



**United Way
of Northwest Connecticut**

**2016
Community
RESOURCE BOOK**

**Helping our friends and
neighbors in Northwest Connecticut**

Updated January, 2016

Table of Contents

| | |
|---|----|
| 2-1-1 Infoline Northwest Region..... | 8 |
| American Heart Association Heritage Affiliate | 8 |
| American Red Cross CT Region | 8 |
| American Red Cross - Waterbury Area Chapter | 8 |
| Birth to Three Info Line | 9 |
| Breast Pump Supply and Renewal | 9 |
| Bureau of Rehabilitation Services | 9 |
| Camp Jewell-YMCA | 9 |
| Canaan Child Care Center, Inc..... | 9 |
| Care for Kids..... | 9 |
| Catholic Charities | 10 |
| Charlotte Hungerford Hospital | 10 |
| Charlotte Hungerford Hospital - 1) Bridges Child Extended Day Treatment Program | 10 |
| Charlotte Hungerford Hospital - 2) Cardiac Rehabilitation Program..... | 10 |
| Charlotte Hungerford Hospital - 4) Center for Youth and Families | 11 |
| Charlotte Hungerford Hospital - 5) Child Abuse Investigation Team of NW CT | 11 |
| Child Find | 11 |
| Children In Placement..... | 11 |
| Chore Service | 12 |
| Christian Counseling Connection | 12 |
| City of Torrington Dept. of Social Services..... | 12 |
| City of Torrington Elderly Services | 12 |
| City of Torrington Nutrition Meal Center | 12 |
| City of Torrington Parks & Recreation Dept..... | 13 |
| CL&P Energy Assistance | 13 |
| Community Council of Northwest CT..... | 13 |
| Community Food Bank..... | 13 |
| Community Health & Wellness Center of Greater Torrington | 13 |
| Community Mental Health Affiliates | 14 |
| Community Solutions/Torrington AIC..... | 14 |
| Community Soup Kitchen of Torrington, Inc. | 14 |
| Community Systems, Inc. | 14 |

Connecticut Community Care, Inc. 14

Connecticut Junior Republic 15

Connecticut Legal Services..... 15

Connecticut Parent Advocacy Center, Inc..... 15

Connecticut Rivers Council, Inc.BSA 15

Connecticut SIDS Alliance 16

Cornwall Child Center 16

CT Aids Drug Assistance Program 16

CT Bureau of Rehabilitation Services 16

CT Children’s Medical Center..... 16

CT Coalition Against Domestic Violence 16

CT Council on Problem Gambling 16

CT Department of Labor 17

CT Food Bank Mobile Food Pantry..... 17

CT Legal Rights Project..... 17

CT Office of the Child Advocate 17

CT Money School 17

CT Office of Protection & Advocacy..... 17

CT Works Partner of Workforce Connection 18

Department of Children and Families (DCF) 18

Dial A Ride 18

Early Head Start 18

East Coast Assistance Dogs – Educated Canines Assisting with Disabilities 18

Eastern Rehabilitation Network..... 19

Education Connection..... 19

Edward E. Sullivan Senior Center 19

Elder Protection Services 19

Emeritus at Litchfield Hills..... 19

Falls Village Day Care, Inc..... 20

Families in Crisis 20

Family and Children’s Aid..... 20

Family Strides 20

Fatherhood Initiative of CT 20

FAVOR 20

FISH of Northwestern Connecticut 20

Fishes & Loaves 21

Food Stamps (SNAP) 21

Foothills Adult Education 21

Foothills Visiting Nurse, Inc. 21

Forman School 21

Foundation for Community Health 21

Friendly Hands Food Bank 22

Future Foundations..... 22

Geer Nursing and Rehabilitation Center 22

Girl Scouts of CT 22

Gleeson Services 22

Goodwill Career Center..... 23

Goshen Community Care & Hospice, Inc. 23

Greenwoods Counseling Services 23

Habitat for Humanity NWCT 23

Hands of Grace Food Bank..... 23

Happy Days Home Care, Inc..... 24

Head Start – Torrington 24

Head Start - Winsted..... 24

Hilltop Nursery School 24

Hospice of Northwest CT 24

Housatonic Youth Service Bureau..... 24

HUD U.S. Housing..... 25

HUSKY Infoline 25

Juvenile Court, Torrington 25

Kelly Transit..... 25

KinderCare..... 25

La Leche League 25

LARC 25

Learning Disabilities Association of CT..... 26

Litchfield Community Center 26

Litchfield County Head Start 26

Litchfield Hills Council of Elected Officials 26

Litchfield Superior Court 26

Little Guild of St. Francis Animal Shelter 27

Maria Seymour Brooker Memorial, Inc 27

MCAA Trinity Glen..... 27

McCall Foundation 27

Mental Health Association of Conn. 28

Mothers Against Drunk Driving..... 28

Mountainside Alcoholism Treatment Program 28

Narcotics Anonymous 28

New Opportunities..... 28

New Hartford Historical Society..... 29

New Parent Care Line..... 29

Noble Horizons..... 29

Norfolk Senior Housing Corp., Inc..... 29

North American Family Institute..... 29

Northwest CARES 30

Northwest CT Medical Walk-In 30

Northwest Corner Fuel Bank..... 30

Northwest Home Care, Inc..... 30

Northwestern Conn. AIDS Project..... 30

Northwestern CT Dialysis Fund 31

Northwestern Connecticut Council of Governments 31

Northwestern Connecticut YMCA, Inc. 31

Northwestern CT Community College 31

Northwestern CT Transit District 31

Nutmeg Big Brothers, Big Sisters 32

Nutmeg Conservatory for the Arts..... 32

NW CT Transit District..... 32

Office of the Public Defender..... 32

Office of Victims Advocate..... 32

Open Door Soup Kitchen..... 32

Owl's Kitchen..... 32

Planned Parenthood League of CT..... 33

Poison Control..... 33

Police Activities League (PAL) 33

Prime Time House Inc. 33

Salisbury Visiting Nurse Association 33

Salvation Army - Torrington..... 34

Salvation Army, Winsted Service Center 34

Sharon Day Care Center, Inc. 34

Sharon Healthcare Center..... 34

Sharon Historical Society 34

Sharon Hospital..... 35

Social Security Administration 35

St. Maron's Church Hot Dinner Program 35

State of CT Dept. of Social Services..... 35

Supportive Housing..... 35

Susan B. Anthony Project, Inc. 36

The Center for Human Development..... 36

The Chamber of Commerce of NW CT..... 36

The Community Mission 36

The Workman..... 37

Torrington Affordable Housing, Inc. 37

The Community Foundation of Northwest CT, Inc. 37

Torrington Area Health District..... 37

Torrington Child Care Center 37

Torrington Early Childhood Collaborative..... 38

Torrington Historical Society, Inc. 38

Torrington Housing Authority 38

Torrington Library 38

Torrington Preschool Center..... 38

Torrington Youth Service Bureau..... 39

Town of Cornwall Social Services..... 39

Town of Falls Village Social Services 39

Town of Kent Social Services..... 39

Town of Litchfield Social Services 39

Town of Norfolk Social Services 39

Town of North Canaan Social Service 40

Town of Salisbury Social Services..... 40

Town of Sharon Social Services..... 40

Town of Warren Social Services..... 40

Town of Winsted Recreation Dept..... 40

Tri-State Chamber of Commerce 40

UConn Health Center 40

United Way of Northwest Conn..... 41

USO of Metropolitan New York 41

Valerie Manor 41

Veterans Service Office 41

VNA Northwest, Inc..... 41

Visiting Nurse Services of Conn.(Torrington)..... 41

VITA 42

Vogel Wetmore Family Resource Center 42

Warner Theater..... 42

Wellspring Foundation..... 42

Western CT Area Agency on Aging 42

Western Connecticut Mental Health Network - Torrington..... 43

Winchester Housing Authority..... 43

Winchester Youth Service Bureau 43

Winsted Area Child Care 43

Wisdom House Retreat & Conference Center 43

Wolcott Hall 44

Women`s Support Services 44

YMCA Camp Sloane..... 44

Yankee Gas..... 44

2-1-1 Infoline Northwest Region

Daytime Phone: 203-759-2014 Fax: 203-759-2014

1344 Silas Deane Highway, Rocky Hill CT 06067

Website: www.211ct.org

Days and hours of Operation: 24/7

Geographic Area: Statewide

Ages Served: All

Services offered: Basic Needs program for food, shelter & clothing; referral service for child care, emergencies, energy, healthcare, legal, financial and many other types of help.

American Heart Association Heritage Affiliate

Daytime Phone: 203-294-0088 Fax: 203-294-3577

PO Box 5022, Wallingford CT 06492

Website: www.americanheart.org

Days and hours of Operation: M-F 8:30AM - 4:30PM

Geographic Area: Connecticut

Ages Served: All

Services offered: CPR and ECC Classes, Health Fairs, Research Fund Raising, Jump Rope/Hoops for Heart School Fund raising, General Heart Health Information, Stroke Information.

American Red Cross CT Region

Daytime Phone: 860-678-4312, Fax: 860-678-5461

209 Farmington Ave., Farmington CT 06032

Website: www.ctredcross.org

Days and hours of Operation: M-F 8:30AM - 4:30PM, 24/7 for Emergency

Geographic Area: Parts of Litchfield

Ages Served: All

Fee: Various to \$0.00

Services offered: Immediate relief to those affected by disasters and emergencies; emergency messaging to members of armed forces; Prepare Connecticut campaign; blood collection; CPR, First Aid and water safety training.

American Red Cross - Waterbury Area Chapter

Daytime Phone: 860-482-8182 Fax: 860-482-2835

21 Prospect Street-Unit B, Torrington CT 06790

Satellite Offices: Chapter Office located 64 Holmes Avenue Waterbury 06710

Website: www.ctredcross.org/wtbyarea Email: torrington@Ctredcross.org

Days and hours of Operation: M-F 8:30AM - 4:30 PM

Geographic Area: Morris, Litchfield, Harwinton, Cornwall, Torrington, Goshen

Ages Served: All Ages

Fee: Various to \$0.00

Services offered: Disaster Preparedness Classes; Health & Safety Courses (CPR (Adult, Infant, Child) Pet First Aid, First Aid, CT Childcare; AED; Water Safety; Babysitting Etc.) Armed Forces Emergency Services; Disaster Services (Damage Assessment, Disaster Action teams) Blood Drives (Setup & Execution)

Birth to Three Info Line

Daytime Phone: 800-505-7000
1344 Silas Deane Highway, Rocky Hill, CT 06067
Website: www.ctunitedway.org

Breast Pump Supply and Renewal

Daytime Phone: 860-489-5511
110 East Main Street, Torrington, CT 06790

Bureau of Rehabilitation Services

Daytime Phone: 860-496-6990 Fax: 860-496-6978
62 Commercial Blvd., Torrington CT 06790
Satellite Offices: 249 Thomaston Ave., Waterbury
Days and hours of Operation: M-F 8:00AM - 4:30PM
Geographic Area: Northwest CT
Ages Served: 15 +

Fee: Eligibility criteria

Services offered: Vocational rehabilitation; career counseling and guidance to help people with disabilities obtain and retain employment.

Camp Jewell-YMCA

Daytime Phone: 860-379-2782 Fax: 860-379-8715
6 Prock Hill Rd., POB 8, Colebrook CT 06021
Website: www.ghymca.org Email: campjewell@ghymca.org
Days and hours of Operation: M-F 8:30AM - 5:00PM
Geographic Area: Connecticut, surrounding states
Ages Served: All
Fee: Various to \$0.00

Services offered: Child care for Colebrook school district, camping and outdoor education programs for children, schools, and retreats.

Canaan Child Care Center, Inc.

Daytime Phone: 860-824-0597 Fax: 860-824-0597
20 Whiting Dr., P.O.Box 811, Canaan CT 06018-0811
Days and hours of Operation: M-F 6:30AM - 5:00PM
Geographic Area: Litchfield Cty, S. Berkshire Cty, MA, & Dutchess Cty, NY
Ages Served: 3 to 11 yrs

Services offered: School readiness programs; Before and after school programs for toddlers, preschoolers and school age children in a safe environment.

Care for Kids

Daytime Phone: 800-214-5437
1344 Silas Deane Highway, Rocky Hill, CT 06067
Website: www.ctcare4kids.com

Services offered: Care for low to moderate income families to pay for child care.

Catholic Charities

Daytime Phone: 860-482-5558 Fax: 860-489-2984

132 Grove Street, Torrington CT 06790

Website: www.cccfs.org

Days and hours of Operation: M-F 9:00AM - 5:00PM, evenings by appt.

Geographic Area: Northwest CT

Ages Served: 12 and up

Fee: Sliding scale, Medicaid, insurance

Services offered: Behavioral health counseling, parent education, corrections for ex-offenders, employee assistance, juvenile mental health treatment.

Charlotte Hungerford Hospital

Daytime Phone: 860-496-6544 Fax: 860-482-8627

540 Litchfield Street, POB 988, Torrington CT 06790

Website: www.charlottehungerford.org

Days and hours of Operation: 24/7, year round

Geographic Area: Northwest CT

Ages Served: All

Fee: Various to \$0.00

Services offered: Services including but not limited to: ambulatory, behavioral health, cancer, cardiac, diabetes and emergency care; imaging and diagnostics, medical walk-in, disease management, emergency services.

Charlotte Hungerford Hospital - 1) Bridges Child Extended Day Treatment Program

Daytime Phone: 860-496-0542 Fax: 860-496-8247

241 Kennedy Dr., Torrington CT 06790

Days and hours of Operation: M-F 8:30AM - 5:30PM

Geographic Area: Northwest CT

Ages Served: 6 - 12 years

Fee: Insurance and sliding fee scale

Services offered: Intensive counseling for children 6 - 12 years old.

Charlotte Hungerford Hospital - 2) Cardiac Rehabilitation Program

Daytime Phone: 860-496-6536 Fax: 860-496-9959

540 Litchfield St., PO Box 988, Torrington CT 06790

Satellite Offices: Winsted Health Center

Email: lwallace@hungerford.org

Days and hours of Operation: M-F 8:00AM - 4:30PM

Geographic Area: Northwest CT

Ages Served: Adults

Fee: Insurance reimbursement

Services offered: Cardiac education, cholesterol screening, exercise classes, diagnostic and stress testing, monitoring.

Charlotte Hungerford Hospital - 3) KidHelp Northwest Mobile Psychiatric Services

Daytime Phone: 1-866-543-2774 Fax: 860-489-2604

1061 East Main St., Torrington CT 06790

Email: tnarducci@hungerford.org

Days and hours of Operation: 24/7

Geographic Area: Northwest CT

Ages Served: 2 - 17 years

Fee: By service, third party, sliding fee

Services offered: Mobile crisis services for youth ages 2 - 17; emergency assessments, crisis intervention, grief counseling and referral.

Charlotte Hungerford Hospital - 4) Center for Youth and Families

Daytime Phone: 860-489-3391 Fax: 860-489-2604

1061 East Main St., Torrington CT 06790

Email: tnarducci@hungerford.org

Days and hours of Operation: M, W 8:30AM - 9:00PM; T, Th, F 8:30AM - 5:00PM

Geographic Area: Northwest CT

Ages Served: 3 - 17 years

Fee: By service, third party, sliding fee

Services offered: Outpatient counseling, services for children, adolescents and their families; individual, family and group counseling; psychiatric evaluation, medication management and psychological testing; mobile crisis services, parent and community education.

Charlotte Hungerford Hospital - 5) Child Abuse Investigation Team of NW CT

Daytime Phone: 860-489-3391 Fax: 860-489-2604

1061 East Main St. , Torrington CT 06790

Days and hours of Operation: M-F 8:30AM - 5:00PM

Geographic Area: Northwest CT

Ages Served: 5 - 17 years

Fee: None

Services offered: Dedicated to assisting children and their families who have been victims of sexual and physical abuse.

Child Find

Daytime Phone: 860-489-2327 ext. 38

Services offered: Torrington Public Schools childhood early intervention

Children In Placement

Daytime Phone: 860-489-0201 Fax: 860-489-8153

410 Winsted Rd., Torrington CT 06790

Email: children.in.plcmnt@snet.net

Geographic Area: Statewide

Services offered: Private, non-profit organization to help abused and neglected children into safe homes through welfare, juvenile, and probate court systems; volunteer monitors talk to service providers and attend court hearings; Guardians Ad Litem visit monthly with children and family.

Children's Law Center of CT

Daytime Phone: 860-232-9993

30 Arbor Street, Hartford, CT 06106

Website: www.clcct.org

Services offered: Legal representation for children in family court, mediation and parent education regarding custody and visitations.

Chore Service

Daytime Phone: 860-435-7199 Fax: 860-492-0730

POB 385, Sharon CT 06069

Website: www.choreservice.org

Email: heather@choreservice.org

Days and hours of Operation: Weekdays 9:00AM - 4:00PM

Geographic Area: Canaan, Cornwall, Falls Village, Kent, Norfolk, Salisbury, Sharon,

Ages Served: Elderly and handicapped

Fee: Suggested contribution based on monthly income

Services offered: Housekeeping, shopping, laundry, cooking, yard maintenance, minor home repairs.

Choreworkers do not provide personal care.

Christian Counseling Connection

Daytime Phone: 860-626-1112

273 Migeon Avenue, Torrington, CT 06790

City of Torrington Dept. of Social Services

Daytime Phone: 860-489-2218 Fax: 860-489-2246

City Hall - 140 Main Street, Torrington CT 06790

Website: www.torringtonct.org

Days and hours of Operation: M,T,W 8:30AM - 4:00PM; Th 8:30AM - 6:30PM; F 8:30AM - 12:30PM

Geographic Area: City of Torrington

Ages Served: All

Services offered: Identifies needs, makes referrals, provides case management; manages city's responsibility for evictions including storage and unclaimed items; administers employment readiness program for eligible food stamp recipients referred by CT Dept. Social Services.

City of Torrington Elderly Services

Daytime Phone: 860-489-2211 Fax: 860-489-2529

88 East Albert Street, Torrington CT 06790

Email: seniorcenter@torringtonct.org

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Torrington area

Ages Served: Senior

Services offered: Wide variety of programs: health clinics, recreation, travel, classes, assistance.

City of Torrington Nutrition Meal Center

Daytime Phone: 860-489-2211 Fax: 860-489-2529

88 East Albert Street, Torrington CT 06790

Email: seniorcenter@torringtonct.org

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Torrington area

Ages Served: Senior

Services offered: Meals-On-Wheels, nutrition education.

City of Torrington Parks & Recreation Dept.

Daytime Phone: 860-489-2274 Fax: 860-489-2588

153 South Main St., Torrington CT 06790

Website: www.torringtonct.org

Days and hours of Operation: M-F 9:00AM - 4:30PM

Geographic Area: Torrington

Ages Served: 2 +

Fee: Various to \$0.00

Services offered: Facilities for youth and adult groups; assist other non-profits; get information to public.

CL&P Energy Assistance

Daytime Phone: 800-989-0900

P.O. Box 270, Hartford, CT

Website: www.cl-p.com

Services offered: Winter shut off protection and payment plans

Community Council of Northwest CT

Daytime Phone: 860-330-0006 Fax: 860-379-1328

c/o 480 Main Street, Winsted CT 06098

Satellite Offices: 333 Kennedy Dr., Torrington

Contact: Jeanne Fusco, (860) 489-3798 x.313

Days and hours of Operation: First Thursday of month

Geographic Area: Northwest CT

Fee: Individual \$10; Agency - \$30

Services offered: Members meet monthly; assist new human service agencies; advocate member agency services

Community Food Bank

Daytime Phone: 860-379-2157

POB 181, Pleasant Valley CT 06063

Days and hours of Operation: M 6:00PM - 8:00PM, Th 2:00PM - 4:00PM

Geographic Area: Barkhamsted, New Hartford

Ages Served: All

Fee: None

Services offered: Food bank for any Barkhamsted or New Hartford resident.

Community Health & Wellness Center of Greater Torrington

Daytime Phone: 860-489-0931

469 Migeon Avenue, Torrington CT 06790

Website: www.chwctorr.org

Days and hours of Operation: M,W, Thu, & F 8:00AM-6:00 PM; Tue 8:00AM-8:00PM; 1st & 3rd Sat 8:00AM-1:00PM

Geographic Area: Litchfield County

Ages Served: Infant to elderly

Fee: Sliding fee scale to those who qualify

Services offered: Primary health care services to low and middle income residents, including dental exams and behavioral health to our medical patients.

Community Mental Health Affiliates

Torrington Office: 100 Commercial Boulevard

Website: www.cmhacc.org

Days and hours of Operation: M-F 8AM - 8PM, T-Th 8AM - 6PM; Fri 8AM-5PM

Geographic Area: Litchfield County

Ages Served: All

Fee: Sliding scale

Services offered: Outpatient Behavioral Health services for children and adults; Child Guidance Clinic; Foster Care Children's Clinic; Early Childhood Consultation; Community Support Program; Parent Education Program; Focus on Kids; Employee Assistance Service; Families in Crisis Program; Family Enrichment Services.

Community Solutions/Torrington AIC

Daytime Phone: 860-496-0111 Fax: 860-496-0812

41 East Main Street, Torrington CT 06790

Geographic Area: All of Connecticut

Ages Served: 18 +

Services offered: Servicing clients referred from the Office of Adult Probation and Pre-trial clients referred from the criminal justice system. Evaluation services include: Treating Addictive Disorders (TAD), Reasoning and Rehabilitation (R&R), Employment Services, Job Development, and Community Service.

Community Soup Kitchen of Torrington, Inc.

Daytime Phone: 860-482-0130

220 Prospect St., P.O. Box 852, Torrington CT 06790-0852

Website: www.torringtonsoupkitchen.com

Days and hours of Operation: M-S 11:30-12:30 Sun 1-2 Meal Time (7:30-1:30 M-F)

Geographic Area: Greater Torrington Area

Ages Served: All Ages Mostly Adults

Fee: N/A

Services offered: Daily hot meal service; Resource people are present to help clients; Extra bread/bakery items are distributed if we have an excess.

Community Systems, Inc.

Daytime Phone: 860-482-2887 Fax: 860-482-2468

295 Alvord Park Rd, Torrington CT 06790

Webpage: www.communitysystems.org

Email: info@csi-ct.org

Services offered: Helping persons with disabilities.

Connecticut Community Care, Inc.

Daytime Phone: 203-596-4800 Fax: 203-596-4809

150 Mattatuck Heights, Waterbury CT 06705

Website: www.ctcommunitycare.org

Days and hours of Operation: M-F 8:30AM - 4:30PM

Geographic Area: 43 towns in Northwest CT

Ages Served: 65 + and disabled

Fee: State funded and fee-for-service

Services offered: Statewide, private, non-profit care management organization, dedicated to assisting older adults and disabled individuals to remain at home. Helps people understand options, find community services,

budget finances; private care and telephone consultation services available on fee-for-service basis for clients, families and caregivers who do not meet criteria for Home Care Program for Elders.

Connecticut Junior Republic

Daytime Phone: 860-567-9423 x. 254 Fax: 860-567-8127

550 Goshen Rd., P.O. Box 161, Litchfield CT 06759

Satellite Offices: E. Hartford, Hartford and Waterbury

Website: www.ctjuniorrepublic.org Email: cjhr@snet.net

Days and hours of Operation: 24/7

Geographic Area: Statewide

Ages Served: 12 - 16 yrs.

Fee: Depends on level of service

Services offered: Providing treatment, education and family support for troubled youth so they can become productive members of their communities - residential treatment (Litchfield), group home (E. Hartford), prevention programs (Danbury, Hartford and Waterbury), statewide family services and aftercare.

Connecticut Legal Services

Daytime Phone: 800-413-7797 Fax: 203-754-0504

85 Central Avenue, Waterbury CT 06702

Website: www.connlegalservices.org

Days and hours of Operation: M-F 9:00AM - 5:00PM

Geographic Area: Entire state except Hartford and New Haven area

Ages Served: All

Fee: None

Services offered: Legal representation and advice to low income people with civil legal problems.

Connecticut Parent Advocacy Center, Inc.

Daytime Phone: 1-800-445-2722 Fax: 860-739-7460

338 Main Street, Niantic CT 06357

Satellite Offices: Fair Haven Health Center 374 Grand Avenue, Fair Haven, CT 06513

Website: www.cpacinc.org Email: cpac@cpacinc.org

Days and hours of Operation: M-F 8:00AM-4:00PM

Geographic Area: Statewide

Ages Served: 0-21

Fee: Free for Parents

Services offered: Statewide, nonprofit information and support to families of children with any disability or chronic illness. Conducts in-service presentations for schools, teachers-in-training and service providers throughout the state so that they may better understand and serve the parents with whom they work. Works with families over the phone, presents workshops for families around the state as well as providing families with fact sheets, information and a quarterly newsletter.

Connecticut Rivers Council, Inc.BSA

Daytime Phone: 860-482-6615 Fax: 860-290-8860

Address: 60 Darlin St., E. Hartford, CT 06128

Website: www.ctrivers.org

Geographic Area: Litchfield County

Ages Served: 7 - 20 yrs.

Fee: \$10

Services offered: Boy Scouting; special needs scouting for disabled boys; adventure and leadership programs.

Connecticut SIDS Alliance

Daytime Phone: 877-787-9146
350 Webbs Hill Road, Stamford, CT 06903
Website: www.sids-network.org Email: ctsids@aol.com
Days and hours of Operation: 24/7
Geographic Area: All of Connecticut
Ages Served: All

Services offered: Support groups, family service packages to new parents of SIDS and stillbirth, one on one support with a trained professional, educational material on safe sleep, free training to daycare providers, EMTs and professionals.

Cornwall Child Center

Daytime Phone: 860-672-6989 Fax: 860-672-6989
8 Cream Hill Rd., West Cornwall CT 06796
Days and hours of Operation: M-F 7:30AM - 5:30PM
Website: www.cornwallchildcenter.org
Geographic Area: Cornwall and surrounding area
Ages Served: 2 yrs. 9 mo. - 8 yrs.

Fee: Sliding scale based on family income

Services offered: Educational programs; 1st & 2d grade before school care; before & after kindergarten; after school enrichment programs; 1 week summer activity program.

CT Aids Drug Assistance Program

Daytime Phone: 800-233-2503
25 Sigourney Street, Hartford, CT 06106
Website: www.ct.gov/cadap
Services offered: Assists with cost of HIV medication

CT Bureau of Rehabilitation Services

Daytime Phone: 860-496-6990
62 Commercial Boulevard, Torrington, CT 06790
Website: www.ct.gov/brs

CT Children's Medical Center

Daytime Phone: 860-545-9000
282 Washington Street, Hartford, CT 06106
Website: www.connecticutchildrens.org

CT Coalition Against Domestic Violence

Daytime Phone: 860-282-7899
90 Pitkin Street, East Hartford, CT
Website: www.ctcadv.org
Services offered: Provides shelter and support to victims of domestic violence.

CT Council on Problem Gambling

Daytime Phone: 888-789-7777
16 West Main Street, Clinton, CT 06413
Website: www.ccpog.org

CT Department of Labor

Daytime Phone: 203-574-6971

Torrington Satellite Office: 685 Main Street, Torrington CT 06790-0627

Hub Office: 249 Thomaston Ave., Waterbury, CT 06702

Website: <http://www.ctdol.state.ct.us/>

Geographic Area: Northwest CT

Services offered: Employee training; information about apprenticeships; job fairs.

CT Food Bank Mobile Food Pantry

Daytime Phone: 860-482-4705

CT Legal Rights Project

Daytime Phone: 860-262-5030

CT Office of the Child Advocate

Daytime Phone: 860-566-2106

99 Asylum Street, 1st Floor, Hartford, CT 06105

Website: www.ct.gov/oca/site/default.asp

Service offered: Advocates for protection and care of vulnerable and young citizens

CT Money School

Daytime Phone: 860-951-2212 ext. 230

Website: www.ctmoney.org

Services offered: Free financial education for adults and seniors

CT Office of Protection & Advocacy

Daytime Phone: 860-297-4300

60B Weston Street, Hartford, CT 06120

Website: www.ct.gov/OPAPD/site/default.asp

CT Parent Advocacy Center (CPAC)

Daytime Phone: 860-739-3089

Website: www.cpacinc.org

Services offered: Information and support to families of children with any disability or chronic illness, age birth to 26.

CT Parent Power

Daytime Phone: 203-654-7958

1010 Bartholomew Avenue, Hartford, CT 06106

Website: www.ctparentpower.org

Services offered: Statewide family advocacy

CT Union Disability Action Groups

Daytime Phone: 860-257-4371

151 New Park Avenue, Hartford, CT 06106

CT Women's Education and Legal Fund

Daytime Phone: 860-524-0601

75 Charter Oak Avenue, Suite #1-300, Hartford, CT 06106

Website: www.cwealf.org

Services offered: Statewide nonprofit organization; referral and advocacy for women.

CT Works Partner of Workforce Connection

Daytime Phone: 860-496-3300

K-Mart Plaza, 685 Main Street, Torrington, CT 06790

Website: www.nrwib.org

Department of Children and Families (DCF)

Daytime Phone: 860-496-5700

62 Commercial Boulevard, Torrington, CT 06790

Website: www.ct.gov/dcf

Dial A Ride

Daytime Phone: 866-906-7433

Early Head Start

Daytime Phone: 860-626-8201 Fax: 860-489-8546

355 Main St., POB 909, Litchfield CT 06759

Satellite Offices: 57 Forest Court, Torrington, CT 06790

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Litchfield County, Torrington & Winsted

Ages Served: Children from birth to five years and pregnant women.

Fee: None

Services offered: Prenatal to Five Program offers prenatal care, health, parent engagement, education and social services provided through home visits and socialization; Three to Five Program offers education, health, parent engagement and social services provided through full and part time early childhood services.

East Coast Assistance Dogs – Educated Canines Assisting with Disabilities

Daytime Phone: 860-489-6550 or 914-693-0600 ext. 1950 Fax: 914-231-9333

149 Newfield Road, Torrington CT 06790 (physical address)

89 Putnam Park Road, Bethel, CT 06801 (mailing address)

Satellite Offices: Dobbs Ferry, NY

Website: www.ecad1.org Email: info@ecad1.org

Days and hours of Operation: CT: M-F 9AM-5PM, Sat & Sun 9AM-4PM; New York: M-T 9AM - 5PM

Geographic Area: New England

Services offered: ECAD's mission is to educate and place Assistance Dogs that help adults, children and veterans with disabilities gain independence and mobility. The Home for the Weekend Program places our dogs in volunteer homes during the weekends and holidays to learn house manners. A Youth Volunteer Program for 11-14 year olds teaches them about the education and care of our dogs. Other volunteer opportunities are available. Summer camp for kids runs from July-August. We welcome and encourage families and individuals of all ages to get involved.

Eastern Rehabilitation Network

Daytime Phone: 860-496-6154 Fax: 860-489-4647

333 Kennedy Dr., Ste. 202, Torrington CT 06790

Website: www.harthosp.org

Days and hours of Operation: M-F 8:00AM - 7:00PM

Geographic Area: Northwest CT

Ages Served: All

Fee: N/A

Services offered: Physical, occupational and speech therapy; sports medicine; massage therapy; athletic and balance training; many other types of therapies and rehabilitation services.

Education Connection

Daytime Phone: 860-567-0863 Fax: 860-567-3381

355 Goshen Rd., POB 909, Litchfield CT 06759-0909

Website: www.educationconnection.org

Days and hours of Operation: M-F 8:30AM - 4:30PM and by appt.

Geographic Area: Bethlehem, Bridgewater, Goshen, Harwinton, Litchfield, Morris, New Milford, Plymouth, Roxbury, Terryville, Thomaston, Torrington, Warren, Washington, Winchester.

Ages Served: Birth to Age 3

Fee: Primary insurance, Medicaid, or sliding fee scale

Services offered: SEED (Services for Early Education & Development) program: meets development and related needs of infants and toddlers with development delays or disabilities; early intervention services in home or community environment.

Edward E. Sullivan Senior Center

Daytime Phone: 860-489-2211 Fax: 860-489-2529

88 East Albert Street, Torrington CT 06790

Email: seniorcenter@torringtonct.org

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Torrington area

Ages Served: Seniors

Fee: N/A

Services offered: Assistance programs, 55 Alive Driving, arts and crafts, recreation, health clinics, transportation.

Elder Protection Services

Daytime Phone: 888-385-4225

Emeritus at Litchfield Hills

Daytime Phone: 860-489-8022 Fax: 860-489-5200

376 Goshen Road, Torrington CT 06790

Website: www.emeritus.com

Fees: Varies

Services offered: A Senior Residential and Assisted Living Community.

Falls Village Day Care, Inc.

Daytime Phone: 860-824-0882 Fax: 860-824-8195

35 Page Rd., PO Box 261, Falls Village CT 06031

Email: fvdc35@aol.com

Days and hours of Operation: M-F 7:15AM - 5:15PM

Geographic Area: Falls Village, surrounding towns, Dutchess Cty New York and Southern Berkshire Cty MA

Ages Served: 3 mo. - 10 yrs.

Fee: Depends on program choice

Services offered: Preschool, before and after school care; field trips; development programs; free trips to libraries; cooking projects; weekly VNA visits; music, and much more.

Families in Crisis

Daytime Phone: 203-573-8656

232 North Elm Street, #2, Waterbury, CT 06708

Website: www.familyservicesgw.org

Family and Children's Aid

Daytime Phone: 860-482-6085

387 Litchfield Street, Torrington, CT 06790

Website: www.fcaweb.org

Family Strides

Daytime Phone: 860-482-3236 Fax: 860-482-3238

350 Main St., Suite D, Torrington CT 06790

Email: www.familystrides.org

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Northwest CT

Ages Served: Children from birth to five years and pregnant women.

Fee: None

Services offered: Programs include: home visits for first-time parents, help in applying for HUSKY, parenting course for fathers, and income-based WIC nutritional information.

Fatherhood Initiative of CT

Daytime Phone: 866-628-3237

FAVOR

Daytime Phone: 860-563-3232

2138 Silas Deane Highway, Rocky Hill, CT 06067

Website: www.favor-ct.org

Services offered: Statewide family advocacy

FISH of Northwestern Connecticut

Daytime Phone: 860-482-3790 Fax: 860-489-4807

332 South Main St, Torrington CT 06790

Web: www.fishnwct.org

Days and hours of Operation: M-F 9:00AM - 5:00PM, Shelter is 24/7 year-round

Geographic Area: Greater Torrington and Litchfield County

Ages Served: All

Fee: None

Services offered: Emergency shelter, food pantry, Operation Fuel, free clothing, household goods as available, volunteer opportunities, holiday programs.

Fishes & Loaves

Daytime Phone: 860-824-8053

20 Carlson Rd., POB 306, North Canaan CT 06018

Days and hours of Operation: M-F 8:00AM - 12:00PM

Geographic Area: Canaan, Falls Village, Norfolk

Ages Served: All

Services offered: Food is donated to the needy one day a week.

Food Stamps (SNAP)

Daytime Phone: 860-496-6900

62 Commercial Boulevard, Torrington, CT 06790

Website: www.ct.gov/dss/cwp/view

Foothills Adult Education

Daytime Phone: 860-567-0863

115 Major Besse Drive, Torrington, CT 06790

Foothills Visiting Nurse, Inc.

Daytime Phone: 860-379-8561 Fax: 860-738-7479

32 Union Street, Winsted CT 06098

Email: homecare@foothillsvna.org

Days and hours of Operation: 24/7

Geographic Area: Northwest Connecticut

Ages Served: All

Fee: Most insurance accepted

Services offered: State licensed & Medicare certified home health care including nursing, physical, occupational and speech therapy, blood pressure and cholesterol screenings, flu vaccines, and much more.

Forman School

Daytime Phone: 860-567-8712

12 Norfolk Rd., Litchfield CT 06759

Services offered: Grades 9-12, Enrollment 170, Students per Teacher -2.8, School type Special Education, Student Body Coed Affiliation, Nonsectarian ,Association: National Association of Independent Schools (NAIS), The Association of Boarding Schools (TABS), Other School associations(s).

Foundation for Community Health

Daytime Phone: 860-364-5157 Fax: 860-364-6097

478 Cornwall Bridge Road, Sharon CT 06069

Website: www.fchealth.org Email: nancy@fchealth.org

Geographic Area: CT - Canaan, Cornwall, Falls Village, Goshen, Lakeville, Norfolk, Salisbury and Sharon; NY area bordering Northwest CT

Services offered: Philanthropic grant-making organization that works to improve the physical and mental health of area historically served by Sharon Hospital.

Friendly Hands Food Bank

Daytime Phone: 860-482-3338 Fax: 860-626-8661
50 King St., Torrington CT 06790
Email: friendlyhands@optonline.net
Days and hours of Operation: M-F 9:30AM - 4:00PM
Geographic Area: Litchfield County
Ages Served: All

Services offered: Non-perishable and perishable food items; coats for all ages, backpacks and school supplies, holiday program. All services are available to clients of Friendly Hands.

Future Foundations

Daytime Phone: 860-489-7222
21 Fern Drive, Torrington, CT 06790

Services offered: Full day care for ages 5 to school age, before and after care.

Geer Nursing and Rehabilitation Center

Daytime Phone: 860-824-5137 Fax: 860-824-1474
99 South Canaan Rd., Canaan CT 06018
Website: www.geercares.org
Days and hours of Operation: 24/7
Geographic Area: Northwest Connecticut
Ages Served: 16 +
Fee: Various to \$0.00

Services offered: Skilled nursing care, post acute care, in-patient and out-patient rehabilitation, adult day care, onsite pharmacy, IV therapy, respiratory therapy, meal plans, recreation, and transportation to medical appointments.

Girl Scouts of CT

Daytime Phone: 860-482-4495 Fax: 860-489-8936
171 Grandview Avenue, Suite 102, Waterbury, CT 06708
Website: www.gsocfct.org
Geographic Area: Connecticut
Ages Served: Girls 5-17 yrs.

Services offered: Leadership development, camp, STEM (Science, Technology, Engineering & Math), healthy living, anti-bullying, travel, and more.

Gleeson Services

Daytime Phone: 860-489-4104 Fax: 860-489-4105
258 Prospect St., P.O. Box 206, Torrington CT 06790
Days and hours of Operation: 24/7
Geographic Area: Litchfield County
Ages Served: All
Fee: Various to \$0.00

Services offered: Funerals, burials, anatomical donations, Title 19 programs, veteran affairs, print and video support library.

Goodwill Career Center

Daytime Phone: 860-489-8670

1849 East Main St., Torrington CT 06790

Website: www.gwct.org/career-centers

Email: info@gwct.org

Geographic Area: Northwest Corner

Ages Served: All Ages.

Services offered: Free services: Help with resumé, computer skills, job search techniques, workshops.

Days and hours of Operation: M-F 10:00AM – 2:00PM; 2:30PM – 6:00PM.

Goshen Community Care & Hospice, Inc.

Daytime Phone: 860-491-4673

5 Old Middle Street, PO Box 202, Goshen CT 06756-0202

Website: www.goshencc-h.org

Days and hours of Operation: Tues. 9:00AM - Noon; Pager

Geographic Area: Goshen

Ages Served: All

Services offered: Transportation, prescription pick up, arranges agency services, visits, phone calls, after respite care for primary care giver, shopping, assistance with bereavement.

Greenwoods Counseling Services

Daytime Phone: 860-567-4437 Fax: 860-567-0300

25 South St., P.O. Box 1549, Litchfield CT 06759-1549

Website: www.greenwoodsreferrals.org

Days and hours of Operation: M-T 8:00AM - 5:00PM; evenings by appointment

Geographic Area: Litchfield County and Northern Fairfield County

Ages Served: All

Fee: Donations or Insurance

Services offered: Greenwoods is a nonprofit organization whose mission is to ensure access to quality, affordable mental health care. Offers personal diagnostic assessments and carefully matched referrals to private practice mental health clinicians. Most insurance plans are accepted, including Medicaid and Medicare. There is no fee for assessment of the uninsured or in cases where insurance doesn't cover services. Subsidies are sometimes available. Greenwoods also offers care coordination services to ensure that clients are appropriately matched with a clinician and are happy with their care.

Habitat for Humanity NWCT

Daytime Phone: 860-435-4747

263 Main Street, 2d floor, Lakeville, CT 06039

Website: www.habitatnwct.org

Hands of Grace Food Bank

Daytime Phone: 860-738-0299

433 Main Street, New Hartford, CT 06057

Mailing address: St. Lutheran's Church, 30 Prospect St. New Hartford, CT 06057

Email: kevin_mongeau@yahoo.com

Days and hours of Operation: M-W 11:00AM – 4:00PM

Geographic Area: New Hartford

Ages Served: All Ages.

Services offered: Food pantry.

Happy Days Home Care, Inc.

Daytime Phone: 860-496-9105
31 Tara Drive, Torrington, CT 06790
Services offered: Birth to age 5

Head Start – Torrington

Daytime Phone: 860-482-5286
57 Forest Court, Torrington, CT 06790
Services offered: Full and part-time preschool with health, educational and parent components

Head Start - Winsted

Daytime Phone: 860-379-3123 Fax: 860-379-3123
95 North Main St., Winsted CT 06098
Email: michellegray50@msn.com
Days and hours of Operation: M-F 8:30AM - 12:30PM
Geographic Area: Northwest Corner
Ages Served: 3 - 5 yrs.
Services offered:
Any family on HUSKY or food stamps meets eligibility; home visits for families with social service needs; monthly parent meetings.

Hilltop Nursery School

Daytime Phone: 860-482-3727
837 Charles Street, Torrington, CT 06790
Website: www.stpaulstorrington.com
Services offered: Part time day care, ages 3-5 years.

Hospice of Northwest CT

Daytime Phone: 860-364-1796 Fax: 860-364-9830
One Low Road, POB 625, Sharon CT 06069
Email: hospicenw@umh.org
Days and hours of Operation: M-W, F 10:00AM - 6:00PM
Geographic Area: Northwest CT and Northeast Dutchess County, NY
Ages Served: All except pediatrics
Services offered: Volunteers visit in homes, nursing homes, hospitals; drive people to doctor appointments; works with local visiting nurse associations to provide volunteers for hospice patients; volunteer training is provided.

Housatonic Youth Service Bureau

Daytime Phone: 860-824-4720 Fax: 860-824-0862
246 Warren Tpke., P.O. Box 356, Falls Village CT 06031
Website: www.hysb.org
Days and hours of Operation: M-F 8:30AM - 5:00PM Evenings by appt.
Geographic Area: Kent, Cornwall, Salisbury, Sharon, Falls Village, N. Canaan
Ages Served: 0-21 and/or family members

Services offered: Crisis intervention, resource referral, short-term counseling, parenting classes; Community Action Team Against Underage Drinking; Adventure Education program for teen boys; Defensive Driving at Lime Rock for high school seniors; Empowering Young Women project for girls in grades 6-12.

HUD U.S. Housing

Daytime Phone: 860-482-1136
Summer Street, Torrington, CT 06790

HUSKY Infoline

Daytime Phone: 877-284-8759
P.O. Box 280747, East Hartford, CT 06108
Website: www.huskyhealth.com

Juvenile Court, Torrington

Daytime Phone: 860-489-0201
410 Winsted Road, Torrington, CT 06790
Website: www.jud.ct.gov/directory/directions/juvenile/torrington.htm

Kelly Transit

Daytime Phone: 860-489-9243 Fax: 860-496-9780
30 Railroad Square, Torrington CT 06790
Website: www.kellytransit.com
Days and hours of Operation: 8:00am-4:00 pm
Geographic Area: Litchfield County
Ages Served: 16 +
Fee: \$ Different fees

Services offered: Kelly Transit offers charter services, airport transportation, wedding transportation, shuttle & convention transportation services, school field trip transportation, group tours, public transportation management services, casino transportation.

KinderCare

Daytime Phone: 860-496-8687
1260 Winsted Road, Torrington, CT 06790
Website: www.kindercare.com

La Leche League

Daytime Phone: 860-283-8656
Website: www.lli.org

LARC

Daytime Phone: 860-482-9364 Fax: 860-489-2492
314 Main Street, Torrington CT 06790
Website: www.litchfieldarc.org Email: lcassella@litchfieldarc.org
Days and hours of Operation: 7:30am-4:30 pm
Geographic Area: Litchfield County
Ages Served: Child - Retirement
Fee: N/A

Services offered: Vocational, residential and day support programs for individuals with intellectual and developmental disabilities, including autism; Recreation, Social Enrichment, and Special Olympics; School to

Community Transition Program for young adults aged 18-21; Camp Moe, a summer camp for *all* children, with and without disabilities.

Learning Disabilities Association of CT

Daytime Phone: 860-560-1711
999 Asylum Avenue, Suite 504, Hartford, CT 06105

Litchfield Community Center

Daytime Phone: 860-567-8302 Fax: 860-567-0328
421 Bantam Road, Litchfield CT 06759
Website: www.thecommunitycenter.org Email: staff@thecommunitycenter.org
Days and hours of Operation: M-F 9:00AM - 5:00PM, 7 - 10 PM Friday night Teen program; additional hours according to event
Geographic Area: Northwest CT and beyond
Ages Served: All
Fee: Based on program or activity
Services offered: Encourages creative, intellectual and recreational pursuits; offers individuals and groups a place to hold functions; referral source on other community services and programs; available for rental for private functions; programs and activities on on-going basis.

Litchfield County Head Start

Daytime Phone: 860-482-5286 Fax: 860-489-8546
57 Forest Court, Torrington CT 06790
Satellite Offices: Winsted, Plymouth, Litchfield
Email: bleacher@educationconnection.org
Days and hours of Operation: M-F 7:30AM-5:30PM
Geographic Area: Litchfield County
Ages Served: 3-5 yrs
Fee: sliding fee scale
Services offered: Comprehensive early childhood programs offer part day/part year, full day/full year or home based options.

Litchfield Hills Council of Elected Officials

Daytime Phone: 860-491-9884 Fax: 860-491-3729
P.O. Box 187, Goshen CT 06756-0187
Days and hours of Operation: M-F 9:00AM - 4:00PM
Geographic Area: Barkhamsted, Colebrook, Goshen, Hartland, Harwinton, Litchfield, Morris, New Hartford, Norfolk, Torrington, Winchester
Ages Served: All
Services offered: Census data center; conducts household hazardous waste collection days; regional planning.

Litchfield Superior Court

Daytime Phone: 860-567-0855
15 West Street, Litchfield, CT 06759
Website: www.town-court.com

Little Guild of St. Francis Animal Shelter

Daytime Phone: 860-672-6346
285 Goshen Sharon Turnpike, West Cornwall CT 06796
Email: www.littleguild.org
Hours: Thursday hours 12:00 pm–4:00 pm
Sevices offered: Permanent shelter for dogs and cats.

Maria Seymour Brooker Memorial, Inc

Daytime Phone: 860-489-1328 Fax: 860-489-4761
157 Litchfield Street, Torrington CT 06790 – child care center
Dental center: 95 New Litchfield St. (moving to 157 Litchfield St. in late July 2015)
Website: www.brookermemorial.org Email: receptionist@brookermemorial.org
Days and hours of Operation: M-Sat call for information
Geographic Area: Litchfield County
Ages Served: 0-20; Childcare 6 weeks through Kindergarten
Fee: scholarship
Services offered: Licensed Early Learning and Childcare for children ; full and part-time school readiness program; infant and toddler care and nursery school; preventive and restorative dental care for children covered through HUSKY, private insurance, or uninsured. Partnerships for blood pressure, counseling, and pediatric therapies.

MCAA Trinity Glen

Daytime Phone: 860-672-6689 Fax: 860-672-3021
149 W. Cornwall Rd, Sharon CT 06069
Days and hours of Operation: 24/7
Geographic Area: Connecticut residents
Ages Served: Adults
Fee: SAGA Medical
Services offered: Group and individual sessions; aftercare, referrals, recreation, work therapy, case management, family counseling.

McCall Foundation

Daytime Phone: 860-496-2100 Fax: 860-496-2111
58 High St., PO Box 806, Torrington CT 06790
Satellite Offices: 231 N. Main St., Winsted, CT
Email: mccallfoundation@snet.net
Webpage: www.mccall-foundation.org
Days and hours of Operation: 24/7 call for specifics
Geographic Area: Greater Torrington, Northwest Corner
Ages Served: 18+, children and adolescent programs
Fee: Call for specifics
Services offered: Individual and group counseling; intensive outpatient treatment; day treatment; intensive treatment at Carnes Weeks Ctr., McCall House for long-term intermediate care; youth and adolescent prevention programs, parenting education, special services for seniors, and counseling for gambling.

Mental Health Association of Conn.

Daytime Phone: 860-496-7670 Fax: 860-496-0405

30 Peck Rd., Torrington CT 06790

Website: www.mhact.org

Email: mental.health.assoc@snet.net

Days and hours of Operation: M-F 9:00AM - 9:00PM, Sat & Sun 9:00AM - 5:00PM

Geographic Area: Northwest Corner

Ages Served: 18+

Services offered: Crisis intervention, advocacy, housing, transportation, respite, budgeting, medication monitoring, case management.

Mothers Against Drunk Driving

Daytime Phone: 860-528-5621 Fax: 860-528-5653

106 Connecticut Blvd, E. Hartford CT 06108

Satellite Offices: Eastern Chapter, Fairfield Chapter, N. Haven-State Office

Website: www.madd.org Email: donnakehoe@madd.org

Days and hours of Operation: M-F 9:00AM - 5:00PM

Geographic Area: Greater Hartford & Litchfield

Ages Served: All

Services offered: Stop drunk driving and support victims of this violent crime and prevent under age drinking through middle and high school promotion of the harmful effects of underage drinking. Also work with legislatures in writing laws involving alcohol to improve safety on CT roads.

Mountainside Alcoholism Treatment Program

Daytime Phone: 800-762-5433

P.O. Box 717, 187 South Canaan Road, Canaan CT 06018

Website: www.mountainside.com Email: admissions@mountainside.com

Geographic Area: United States

Ages Served: 18 and older

Services offered: Mountainside offers a wide variety of treatment approaches designed to help people discover their ability to heal themselves in mind, body and spirit and to continue self-healing as a lifelong process. The program is tailored to each individual's needs and includes individual counseling as well as structured counselor-led group meetings, motivational counseling, therapeutic task-focused assignments, adventure-based initiatives, daily spiritual practice groups, yoga, 12-step education and meetings, meditation, drama, music and art therapy, writing workshops, weekly gender-specific group meetings, and family counseling. Mountainside's innovative program has been recognized by the addiction community and the government for its contribution to the field of addiction recovery and prevention.

Narcotics Anonymous

Daytime Phone: 800-627-3543

P.O. Box 1817, Meriden, CT 06450

Website: www.ctna.org

New Opportunities

Daytime Phone: 860-482-9749 Fax: 860-482-9917

138 Migeon Ave., Torrington CT 06790

Website: www.newopportunities.org

Days and hours of Operation: M-F 8:30AM – 4:30pm

Geographic Area: All

Ages Served: All

Services offered: Energy Assistance, Eviction, Holidays Programs, Early Childhood Development, Employment Services, Elder Services, Home Based Family Services, Justice & Residential Services. Those who meet certain income-eligibility and geographic requirements may obtain help with their energy costs from one or more of the Energy Assistance programs administered by New Opportunities Inc. Operation Fuel provides emergency energy bill assistance to lower and middle income working families, needy elderly, the disabled and others in the midst of a financial crisis, such as a job loss or a medical emergency

New Hartford Historical Society

Daytime Phone: 860-379-6894

367 Main St., POB 41, New Hartford CT 06057

Website: www.newhartfordhistory.org Email: NHHS@earthlink.net

Days and hours of Operation: W 2:00- 4:00PM and 7:30-9:30PM, Sat. 10:00AM - 2:00PM

Geographic Area: All

Ages Served: All

Services offered: Historical & Geneological Research and Preservation.

New Parent Care Line

Daytime Phone: 860-496-6619

Website: www.one2onematernity.org

Noble Horizons

Daytime Phone: 860-435-9851 Fax: 860-435-0636

17 Cobble Road, Salisbury CT 06068

Website: www.noblehorizons.org

Services offered: Noble Horizons offers physical, occupational, and speech rehabilitation therapy on an outpatient basis or for a short-term stay in one of our especially furnished rehab rooms. Each private room has its own lavatory, cable television, a VCR, Internet access, a phone, and special order cuisine, among other amenities.

Norfolk Senior Housing Corp., Inc.

Daytime Phone: 860-542-5470 Fax: 860-542-5470

9 Shepard Road, Norfolk CT 06058

Email: nshc@snet.net

Days and hours of Operation: M-F 9:00AM -12:30PM (1:30 - 3:30PM)

Geographic Area: All

Ages Served: 62 +, handicapped must be ambulatory

Services offered: Elderly housing and services.

North American Family Institute

Daytime Phone: 860-567-3809 Fax: 860-567-3846

11 Country Place Lane, POB 457, Litchfield CT 06759

Website: www.nafi.com

Days and hours of Operation: 24/7

Geographic Area: All

Ages Served: 12 - 17 yrs.

Fee: DCF

Services offered: Touchstone facility offers residential treatment for female adolescents committed through DCF parole services.

Northwest CARES

Daytime Phone: 860-824-8133

Email: ellaclark@sharon-ct.org

Geographic Area: Northwest Connecticut

Ages Served: Elders

Services offered: Coalition of agencies related to elder services; Meets 8:30 a.m. first Wed. of month at Geer Village to discuss issues, concerns, and solutions related to elder needs. Does not meet July and August.

Northwest CT Medical Walk-In

Daytime Phone: 860-489-8444

1598 East Main Street, Torrington, CT 06790

Website: www.charlottesweb.hungerford.org

Northwest Corner Fuel Bank

Daytime Phone: 860-364-1003 Fax: 860-492-7026

POB 385, Sharon CT 06069

Email: ellaclark@sharon-ct.org

Days and hours of Operation: Weekdays 9:00AM - 4:00PM

Geographic Area: Cornwall, Falls Village, Canaan, Kent, Salisbury, Sharon, and Warren

Services offered: Helps with fuel bills.

Northwest Home Care, Inc.

Daytime Phone: 860-567-4576 Fax: 860-567-5953

26 Commons Dr. - POB 1168 Litchfield CT 06759-1168

Satellite Offices: Waterbury, CT

Website: www.nwhomecare.com Email: sc@nwhomecare.com

Days and hours of Operation: 24/7/365

Geographic Area: Litchfield and New Haven Counties

Ages Served: All

Fee: \$2.50 per hour agency fee

Services offered: Full home care services from companions to nurses including: bathing and dressing, medication reminders, safe ambulation, transfers to bed/tub/toilet, grooming and hygiene, live-in services, companionship and recreational activities, assist in maintaining social activities, medical appointment transportation, incontinence care, errands and shopping, monitoring day and night, create and maintain a safe environment, respite and hospice care.

Northwestern Conn. AIDS Project

Daytime Phone: 860-482-1596 Fax: 860-482-3606

100 Migeon Ave., Torrington CT 06790

Website: www.pages.cthome.net/ncap Email: debithibeault.ncap@snet.net

Days and hours of Operation: M-F 9:00AM - 4:00PM ; also 24-hour hotline

Geographic Area: Litchfield County

Ages Served: 0-99

Services offered: Confidential AIDS hotline 860-482-1596; educational programs, support services, free HIV testing; information, volunteer opportunities.

Northwestern CT Dialysis Fund

Daytime Phone: 860-482-3581
132 Mill Lane, Torrington CT 06790

Northwestern Connecticut Council of Governments

Daytime Phone: 860-868-7341
17 Sackett Hill Road, Warren, CT 06754
Days and hours of Operation: M-Thur 9:00 AM – 4:30PM
Geographic Area: Canaan, Cornwall, Kent, North Canaan, Roxbury, Salisbury, Sharon, Warren, Washington
Services offered: Regional planning

Northwestern Connecticut YMCA, Inc.

Daytime Phone: 860-489-3133 Fax: 860-482-4853
259 Prospect Street, Torrington CT 06790
Satellite Offices: 480 Main St., Winsted, CT
Website: www.nwcty.org Email: torringtonymca@snet.net
Days and hours of Operation: M-F 6:00AM - 10:00PM; Sat 10:00AM - 4:00PM
Geographic Area: Northwest Connecticut
Ages Served: All
Fee: Various to \$0.00
Services offered: Fitness, physical education and sports, aquatics, pre-school and school age child care, summer camping, teen leadership, literacy, recreational therapy, low income supportive housing and homeless shelter.

Northwestern CT Community College

Daytime Phone: 860-738-6406 Fax: 860-738-6488
20 Park Place East, Winsted CT 06098
Website: www.nwcc.commnet.edu
Fee: Various to \$0.00
Services offered: We, at NCCC, pride ourselves on excellence in teaching, promoting life-long learning, providing high quality student services, and state-of-the-art technology. Our small, close-knit community promotes intellectual inquiry, critical thinking, career development and appreciation of each individual. We offer a diverse array of credit and non-credit programs ranging from holistic health to baccalaureate transfer.

Northwestern CT Transit District

Daytime Phone: 860-489-2535 Fax: 860-489-3353
957 East Main St., Torrington CT 06790
Email: cdeane8827@aol.com
Days and hours of Operation: Monday – Thursday, 7:30AM - 4:00PM; Friday 7:00AM - 1:00PM
Geographic Area: Northwest Connecticut
Ages Served: All
Fee: Children under 5 Free; Disabled - \$0.65; Students - \$0.90; Seniors – free with suggested donation of \$1.25; all others \$1.25
Services offered: Dial-A-Ride services all towns; Job Access - 5 days weekly, 3 shifts; flexible route Torrington, Winsted & Litchfield.

Nutmeg Big Brothers, Big Sisters

Daytime Phone: (800) 237-5437

30 Laurel Street, Suite 3, Hartford, CT 06106-1362

Website: www.bbbsnutmeg.org

Days and hours of Operation: M - F 9:00AM - 5:00PM

Geographic Area: Western and Northwestern CT

Ages Served: 6 - 14 yrs.

Services offered: Mentors disadvantaged youth and seeks to cross generational, cultural, ethnic and socioeconomic lines.

Nutmeg Conservatory for the Arts

Daytime Phone: 860-482-4413 x 303 Fax: 860-482-7614

58 Main St., Torrington CT 06790

Website: www.nutmegconservatory.org Email: info@nutmegconservatory.org

Days and hours of Operation: M-T 9:00AM - 8:00PM; F 9:00AM - 5:00PM; Sat 9:00AM - 2:00PM

Geographic Area: Litchfield County

Ages Served: 4 - 23 yrs.

Fee: Various to \$0.00

Services offered: Ballet and music lessons.

NW CT Transit District

Daytime Phone: 860-489-2535

Website: www.nwcttransit.com

Office of the Public Defender

Daytime Phone: 860-567-5572

PO Box 944, Litchfield CT 06759

Services offered: Public Defender.

Office of Victims Advocate

Daytime Phone: 888-772-3126

505 Hudson Street, Hartford, CT 06106

Website: www.ova.state.ct.us

Open Door Soup Kitchen

Daytime Phone: 860-738-2449

160 Main St., Winsted CT 06098

Days and hours of Operation: 9:00AM - 1:00PM Mon. - Fri., 2d and 3d Saturday of the month.

Geographic Area: Northwest CT

Ages Served: All

Services offered: Located at St. James Parish House; lunch served 11:30 - 12:30.

Owl's Kitchen

Daytime Phone: 860-435-9886

80 Sharon Road, Salisbury CT 06068

Days and hours of Operation: Sat 9:00AM - 11:00AM; alternate Fridays 5:00-6:30 PM

Geographic Area: Northwest Connecticut, adjoining NY and MA

Ages Served: All **Services offered:** Free food.

Planned Parenthood League of CT

Daytime Phone: 860-489-5500 Fax: 860-496-1754

249 Winsted Road, Torrington CT 06790

Website: www.ppct.org

Days and hours of Operation: M 12:00PM - 7:30PM; T 9:30AM - 4:00PM; Closed Wed; Th 11:00AM - 6:30PM; F 8:30AM - 4:00PM; 2 Sat/month 8:30AM - 12:00PM

Geographic Area: Litchfield County

Ages Served: All

Fee: Sliding scale; most insurance

Services offered: GYN care, SID testing for men & women, HIV testing, pregnancy testing and counseling.

Poison Control

Daytime Phone: 800-222-1222

263 Farmington Avenue, Farmington, CT 06032

Website: www.poisoncontrol.uchc.edu

Police Activities League (PAL)

Daytime Phone: (860) 489-2014

Torrington Police Dept., 576 Main Street, Torrington, CT 06790

Website: www.torringtonpal.org

Services offered: The hallmark of The Torrington Police Activities League, Inc. (PAL) is strengthening kids, building community. Under the volunteer supervision of law enforcement, PAL's recreation and educational programs encourage Torrington children through positive mentoring to have hope, to take pride in and to become productive and contributing members of the community.

Prime Time House Inc.

Daytime Phone: 860-618-2479 Fax: 860-496-4097

836 Main Street, Torrington CT 06790

Website: www.primetimehouse.org

Days and hours of Operation: N/A

Geographic Area: Northwest Corner

Ages Served: 18 +

Services offered: Vocational counseling, employment, educational services, advocacy, fellowship, independent living support, transportation and dining services.

Salisbury Visiting Nurse Association

Daytime Phone: 860-435-0816 Fax: 860-435-4852

30-A Salmon Kill Rd., Salisbury CT 06068

Website: <http://www.salisburyvna.org> Email: info@salisburyvna.org

Days and hours of Operation: On call 24 hours a day, 7 days a week.

Office hours are 8 AM to 4 PM Monday through Friday.

Geographic Service Area: Canaan, Cornwall, Falls Village, Goshen, Kent, Lakeville, Norfolk, Salisbury, Sharon, Taconic.

Services offered: Founded in 1904, the Salisbury Visiting Nurse Association is a full service home health agency providing Home Health Services; including skilled nursing, physical, speech and occupational therapy, MSW services, certified home health aides, along with a certified Hospice program and a private care Home Assistance program which offers private care aide, homemakers and companions.

Salvation Army - Torrington

Daytime Phone: 860-482-3569 Fax: 860-489-9260
234 Oak Ave., P.O. Box 209, Torrington CT 06790
Website: www.salvationarmyct.org

Geographic Area: Greater Torrington

Ages Served: All

Services offered: Emergency assistance, food pantry, clothing, utility, housing assistance, summer camp for children.

Salvation Army, Winsted Service Center

Daytime Phone: 860-379-8444 x 139 Fax: 860-244-0790
127 Main St. – P.O.Box 571, Winsted CT 06098-0571
Satellite Offices: POB 628, Hartford, CT 06142-0628

Website: www.use.salvationarmy.org

Days and hours of Operation: Mon. 2:00 – 7:00 p.m.; Tues. 10:00 a.m. – 1:00 p.m.; Wed. 11:30 – 4:30; Fri. 10:00 a.m. – 1:00 p.m.

Geographic Area: Winsted and Colebrook

Ages Served: All

Services offered: Food pantry, summer residential camp for ages 7-11, clothing, shoes, back-to-school supplies, seasonal activities; kids Fun Club Wed. afternoons.

Sharon Day Care Center, Inc.

Daytime Phone: 860-364-5182

Days and hours of Operation: M-F 7:30AM - 5:30PM School Year

Website: www.sharondaycare.org

Geographic Area: Sharon Area

Ages Served: 3 to 13 Yrs

Fee: Kindergarten \$24 for 1/2 day; \$37 full day; \$5 before school care; \$15 after school care

Services offered: Full Day Child Care; 1/2 Day pre-School and Before and After School Child Care.

Sharon Healthcare Center

Daytime Phone: 860-364-1002 Fax: 860-364-0237

27 Hospital Hill, POB 1268, Sharon CT 06069

Email: pbelval@umh.org

Days and hours of Operation: 8:30AM - 4:30PM (open 24/7)

Geographic Area: Litchfield and Dutchess counties

Ages Served: 50+

Fee: Medicare, Medicaid, private pay

Services offered: Short-term rehabilitation, long-term care, respite stays; in-house child daycare center offers infant/toddler/preschool programs; volunteer hospice program at home or in health care setting.

Sharon Historical Society

Daytime Phone: 860-364-5688

18 Main St., Sharon CT 06069

Website: www.sharonhist.org Email: director@sharonhist.org

Days and hours of Operation: T-F 1:00PM - 4:00PM and by appt.

Geographic Area: Sharon, Litchfield County

Ages Served: All

Services offered: Public education programs, library and archives, birthday parties, tours of Sharon, Iron industry-related tours and programs.

Sharon Hospital

Daytime Phone: 860-364-4085 Fax: 860-364-4011

50 Hospital Hill Rd., P.O. Box 789, Sharon CT 06069

Website: www.sharonhospital.com

Days and hours of Operation: 24/7

Geographic Area: Northwest Connecticut, Eastern Dutchess County, NY and Southern Berkshire County, MA
Ages Served: All

Services offered: Cancer care, cardiology, cardiopulmonary, clinical, community health, emergency service, laboratory, maternity, outpatient, pharmacy, radiology, rehabilitation, support services, senior behavioral health, and surgical services.

Social Security Administration

Daytime Phone: 860-482-1036 Fax: 860-489-2988

147 Litchfield Street, Torrington CT 06790

Website: www.ssa.gov Email: sadie.singleton@ssa.gov

Days and hours of Operation: M-F 9:00AM - 4:00PM

Geographic Area: Litchfield

Ages Served: All

Services offered: Social Security, retirement, survivors, disability, Medicare, SSI.

St. Maron's Church Hot Dinner Program

Daytime Phone: 860-489-9015 Fax: 860-482-1614

613 Main St., Torrington CT 06790

Website: www.stmaronchurch.4lpi.com Email: lpmichael@aol.com

Days and hours of Operation: Tuesdays 4:30 - 6:00 p.m.

Geographic Area: Torrington Area

Ages Served: All

Services offered: Hot meal program.

State of CT Dept. of Social Services

Daytime Phone: 860-496-6960 Fax: 860-496-6977

62 Commercial Blvd., Torrington CT 06790

Website: www.dss.state.ct.us

Days and hours of Operation: M-F 8:00AM - 4:30PM

Geographic Area: Litchfield County

Ages Served: All

Services offered: Wide range of services for disabled, elderly, families and individuals, including food stamps, childcare, support enforcement, financial and medical assistance.

Supportive Housing

Daytime Phone: 860-496-6350

Services offered: For homeless individuals or families in emergency shelters or on the street.

Susan B. Anthony Project, Inc.

Daytime Phone: 860-489-3798 Fax: 860-482-6268

179 Water St., Torrington CT 06790

Website: www.sbaproject.org Email: jfusco@sbaproject.org

Days and hours of Operation: M-F 8:30AM - 4:30PM; 24 hr Crisis Line

Geographic Area: Litchfield County

Ages Served: All

Services offered: Shelter, transitional housing, individual counseling, support groups, court advocacy for victims of domestic and sexual violence, job readiness for women in transition, community education programs.

The Center for Human Development

Daytime Phone: 860-496-1075 Fax: 860-496-1339

51 Commercial Boulevard, Torrington CT 06790

Website: www.chd.org

Days and hours of Operation: M-F 8:00AM - 8:00PM

Geographic Area: Greater Torrington

Ages Served: Adults

Fee: DMHAS funded

Services offered: Residential services for adults with both mental health and substance abuse problems; case management, crisis intervention, referrals, money management, psychiatric services, medication monitoring.

The Chamber of Commerce of NW CT

Daytime Phone: 860-482-6586 Fax: 860-489-8851

333 Kennedy Dr., POB 59, Torrington CT 06790-0059

Website: www.northwestchamber.org

Days and hours of Operation: M-Th 8:00 – 5:00, Friday 8:00-4:00PM

Geographic Area: Northwest Connecticut

Services offered: Increases awareness of the economic, educational, cultural and civic opportunities available to business community, members and friends. Offers Chamber Seminar Series, School to Career Consortium, Northwest Connecticut Economic Development Corporation, Northwest Connecticut Arts Council, Leadership Northwest, The Entrepreneurial Institute Small Business Courses, SCORE, Business After Hours, Membership Services, Business & Home Expo, Chamber Insurance Trust, Media presence in newspapers, radio and TV, Government Relations, Pioneer Leads Group, and Tri-State Chamber Affiliation.

The Community Mission

Daytime Phone: 860-453-4331

93B Main Street Canaan, Connecticut 06018

Webpage: www.thecommunitymission.webs.com

Days and hours of Operation: M-F 4:00AM – 7:00PM

Geographic Area: All

Ages Served: All

Services offered: The mission objective is to aid neighbors in need. We are dedicated to creating tools and services to help people get back on their feet and start more productive and more joyful lives. Daily evening meal program, Afternoon snacks, Counseling - coaching , E.S.L. Classes, G.E.D. Classes, Pregnancy Counseling , Basic academic tutoring, Computer literacy & basic skills, Personal Hygiene & Life skill's coaching , Job Support, Social activities & Outreach , Art, Music & Poetry Programs, Free Clothing, food, furniture, Alternate justice measures, Volunteer commitment hours, Sunday Church Services, Weekday Bible

Studies, Mentoring Programs, Access to Medical services, Elderly Programs, Family Fun Nights(Movies, music, games), Artist's Co-op Gallery, Weekly Farmer's Market, Outreach to Shut-ins, Coffeeshouses.

The Workman

Daytime Phone: 860-482-0016

244 Forest St, Torrington CT 06790

Days and hours of Operation: 24/7 Office hours M-F 9:00AM - Noon

Geographic Area: Litchfield County

Ages Served: 60 +

Services offered: Residential community of 37 private semi-furnished apartments. Offers 3 hot meals daily, 24 hour resident manager, weekly housekeeping, laundry facilities, heat, hot water and electricity included, beauty salon, telephone and cable hook-ups, home health aids available.

Torrington Affordable Housing, Inc.

Daytime Phone: 860-489-6045 Fax: 860-489-4712

84 Main St., 2d Floor, PO Box 1172, Torrington CT 06790-1172

Days and hours of Operation: M, W, F 10:00AM - 3:00PM

Geographic Area: Torrington

Ages Served: All

Fee: \$25.00 application fee

Services offered: Program for low and moderate income families who wish to own their own home; TAH owns land. Homeowner pays monthly land lease fee.

The Community Foundation of Northwest CT, Inc.

Daytime Phone: 860-626-1245 Fax: 860-489-7517

32 City Hall Ave., PO Box 1144, Torrington CT 06790-1144

Website: www.cfnwct.org Email: GRovezzi@cfnwct.org

Days and hours of Operation: M-Thur 9:00AM-5:00PM; Fri 9:00AM-4PM

Geographic Area: 20 towns in Northwest Connecticut: *Serving Barkhamsted, Bethlehem, Canaan (Falls Village), Colebrook, Cornwall, Goshen, Hartland, Harwinton, Kent, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Salisbury, Sharon, Torrington, Warren, Washington, and Winsted*

Services offered: Helps start-up nonprofits, enables people or organizations to begin endowments, provide scholarships; grants to arts, education, health and social service organizations.

Torrington Area Health District

Daytime Phone: 860-489-0436 Fax: 860-496-8243

350 Main Street, Torrington CT 06790

Website: www.tahd.org

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Northwestern CT

Fee: Depends on service, range from \$20 - \$250.

Services offered: Licensing and inspections; testing for communicable diseases and rabies, Lyme, influenza; assessments for sewers, public water, private wells, rodent control; Family Strides programs include WIC, Healthy Start, HUSKY Outreach, Nurturing Families, Nurturing Connections and Father Involvement.

Torrington Child Care Center

Daytime Phone: 860-482-2621 Fax: 860-626-7245

338 Kennedy Drive, Torrington CT 06790

Email: torringtonchild.care@snet.net

Days and hours of Operation: M-F 6:45AM - 5:15 PM

Geographic Area: Greater Torrington Area

Ages Served: 3 to 8

Fee: Sliding fee scale.

Services offered: State-Funded Child Care. Breakfast, lunch and Snack Provided. Licensed for 48 children and Accredited by NAEYC.

Torrington Early Childhood Collaborative

Phone: 860-806-1410

P.O. Box 854, Torrington, CT 06790

Website: www.torringtonchildren.org

Committed to ensuring success of children ages birth to eight through advocacy, parent empowerment, quality care and education, transition to pre-K and kindergarten.

Torrington Historical Society, Inc.

Daytime Phone: 860-482-8260

192 Main Street, Torrington CT 06790

Website: www.torringtonhistoricalsociety.org Email: torringtonhistorical@snet.net

Days and hours of Operation: T-F 10:00AM - 4:00PM; also seasonal

Geographic Area: Unlimited

Ages Served: All

Fee: \$5 house museum; \$2 history museum

Services offered: Guided tours, historical exhibits and programs, archival resources.

Torrington Housing Authority

Daytime Phone: 860-482-3581 Fax: 860-482-5841

110 Prospect St., Torrington CT 06790

Email: housing.athty.ct@snet.net

Days and hours of Operation: M-F 8:30AM - 4:30PM

Geographic Area: Torrington

Ages Served: Elderly

Services offered: Public housing and Section 8 rental assistance.

Torrington Library

Daytime Phone: 860-489-6684 Fax: 860-482-4664

12 Daycoeton Place, Torrington CT 06790-6399

Website: www.torringtonlibrary.org

Days and hours of Operation: M,T, F 10:00AM - 6:00PM, W & Th 10:00AM - 8:00PM, Sat 10:00AM - 3:00PM

Geographic Area: Torrington

Ages Served: All

Services offered: Lending library includes print & non-print material including large print, DVDs and audio books; resources in electronic format including eBooks and downloadable audio books, as well as online databases; public access internet and word processing stations; adult, teen and juvenile programs; book sales in April and October.

Torrington Preschool Center

Daytime Phone: 860-496-8677

46 Evans Street, Torrington, CT 06790

Website: www.torringtonpreschool.com

Services offered: Private State Licensed, ages 3-5.

Torrington Youth Service Bureau

Daytime Phone: 860-496-0356 Fax: 860-482-3084

8 Church St., POB 204, Torrington CT 06790

Email: youth.svcs@snet.net

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Kid Care - Litchfield County, Youth Service Bureau - Torrington

Ages Served: 0-21

Fee: Kid Care - None, Sliding scale for counseling

Services offered: Multiple programs - Kid Care for children/youth with Behavioral Health needs; short term counseling for youths and their families; Life Skills program and mentors for DCF clients.

Town of Cornwall Social Services

Daytime Phone: (860) 672-2603

P.O. Box 97, Cornwall, CT 06753

Website: <http://www.cornwallct.org>

Email: cwlsocservices@optonline.net

Town of Falls Village Social Services

Daytime Phone: 860-824-9855

P.O. Box 47, Falls Village, CT 06031

Website: <http://www.canaanfallsvillage.org>

Email: fallsvillagess@comcast.net

Town of Kent Social Services

Daytime Phone: 860-927-1586

P.O. Box 678, Kent, CT 06757

Website: www.townofkentct.org

Email: socialservices@townofkentct.org

Town of Litchfield Social Services

Daytime Phone: 860-567-7564 Fax: 860-567-7573

80 Doyle Road PO Box 12, Bantam CT 06750

Website: www.litchfieldct.com

Days and hours of Operation: M,T,TH, F 9:00AM -2:00PM

Geographic Area: Litchfield, Northfield, Bantam, and Milton

Ages Served: All

Services offered: Information and referral services; liaison with community organizations to implement services for entire population; administer food/relief funds; fuel assistance; transportation services for disabled and elderly; help clients fill out forms; coordinate Chore Service.

Town of Norfolk Social Services

Daytime Phone: 860-542-5829

P.O. Box 592, Norfolk, CT 06058

Website: www.norfolkct.org

Email: townnorfolk@snet.net

Town of North Canaan Social Service

Daytime Phone: 860-824-3133 Fax: 860-824-3139

100 Pease St., Canaan CT 06018

Website: www.northcanaan.org

Email: northcanaanss@yahoo.com

Days and hours of Operation: Thursdays & Fridays

Geographic Area: North Canaan residents

Ages Served: All

Services offered: Assist adults in learning about community resources; help elderly apply for government programs; short-term assistance.

Town of Salisbury Social Services

Daytime Phone: 860-435-5187

P.O. Box 379, Salisbury, CT 06068

Website: www.salisburyct.us

Email: socialworker@salisburyct.us

Town of Sharon Social Services

Daytime Phone: 860-364-1003

Email: ellaclark@sharon-ct.org

Town of Warren Social Services

Daytime Phone: 860-868-7881 x. 102

Address: Town Hall, 7 Sackett Hill Road, Warren, CT 06754

Email: selectman@warrentct.org

Town of Winsted Recreation Dept.

Daytime Phone: 860-379-8670 Fax: 860-738-7053

338 Main St., Winsted CT 06098

Website: www.townofwinchester.org Email: recreation@townofwinchester.org

Days and hours of Operation: M - W 8:00AM - 4:00PM, Th 8:00AM - 7:00PM, F 8:00AM - 12:00PM

Geographic Area: Winchester

Ages Served: All

Services offered: Recreation.

Tri-State Chamber of Commerce

Daytime Phone: 860-435-0740

326 Main Street, 2d Floor, Lakeville, CT 06039

Website: www.tristatechamber.com Email: info@tristatechamber.com

Geographic Area: We serve the surrounding communities of Millerton and Amenia, New York; Salisbury, Lakeville, Cornwall, Sharon, Canaan and Falls Village, CT; and Ashley Falls and Sheffield, Massachusetts.

Services offered: The Tri-State Chamber of Commerce is organized for the purpose of advancing the commercial and community interests of the Tri-State region.

UConn Health Center

Daytime Phone: 860-679-2000

263 Farmington Avenue, Farmington, CT 06032

Website: www.uchc.edu

United Way of Northwest Conn.

Daytime Phone: 860-489-4131 Fax: 860-626-8223

333 Kennedy Drive, Suite R101, P.O. Box 1001, Torrington CT 06790

Website: www.northwestunitedway.org

Email: info@northwestunitedway.org

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Bantam, Barkhamsted, Colebrook, Cornwall, Cornwall Bridge, East Canaan, Falls Village, Goshen, Harwinton, Lakeville, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Pleasant Valley, Pine Meadow, Riverton, Salisbury, Sharon, Torrington, West Cornwall, West Hartland, Winchester Center, Winsted
Ages Served: All

Services offered: Annual campaign supports 26 human service agencies; Community Impact: Food For Your Neighbors; Warm the Children, Women's Leadership Initiative, Back to School Clothing, Million Mentors Challenge, Day of Caring. Resource and referral service.

USO of Metropolitan New York

Daytime Phone: 212-695-5590 Fax: 212-695-5734

Website: www.usonyc.org Email: development@usonyc.org

270 Madison Avenue, Suite 1207, New York, NY 10016

Services offered: Provides active duty/reserve military personnel/dependents with employment assistance, entertainment, food, lodging, tourist information, referrals for problems and visits to VA facilities.

Valerie Manor

Daytime Phone: 860-489-1008 Fax: 860-496-9252

1360 Torrington Street, Torrington CT 06790

Webpage: www.valeriemanhcc.com

Days and hours of Operation: 24/7

Geographic Area: Northwest CT

Services offered: Nursing home short-term rehabilitation, Alzheimer's care, long-term and hospice care.

Veterans Service Office

Daytime Phone: 860-489-2531

33 Coe Place, Torrington, CT 06790

VNA Northwest, Inc.

Daytime Phone: 860-567-6000 Fax: 860-567-6011

607 Bantam Road, Unit F, Bantam, CT 06750

Website: www.vnanw.org Email: info@vnanw.org

Days and hours of Operation: Office 8:00AM - 4:00PM, Clinical staff 24/7

Geographic Area: Litchfield County

Ages Served: All

Services offered: Nursing; physical, occupational and speech therapy; home health aides; nutrition counseling; blood pressure and flu clinics; private duty home care.

Visiting Nurse Services of Conn.(Torrington)

Daytime Phone: 860-482-6419 Fax: 860-482-8347

65 Commercial Blvd., Torrington CT 06790

Satellite Offices: N/A

Website: www.vnsct.com Email: nmerbaum@vnsct.com

Days and hours of Operation: M-F 8:00am-4:30PM; weekend and holiday service; 24 hr. availability nursing visits.

Geographic Area: Greater Torrington Area

Ages Served: All Ages

Fee: Medicare, Medicaid, private insurance, CCCI Private pay

Services offered: In patient home care of Skilled Nursing, occupational, physical and speech therapy, home health aide, and medical social services. Specialty programs include: Home infusion (IV) therapy, maternal/child health, palliative care, pediatric skilled nursing, psychiatric Nursing, telemonitoring using the Home med monitor, and wound care.

VITA

Daytime Phone: 888-227-7669

Website: www.ct.gov/drs

Services offered: Volunteer income tax assistance

Vogel Wetmore Family Resource Center

Daytime Phone: 860-489-8552 Fax: 860-489-2577

68 Church St., Torrington CT 06790

Website: www.educationconnection.org Email: torringtonfrc@educationconnection.org

Days and hours of Operation: M-F 8:00AM - 4:00PM, Evenings by request

Geographic Area: Litchfield County

Ages Served: 0-10 yrs +

Services offered: Family support services; resource and referral information; training and support for day care providers; adult education; child care.

Warner Theater

Daytime Phone: 860-489-7180

68 Main St., POB 1012, Torrington CT 06790-1012

Website: <http://www.warnertheatre.org>

Services offered: Live performances; Center for Arts Education offers theatre, dance, piano and voice classes; Young Actors Series.

Wellspring Foundation

Daytime Phone: 203-266-8022 Fax: 203-266-8030

21 Arch Bridge Rd., POB 370, Bethlehem CT 06751

Website: www.wellspring.org Email: info@wellspring.org

Days and hours of Operation: N/A

Geographic Area: N/A

Ages Served: 6 to adult

Fee: Various to \$0.00

Services offered: Residential treatment for boys and girls 6-12, girls 13-18, and adults; Outpatient services

Western CT Area Agency on Aging

Daytime Phone: 203-757-5449 Fax: 203-757-4081

84 Progress Lane, Waterbury CT 06705

Website: www.wcaaa.org Email: westernctaaa@sbcglobal.net

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Western CT

Ages Served: Elderly and younger disabled

Services offered: Adult day care, insurance counseling, emergency fuel, Friendly Visitors, health assessments, meal delivery, homemakers, money management, senior centers.

Western Connecticut Mental Health Network - Torrington

Daytime Phone: 860-496-3700 Fax: 860-496-3800

249 Winsted Rd., Torrington CT 06790

Website: www.dmhas.state.ct.us Email: carol.ferrucci@ct.gov

Days and hours of Operation: Mobile crisis team available 8:00AM - Midnight, regional hotline 24/7

Geographic Area: Greater Torrington and Northwest Corner

Ages Served: 18+

Services offered: Resource for Behavioral Health and substance abuse information and referrals; Mobile Crisis Team provides outreach services for emergency psychiatric evaluations; consumers can meet with staff to decide type of service needed. 24 hour crisis line 1-860-482-1560; free 24 hour crisis line 1-888-447-3339.

Winchester Housing Authority

Daytime Phone: 860-379-4573 Fax: 860-379-0430

80 Chestnut Street, Winsted CT 06098

Email: www.winhouseauth.org

Days and hours of Operation: M-F 8:30AM - 4:00PM

Geographic Area: Winsted, Winchester

Ages Served: Elderly and disabled

Services offered: Housing and Section 8 rental assistance.

Winchester Youth Service Bureau

Daytime Phone: 860-379-0708 Fax: 860-379-1328

480 Main St., Winsted CT 06098

Webpage: www.nwcty.org

Days and hours of Operation: 24/7

Geographic Area: Barkhamsted, Colebrook, Hartland, New Hartford, Norfolk, Winsted

Ages Served: 0-18

Services offered: Crisis intervention, individual and family counseling, after school programs, summer day camp, parent support groups and education, court advocacy, short term host homes.

Winsted Area Child Care

Daytime Phone: 860-379-0006 Fax: 860-738-8519

185 Prospect St., P.O. Box 585, Winsted CT 06098-0585

Days and hours of Operation: M-F 6:00AM - 6:00PM

Geographic Area: Northwest Corner

Ages Served: 6 weeks to 12 years

Services offered: School Readiness program; before-and-after school program; encourages parental involvement.

Wisdom House Retreat & Conference Center

Daytime Phone: 860-567-3163 Fax: 860-567-3166

229 East Litchfield Road, Litchfield CT 06759-3002

Website: www.wisdomhouse.org Email: rg@wisdomhouse.org

Days and hours of Operation: M-F 9:00AM - 4:00PM, weekend days and evenings

Geographic Area: Connecticut and Tri-State area

Ages Served: All

Fee: Depends on program or reason for attending

Services offered: Programs in spirituality, education and the arts; meals and accommodations provided; retreat and conference center.

Wolcott Hall

Daytime Phone: 860-482-8554 Fax: 860-496-7108

215 Forest Street, Torrington CT 06790

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Torrington, Litchfield County

Ages Served: Elderly

Fee: 1 bedroom - \$295/day; 2 bedroom - \$275/day; 3-4 bedroom - \$260/day

Services offered: Nursing; short and long-term physical, occupational and speech therapy.

Women`s Support Services

Daytime Phone: 860-364-1080 Hotline: 860-364-1900 Fax: 860-364-5767

Route 41 P.O. Box 341, Sharon CT 06069-0341

Website: www.wssdv.org Email: wssdv@snet.net

Days and hours of Operation: Hotline 24/7 860-364-1900; Office M-F 9:00AM - 5:00PM or by appt.

Geographic Area: Kent, Cornwall, Falls Village, Canaan, Sharon, Salisbury, nearby NY and MA

Ages Served: All

Services offered: Counseling; short-term shelter, support groups and transportation; violence prevention and education programs.

YMCA Camp Sloane

Daytime Phone: 860-435-2557 Fax: 860-435-2599

124 Indian Mountain Rd., POB 1950, Lakeville CT 06039

Website: www.camp-sloane.org Email: info@camp-sloane.org

Geographic Area: Northwest Corner, New England, National & International

Ages Served: 7 - 15

Fee: Call or email for information, financial assistance available

Services offered: Day camp ages 1st grade-12, resident camp ages 7-15

Yankee Gas

Daytime Phone: 800-989-0900

P.O Box 270., Hartford CT 06141

Website: www.yankeegas.com

Geographic Area: Statewide

Ages Served: 18+

Fee: Call or email for information

Services offered: Energy assistance, natural gas and other services.

This Community Resource Book was prepared by The
United Way of Northwest CT.

All information is subject to change.

Dated: January 1, 2016

If you know of an organization or community resource to add to this
Community Resource Book, please email
cheryl@northwestunitedway.org or send us your information to

United Way of Northwest CT
333 Kennedy Drive, Suite R101
P.O. Box 1001, Torrington CT 06790
860-489-4131