offered:** Located at St. James Parish House; lunch served 11:30 - 12:30.

**Owl's Kitchen**  
Daytime Phone: 860-435-9886  
80 Sharon Road, Salisbury CT 06068  
Days and hours of Operation: Sat 9:00AM - 11:00AM; alternate Fridays 5:00-6:30 PM  
Geographic Area: Northwest Connecticut, adjoining NY and MA  
Ages Served: All  
**Services offered:** Free food.
Planned Parenthood League of CT
Daytime Phone: 860-489-5500  Fax: 860-496-1754
249 Winsted Road, Torrington CT  06790
Website: www.ppct.org
Days and hours of Operation: M 12:00PM - 7:30PM; T 9:30AM - 4:00PM; Closed Wed; Th 11:00AM - 6:30PM; F 8:30AM - 4:00PM; 2 Sat/month 8:30AM - 12:00PM
Geographic Area: Litchfield County
Ages Served: All
Fee: Sliding scale; most insurance
Services offered: GYN care, SID testing for men & women, HIV testing, pregnancy testing and counseling.

Poison Control
Daytime Phone: 800-222-1222
263 Farmington Avenue, Farmington, CT 06032
Website:  www.poisoncontrol.uchc.edu

Police Activities League (PAL)
Daytime Phone:  (860) 489-2014
Torrington Police Dept., 576 Main Street, Torrington, CT 06790
Website:  www.torringtonpal.org
Services offered: The hallmark of The Torrington Police Activities League, Inc. (PAL) is strengthening kids, building community. Under the volunteer supervision of law enforcement, PAL’s recreation and educational programs encourage Torrington children through positive mentoring to have hope, to take pride in and to become productive and contributing members of the community.

Prime Time House Inc.
Daytime Phone: 860-618-2479  Fax: 860-496-4097
836 Main Street, Torrington CT  06790
Website: www.primetimehouse.org
Days and hours of Operation: N/A
Geographic Area: Northwest Corner
Ages Served: 18 +
Services offered: Vocational counseling, employment, educational services, advocacy, fellowship, independent living support, transportation and dining services.

Salisbury Visiting Nurse Association
Daytime Phone: 860-435-0816  Fax: 860-435-4852
30-A Salmon Kill Rd., Salisbury CT  06068
Website: http://www.salisburyvna.org   Email: info@salisburyvna.org
Days and hours of Operation: On call 24 hours a day, 7 days a week.
Office hours are 8 AM to 4 PM Monday through Friday.
Geographic Service Area: Canaan, Cornwall, Falls Village, Goshen, Kent, Lakeville, Norfolk, Salisbury, Sharon, Taconic.
Services offered: Founded in 1904, the Salisbury Visiting Nurse Association is a full service home health agency providing Home Health Services; including skilled nursing, physical, speech and occupational therapy, MSW services, certified home health aides, along with a certified Hospice program and a private care Home Assistance program which offers private care aide, homemakers and companions.
Salvation Army - Torrington
Daytime Phone: 860-482-3569 Fax: 860-489-9260
234 Oak Ave., P.O. Box 209, Torrington CT 06790
Website: www.salvationarmyct.org
Geographic Area: Greater Torrington
Ages Served: All
Services offered: Emergency assistance, food pantry, clothing, utility, housing assistance, summer camp for children.

Salvation Army, Winsted Service Center
Daytime Phone: 860-379-8444 x 139  Fax: 860-244-0790
127 Main St. – P.O.Box 571, Winsted CT 06098-0571
Satellite Offices: POB 628, Hartford, CT 06142-0628
Website: www.use.salvationarmy.org
Days and hours of Operation: Mon. 2:00 – 7:00 p.m.; Tues. 10:00 a.m. – 1:00 p.m.; Wed. 11:30 – 4:30; Fri. 10:00 a.m. – 1:00 p.m.
Geographic Area: Winsted and Colebrook
Ages Served: All
Services offered: Food pantry, summer residential camp for ages 7-11, clothing, shoes, back-to-school supplies, seasonal activities; kids Fun Club Wed. afternoons.

Sharon Day Care Center, Inc.
Daytime Phone: 860-364-5182
Days and hours of Operation: M-F 7:30AM - 5:30PM School Year
Website: www.sharondaycare.org
Geographic Area: Sharon Area
Ages Served: 3 to 13 Yrs
Fee: Kindergarten $24 for 1/2 day; $37 full day; $5 before school care; $15 after school care
Services offered: Full Day Child Care; 1/2 Day pre-School and Before and After School Child Care.

Sharon Healthcare Center
Daytime Phone: 860-364-1002  Fax: 860-364-0237
27 Hospital Hill, POB 1268, Sharon CT 06069
Email: pbelval@umh.org
Days and hours of Operation: 8:30AM - 4:30PM (open 24/7)
Geographic Area: Litchfield and Dutchess counties
Ages Served: 50+
Fee: Medicare, Medicaid, private pay
Services offered: Short-term rehabilitation, long-term care, respite stays; in-house child daycare center offers infant/toddler/preschool programs; volunteer hospice program at home or in health care setting.

Sharon Historical Society
Daytime Phone: 860-364-5688
18 Main St., Sharon CT 06069
Website: www.sharonhist.org  Email: director@sharonhist.org
Days and hours of Operation: T-F 1:00PM - 4:00PM and by appt.
Geographic Area: Sharon, Litchfield County
Ages Served: All
Services offered: Public education programs, library and archives, birthday parties, tours of Sharon, Iron industry-related tours and programs.

**Sharon Hospital**

Daytime Phone: 860-364-4085 Fax: 860-364-4011  
50 Hospital Hill Rd., P.O. Box 789, Sharon CT 06069  
Website: www.sharonhospital.com  
Days and hours of Operation: 24/7  
Geographic Area: Northwest Connecticut, Eastern Dutchess County, NY and Southern Berkshire County, MA  
Ages Served: All  
**Services offered:** Cancer care, cardiology, cardiopulmonary, clinical, community health, emergency service, laboratory, maternity, outpatient, pharmacy, radiology, rehabilitation, support services, senior behavioral health, and surgical services.

**Social Security Administration**

Daytime Phone: 860-482-1036 Fax: 860-489-2988  
147 Litchfield Street, Torrington CT 06790  
Website: www.ssa.gov Email: sadie.singleton@ssa.gov  
Days and hours of Operation: M-F 9:00AM - 4:00PM  
Geographic Area: Litchfield  
Ages Served: All  
**Services offered:** Social Security, retirement, survivors, disability, Medicare, SSI.

**St. Maron's Church Hot Dinner Program**

Daytime Phone: 860-489-9015 Fax: 860-482-1614  
613 Main St., Torrington CT 06790  
Website: www.stmaronchurch.4lpi.com Email: lpmichael@aol.com  
Days and hours of Operation: Tuesdays 4:30 - 6:00 p.m.  
Geographic Area: Torrington Area  
Ages Served: All  
**Services offered:** Hot meal program.

**State of CT Dept. of Social Services**

Daytime Phone: 860-496-6960 Fax: 860-496-6977  
62 Commercial Blvd., Torrington CT 06790  
Website: www.dss.state.ct.us  
Days and hours of Operation: M-F 8:00AM - 4:30PM  
Geographic Area: Litchfield County  
Ages Served: All  
**Services offered:** Wide range of services for disabled, elderly, families and individuals, including food stamps, childcare, support enforcement, financial and medical assistance.

**Supportive Housing**

Daytime Phone: 860-496-6350  
**Services offered:** For homeless individuals or families in emergency shelters or on the street.
**Susan B. Anthony Project, Inc.**
Daytime Phone: 860-489-3798 Fax: 860-482-6268
179 Water St., Torrington CT 06790
Website: www.sbaproject.org Email: jfusco@sbaproject.org
Days and hours of Operation: M-F 8:30AM - 4:30PM; 24 hr Crisis Line
Geographic Area: Litchfield County
Ages Served: All
**Services offered:** Shelter, transitional housing, individual counseling, support groups, court advocacy for victims of domestic and sexual violence, job readiness for women in transition, community education programs.

**The Center for Human Development**
Daytime Phone: 860-496-1075 Fax: 860-496-1339
51 Commercial Boulevard, Torrington CT 06790
Website: www.chd.org
Days and hours of Operation: M-F 8:00AM - 8:00PM
Geographic Area: Greater Torrington
Ages Served: Adults
Fee: DMHAS funded
**Services offered:** Residential services for adults with both mental health and substance abuse problems; case management, crisis intervention, referrals, money management, psychiatric services, medication monitoring.

**The Chamber of Commerce of NW CT**
Daytime Phone: 860-482-6586 Fax: 860-489-8851
333 Kennedy Dr., POB 59, Torrington CT 06790-0059
Website: www.northwestchamber.org
Days and hours of Operation: M-Th 8:00 – 5:00, Friday 8:00-4:00PM
Geographic Area: Northwest Connecticut
**Services offered:** Increases awareness of the economic, educational, cultural and civic opportunities available to business community, members and friends. Offers Chamber Seminar Series, School to Career Consortium, Northwest Connecticut Economic Development Corporation, Northwest Connecticut Arts Council, Leadership Northwest, The Entrepreneurial Institute Small Business Courses, SCORE, Business After Hours, Membership Services, Business & Home Expo, Chamber Insurance Trust, Media presence in newspapers, radio and TV, Government Relations, Pioneer Leads Group, and Tri-State Chamber Affiliation.

**The Community Mission**
Daytime Phone: 860-453-4331
93B Main Street Canaan, Connecticut 06018
Webpage: www.thecommunitymission.webs.com
Days and hours of Operation: M-F 4:00AM – 7:00PM
Geographic Area: All
Ages Served: All
**Services offered:** The mission objective is to aid neighbors in need. We are dedicated to creating tools and services to help people get back on their feet and start more productive and more joyful lives. Daily evening meal program, Afternoon snacks, Counseling - coaching, E.S.L. Classes, G.E.D. Classes, Pregnancy Counseling, Basic academic tutoring, Computer literacy & basic skills, Personal Hygiene & Life skill’s coaching, Job Support, Social activities & Outreach, Art, Music & Poetry Programs, Free Clothing, food, furniture, Alternate justice measures, Volunteer commitment hours, Sunday Church Services, Weekday Bible
Studies, Mentoring Programs, Access to Medical services, Elderly Programs, Family Fun Nights(Movies, music, games), Artist's Co-op Gallery, Weekly Farmer's Market, Outreach to Shut-ins, Coffeehouses.

**The Workman**
Daytime Phone: 860-482-0016  
244 Forest St, Torrington CT 06790  
Days and hours of Operation: 24/7 Office hours M-F 9:00AM - Noon  
Geographic Area: Litchfield County  
Ages Served: 60 +  
**Services offered:** Residential community of 37 private semi-furnished apartments. Offers 3 hot meals daily, 24 hour resident manager, weekly housekeeping, laundry facilities, heat, hot water and electricity included, beauty salon, telephone and cable hook-ups, home health aids available.

**Torrington Affordable Housing, Inc.**
Daytime Phone: 860-489-6045  Fax: 860-489-4712  
84 Main St., 2d Floor, PO Box 1172, Torrington CT 06790-1172  
Days and hours of Operation: M, W, F 10:00AM - 3:00PM  
Geographic Area: Torrington  
Ages Served: All  
Fee: $25.00 application fee  
**Services offered:** Program for low and moderate income families who wish to own their own home; TAH owns land. Homeowner pays monthly land lease fee.

**The Community Foundation of Northwest CT, Inc.**
Daytime Phone: 860-626-1245 Fax: 860-489-7517  
32 City Hall Ave., PO Box 1144, Torrington CT 06790-1144  
Website: www.cfnwct.org  Email: GRovezzi@cfnwct.org  
Days and hours of Operation: M-Thur 9:00AM-5:00PM; Fri 9:00AM-4PM  
**Services offered:** Helps start-up nonprofits, enables people or organizations to begin endowments, provide scholarships; grants to arts, education, health and social service organizations.

**Torrington Area Health District**
Daytime Phone: 860-489-0436 Fax: 860-496-8243  
350 Main Street, Torrington CT 06790  
Website: www.tahd.org  
Days and hours of Operation: M-F 8:00AM - 4:00PM  
Geographic Area: Northwestern CT  
Fee: Depends on service, range from $20 - $250.  
**Services offered:** Licensing and inspections; testing for communicable diseases and rabies, Lyme, influenza; assessments for sewers, public water, private wells, rodent control; Family Strides programs include WIC, Healthy Start, HUSKY Outreach, Nurturing Families, Nurturing Connections and Father Involvement.

**Torrington Child Care Center**
Daytime Phone: 860-482-2621 Fax: 860-626-7245  
338 Kennedy Drive, Torrington CT 06790  
Email: torringtonchild.care@snet.net
Days and hours of Operation: M-F 6:45AM - 5:15 PM
Geographic Area: Greater Torrington Area
Ages Served: 3 to 8
Fee: Sliding fee scale.
**Services offered:** State-Funded Child Care. Breakfast, lunch and Snack Provided. Licensed for 48 children and Accredited by NAEYC.

**Torrington Early Childhood Collaborative**
Phone: 860-806-1410
P.O. Box 854, Torrington, CT 06790
Website: www.torringtonchildren.org
Committed to ensuring success of children ages birth to eight through advocacy, parent empowerment, quality care and education, transition to pre-K and kindergarten.

**Torrington Historical Society, Inc.**
Daytime Phone: 860-482-8260
192 Main Street, Torrington CT 06790
Website: www.torringtonhistoricalsociety.org  Email: torringtonhistorical@snet.net
Days and hours of Operation: T-F 10:00AM - 4:00PM; also seasonal
Geographic Area: Unlimited
Ages Served: All
Fee: $5 house museum; $2 history museum
**Services offered:** Guided tours, historical exhibits and programs, archival resources.

**Torrington Housing Authority**
Daytime Phone: 860-482-3581 Fax: 860-482-5841
110 Prospect St., Torrington CT 06790
Email: housing.althy.cty@snet.net
Days and hours of Operation: M-F 8:30AM - 4:30PM
Geographic Area: Torrington
Ages Served: Elderly
**Services offered:** Public housing and Section 8 rental assistance.

**Torrington Library**
Daytime Phone: 860-489-6684  Fax: 860-482-4664
12 Daycoeton Place, Torrington CT 06790-6399
Website: www.torringtonlibrary.org
Days and hours of Operation: M,T, F 10:00AM - 6:00PM, W & Th 10:00AM - 8:00PM, Sat 10:00AM - 3:00PM
Geographic Area: Torrington
Ages Served: All
**Services offered:** Lending library includes print & non-print material including large print, DVDs and audio books; resources in electronic format including eBooks and downloadable audio books, as well as online databases; public access internet and word processing stations; adult, teen and juvenile programs; book sales in April and October.

**Torrington Preschool Center**
Daytime Phone: 860-496-8677
46 Evans Street, Torrington, CT 06790
Website:  www.torringtonpreschool.com  
Services offered: Private State Licensed, ages 3-5.

**Torrington Youth Service Bureau**

Daytime Phone: 860-496-0356 Fax: 860-482-3084  
8 Church St., POB 204, Torrington CT 06790  
Email: youth.svcs@snet.net  
Days and hours of Operation: M-F 8:00AM - 4:00PM  
Geographic Area: Kid Care - Litchfield County, Youth Service Bureau - Torrington  
Ages Served: 0-21  
Fee: Kid Care - None, Sliding scale for counseling  
**Services offered:** Multiple programs - Kid Care for children/youth with Behavioral Health needs; short term counseling for youths and their families; Life Skills program and mentors for DCF clients.

**Town of Cornwall Social Services**

Daytime Phone: (860) 672-2603  
P.O. Box 97, Cornwall, CT 06753  
Website: http://www.cornwallct.org  
Email: cwlsocservices@optonline.net

**Town of Falls Village Social Services**

Daytime Phone: 860-824-9855  
P.O. Box 47, Falls Village, CT 06031  
Website: http://www.canaanfallsvillage.org  
Email: fallsvillagess@comcast.net

**Town of Kent Social Services**

Daytime Phone: 860-927-1586  
P.O. Box 678, Kent, CT 06757  
Website: www.townofkentct.org  
Email: socialservices@townofkentct.org

**Town of Litchfield Social Services**

Daytime Phone: 860-567-7564 Fax: 860-567-7573  
80 Doyle Road PO Box 12, Bantam CT 06750  
Website: www.lichfieldct.com  
Days and hours of Operation: M,T,TH, F 9:00AM -2:00PM  
Geographic Area: Litchfield, Northfield, Bantam, and Milton  
Ages Served: All  
**Services offered:** Information and referral services; liaison with community organizations to implement services for entire population; administer food/relief funds; fuel assistance; transportation services for disabled and elderly; help clients fill out forms; coordinate Chore Service.

**Town of Norfolk Social Services**

Daytime Phone:  860-542-5829  
P.O. Box 592, Norfolk, CT 06058  
Website: www.norfolkct.org  
Email: townnorfolk@snet.net
**Town of North Canaan Social Service**
Daytime Phone: 860-824-3133 Fax: 860-824-3139
100 Pease St., Canaan CT 06018
Website: [www.northcanaan.org](http://www.northcanaan.org)
Email: northcanaanss@yahoo.com
Days and hours of Operation: Thursdays & Fridays
Geographic Area: North Canaan residents
Ages Served: All
**Services offered:** Assist adults in learning about community resources; help elderly apply for government programs; short-term assistance.

**Town of Salisbury Social Services**
Daytime Phone: 860-435-5187
P.O. Box 379, Salisbury, CT 06068
Website: [www.salisburyct.us](http://www.salisburyct.us)
Email: socialworker@salisburyct.us

**Town of Sharon Social Services**
Daytime Phone: 860-364-1003
Email: ellaclark@sharon-ct.org

**Town of Warren Social Services**
Daytime Phone: 860-868-7881 x. 102
Address: Town Hall, 7 Sackett Hill Road, Warren, CT 06754
Email: selectman@warrentct.org

**Town of Winsted Recreation Dept.**
Daytime Phone: 860-379-8670 Fax: 860-738-7053
338 Main St., Winsted CT 06098
Website: [www.townofwinchester.org](http://www.townofwinchester.org) Email: recreation@townofwinchester.org
Days and hours of Operation: M - W 8:00AM - 4:00PM, Th 8:00AM - 7:00PM, F 8:00AM - 12:00PM
Geographic Area: Winchester
Ages Served: All
**Services offered:** Recreation.

**Tri-State Chamber of Commerce**
Daytime Phone: 860-435-0740
326 Main Street, 2d Floor, Lakeville, CT 06039
Website: [www.tristatechamber.com](http://www.tristatechamber.com) Email: info@tristatechamber.com
Geographic Area: We serve the surrounding communities of Millerton and Amenia, New York; Salisbury, Lakeville, Cornwall, Sharon, Canaan and Falls Village, CT; and Ashley Falls and Sheffield, Massachusetts.
**Services offered:** The Tri-State Chamber of Commerce is organized for the purpose of advancing the commercial and community interests of the Tri-State region.

**UConn Health Center**
Daytime Phone: 860-679-2000
263 Farmington Avenue, Farmington, CT 06032
Website: [www.uchc.edu](http://www.uchc.edu)
United Way of Northwest Conn.
Daytime Phone: 860-489-4131 Fax: 860-626-8223
333 Kennedy Drive, Suite R101, P.O. Box 1001, Torrington CT 06790
Website: www.northwestunitedway.org
Email: info@northwestunitedway.org
Days and hours of Operation: M-F 8:00AM - 5:00PM
Geographic Area: Bantam, Barkhamsted, Colebrook, Cornwall, Cornwall Bridge, East Canaan, Falls Village, Goshen, Harwinton, Lakeville, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Pleasant Valley, Pine Meadow, Riverton, Salisbury, Sharon, Torrington, West Cornwall, West Hartland, Winchester Center, Winsted
Ages Served: All
Services offered: Annual campaign supports 26 human service agencies; Community Impact: Food For Your Neighbors; Warm the Children, Women’s Leadership Initiative, Back to School Clothing, Million Mentors Challenge, Day of Caring. Resource and referral service.

USO of Metropolitan New York
Daytime Phone: 212-695-5590 Fax: 212-695-5734
Website: www.usonyc.org Email: development@usonyc.org
270 Madison Avenue, Suite 1207, New York, NY 10016
Services offered: Provides active duty/reserve military personnel/dependents with employment assistance, entertainment, food, lodging, tourist information, referrals for problems and visits to VA facilities.

Valerie Manor
Daytime Phone: 860-489-1008 Fax: 860-496-9252
1360 Torringford Street, Torrington CT 06790
Webpage: www.valeriemanorhcc.com
Days and hours of Operation: 24/7
Geographic Area: Northwest CT
Services offered: Nursing home short-term rehabilitation, Alzheimer's care, long-term and hospice care.

Veterans Service Office
Daytime Phone: 860-489-2531
33 Coe Place, Torrington, CT 06790

VNA Northwest, Inc.
Daytime Phone: 860-567-6000 Fax: 860-567-6011
607 Bantam Road, Unit F, Bantam, CT 06750
Website: www.vnanw.org Email: info@vnanw.org
Days and hours of Operation: Office 8:00AM - 4:00PM, Clinical staff 24/7
Geographic Area: Litchfield County
Ages Served: All
Services offered: Nursing; physical, occupational and speech therapy; home health aides; nutrition counseling; blood pressure and flu clinics; private duty home care.

Visiting Nurse Services of Conn.(Torrington)
Daytime Phone: 860-482-6419 Fax: 860-482-8347
65 Commercial Blvd., Torrington CT 06790
Satellite Offices: N/A
Website: www.vnsct.com Email: nmerbaum@vnsct.com
Days and hours of Operation: M-F 8:00am-4:30PM; weekend and holiday service; 24 hr. availability nursing visits.
Geographic Area: Greater Torrington Area
Ages Served: All Ages
Fee: Medicare, Medicaid, private insurance, CCCI Private pay
**Services offered:** In patient home care of Skilled Nursing, occupational, physical and speech therapy, home health aide, and medical social services. Specialty programs include: Home infusion (IV) therapy, maternal/child health, palliative care, pediatric skilled nursing, psychiatric Nursing, telemonitoring using the Home med monitor, and wound care.

**VITA**
Daytime Phone: 888-227-7669
Website: [www.ct.gov/drs](http://www.ct.gov/drs)
Services offered: Volunteer income tax assistance

**Vogel Wetmore Family Resource Center**
Daytime Phone: 860-489-8552  Fax: 860-489-2577
68 Church St., Torrington CT 06790
Website: [www.educationconnection.org](http://www.educationconnection.org)  Email: torringtonfrc@educationconnection.org
Days and hours of Operation: M-F 8:00AM - 4:00PM, Evenings by request
Geographic Area: Litchfield County
Ages Served: 0-10 yrs +
**Services offered:** Family support services; resource and referral information; training and support for day care providers; adult education; child care.

**Warner Theater**
Daytime Phone: 860-489-7180
68 Main St., POB 1012, Torrington CT 06790-1012
Website: [http://www.warnertheatre.org](http://www.warnertheatre.org)
**Services offered:** Live performances; Center for Arts Education offers theatre, dance, piano and voice classes; Young Actors Series.

**Wellspring Foundation**
Daytime Phone: 203-266-8022 Fax: 203-266-8030
21 Arch Bridge Rd., POB 370, Bethlehem CT 06751
Website: [www.wellspring.org](http://www.wellspring.org)  Email: info@wellspring.org
Days and hours of Operation: N/A
Geographic Area: N/A
Ages Served: 6 to adult
Fee: Various to $0.00
**Services offered:** Residential treatment for boys and girls 6-12, girls 13-18, and adults; Outpatient services

**Western CT Area Agency on Aging**
Daytime Phone: 203-757-5449 Fax: 203-757-4081
84 Progress Lane, Waterbury CT 06705
Website: [www.wcaaa.org](http://www.wcaaa.org)  Email: westernctaaa@sbcglobal.net
Days and hours of Operation: M-F 8:00AM - 4:00PM
Geographic Area: Western CT
Ages Served: Elderly and younger disabled
**Services offered:** Adult day care, insurance counseling, emergency fuel, Friendly Visitors, health assessments, meal delivery, homemakers, money management, senior centers.

**Western Connecticut Mental Health Network - Torrington**

Daytime Phone: 860-496-3700  Fax: 860-496-3800  
249 Winsted Rd., Torrington CT 06790  
Website: www.dmhas.state.ct.us  Email: carol.ferrucci@ct.gov  
Days and hours of Operation: Mobile crisis team available 8:00AM - Midnight, regional hotline 24/7  
Geographic Area: Greater Torrington and Northwest Corner  
Ages Served: 18+  
**Services offered:** Resource for Behavioral Health and substance abuse information and referrals; Mobile Crisis Team provides outreach services for emergency psychiatric evaluations; consumers can meet with staff to decide type of service needed. 24 hour crisis line 1-860-482-1560; free 24 hour crisis line 1-888-447-3339.

**Winchester Housing Authority**

Daytime Phone: 860-379-4573 Fax: 860-379-0430  
80 Chestnut Street, Winsted CT 06098  
Email: www.winhouseauth.org  
Days and hours of Operation: M-F 8:30AM - 4:00PM  
Geographic Area: Winsted, Winchester  
Ages Served: Elderly and disabled  
**Services offered:** Housing and Section 8 rental assistance.

**Winchester Youth Service Bureau**

Daytime Phone: 860-379-0708  Fax: 860-379-1328  
480 Main St., Winsted CT 06098  
Webpage: www.nwcty.org  
Days and hours of Operation: 24/7  
Geographic Area: Barkhamsted, Colebrook, Hartland, New Hartford, Norfolk, Winsted  
Ages Served: 0-18  
**Services offered:** Crisis intervention, individual and family counseling, after school programs, summer day camp, parent support groups and education, court advocacy, short term host homes.

**Winsted Area Child Care**

Daytime Phone: 860-379-0006 Fax: 860-738-8519  
185 Prospect St., P.O. Box 585, Winsted CT 06098-0585  
Days and hours of Operation: M-F 6:00AM - 6:00PM  
Geographic Area: Northwest Corner  
Ages Served: 6 weeks to 12 years  
**Services offered:** School Readiness program; before-and-after school program; encourages parental involvement.

**Wisdom House Retreat & Conference Center**

Daytime Phone: 860-567-3163  Fax: 860-567-3166  
229 East Litchfield Road, Litchfield CT 06759-3002  
Website: www.wisdomhouse.org  Email: rg@wisdomhouse.org  
Days and hours of Operation: M-F 9:00AM - 4:00PM, weekend days and evenings  
Geographic Area: Connecticut and Tri-State area  
Ages Served: All
Fee: Depends on program or reason for attending

**Services offered:** Programs in spirituality, education and the arts; meals and accommodations provided; retreat and conference center.

**Wolcott Hall**
Daytime Phone: 860-482-8554 Fax: 860-496-7108
215 Forest Street, Torrington CT 06790
Days and hours of Operation: M-F 8:00AM - 5:00PM
Geographic Area: Torrington, Litchfield County
Ages Served: Elderly
Fee: 1 bedroom - $295/day; 2 bedroom - $275/day; 3-4 bedroom - $260/day

**Services offered:** Nursing; short and long-term physical, occupational and speech therapy.

**Women’s Support Services**
Daytime Phone: 860-364-1080 Hotline: 860-364-1900 Fax: 860-364-5767
Route 41 P.O. Box 341, Sharon CT 06069-0341
Website: [www.wssdv.org](http://www.wssdv.org) Email: wssdv@snet.net
Days and hours of Operation: Hotline 24/7 860-364-1900; Office M-F 9:00AM - 5:00PM or by appt.
Geographic Area: Kent, Cornwall, Falls Village, Canaan, Sharon, Salisbury, nearby NY and MA
Ages Served: All

**Services offered:** Counseling; short-term shelter, support groups and transportation; violence prevention and education programs.

**YMCA Camp Sloane**
Daytime Phone: 860-435-2557 Fax: 860-435-2599
124 Indian Mountain Rd., POB 1950, Lakeville CT 06039
Website: [www.campsloane.org](http://www.campsloane.org) Email: info@camp-sloane.org
Geographic Area: Northwest Corner, New England, National & International
Ages Served: 7 - 15
Fee: Call or email for information, financial assistance available

**Services offered:** Day camp ages 1st grade-12, resident camp ages 7-15

**Yankee Gas**
Daytime Phone: 800-989-0900
P.O Box 270., Hartford CT 06141
Website: [www.yankeegas.com](http://www.yankeegas.com)
Geographic Area: Statewide
Ages Served: 18+
Fee: Call or email for information

**Services offered:** Energy assistance, natural gas and other services.
This Community Resource Book was prepared by The United Way of Northwest CT.

All information is subject to change.
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If you know of an organization or community resource to add to this Community Resource Book, please email cheryl@northwestunitedway.org or send us your information to

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