

AIC - Probation

Daytime Phone: 860-496-0111 Fax: 860-496-0812

41 East Main Street Torrington CT 06790

Satellite Offices: 70 Franklin St., Torrington, CT 06790

Email: darasimowicz@csimail.org

Days and hours of Operation: M 8-6, T 8-7, W 8-8, Th 8-8, F 8-5, S 8-4 community service only

Geographic Area: All of Connecticut

Ages Served: 16 +

Services offered:

Clients on probation, parole, and pre-trial referred from criminal justice system; Evaluation services include substance abuse education, relapse prevention, job development, GED test preparation, cognitive thinking groups and community service.

American Heart Association Heritage Affiliate

Daytime Phone: 203-294-0088 Fax: 203-294-3577

PO Box 5022 Wallingford CT 06492

Web Address: www.americanheart.org

Days and hours of Operation: M-F 8:30AM - 4:30PM

Geographic Area: Connecticut

Ages Served: All

Services offered:

CPR and ECC Classes, Health Fairs, Research Fund Raising, Jump Rope/Hoops for Heart School Fund raising, General Heart Health Information, Stroke Information.

American Red Cross CT Region

Daytime Phone: 860-678-4312 Fax: 860-678-5461

209 Farmington Ave. Farmington CT 06032

Web Address: www.charteroak.redcross.org Email: lyonsm@usa.redcross.org

Days and hours of Operation: M-F 8:30AM - 4:30PM, 24/7 for Emergency

Geographic Area: Parts of Litchfield

Ages Served: All

Fee: Various to \$0.00

Services offered:

Immediate relief to those affected by disasters and emergencies; emergency messaging to members of armed forces; Prepare Connecticut campaign; blood collection; CPR, First Aid and water safety training.

American Red Cross - Waterbury Area Chapter

Daytime Phone: 860-482-8182 Fax: 860-482-2835

21 Prospect Street-Unit B Torrington CT 06790

Satellite Offices: Chapter Office located 64 Holmes Avenue Waterbury 06710

Web Address: www.ctredcross.org/wtbyarea Email: torrington@Ctredcross.org

Days and hours of Operation: M-F 8:30AM - 4:30 PM

Geographic Area: Morris, Litchfield, Harwinton, Cornwall, Torrington, Goshen

Ages Served: All Ages

Fee: Various to \$0.00

Services offered:

Disaster Preparedness Classes; Health & Safety Courses (CPR (Adult, Infant, Child) Pet First Aid, First Aid, CT Childcare; AED; Water Safety; Babysitting Etc.) Armed Forces Emergency Services; Disaster Services (Damage Assessment, Disaster Action teams) Blood Drives (Setup & Execution)

Blanche McCarthy Winsted Senior Center

Daytime Phone: 860-379-4252 Fax: 860-738-2742

80 Holabird Ave., POB 676 Winsted CT 06098

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Winsted area

Ages Served: 55 +

Services offered:

Van service locally & to Torrington, nutrition program lunches, Social Service referrals, recreation, health clinics, trips.

Bureau of Rehabilitation Services

Daytime Phone: 860-496-6990 Fax: 860-496-6978

62 Commercial Blvd. Torrington CT 06790

Satellite Offices: 249 Thomaston Ave., Waterbury

Days and hours of Operation: M-F 8:00AM - 4:30PM

Geographic Area: Northwest CT

Ages Served: 15 +

Fee: Eligibility criteria

Services offered:

Vocational rehabilitation; career counseling and guidance to help people with disabilities obtain and retain employment

Camp Jewell-YMCA

Daytime Phone: 860-379-2782 Fax: 860-379-8715
6 Prock Hill Rd., POB 8 Colebrook CT 06021
Web Address: www.ghymca.org Email: campjewell@ghymca.org
Days and hours of Operation: M-F 8:30AM - 5:00PM
Geographic Area: Connecticut, surrounding states
Ages Served: All
Fee: Various to \$0.00

Services offered:

Child care for Colebrook school district, camping and outdoor education programs for children, schools, and retreats.

Canaan Child Care Center, Inc.

Daytime Phone: 860-824-0597 Fax: 860-824-0597
20 Whiting Dr., P.O.Box 811 Canaan CT 06018-0811
Days and hours of Operation: M-F 6:30AM - 5:00PM
Geographic Area: Litchfield Cty, S. Berkshire Cty, MA, & Dutchess Cty, NY
Ages Served: 8 wks to 11 yrs
Fee: Toddler \$36.00/day; Preschool \$26.50/day; Before school \$7.00/day; After school \$10.00/day

Services offered:

Before and after school programs for toddlers, preschoolers and school age children in a safe environment

Catholic Charities

Daytime Phone: 860-482-5558 Fax: 860-489-2984
132 Grove Street Torrington CT 06790
Web Address: www.cccfs.org Email: wbrown@cccfs.org
Days and hours of Operation: M-F 9:00AM - 5:00PM, evenings by appt.
Geographic Area: Northwest CT
Ages Served: 12 and up
Fee: Sliding scale, Medicaid, insurance

Services offered:

Behavioral health counseling, parent education, corrections for ex-offenders, employee assistance, juvenile mental health treatment.

Charlotte Hungerford Hospital

Daytime Phone: 860-496-6544 Fax: 860-482-8627
540 Litchfield Street, POB 988 Torrington CT 06790
Web Address: www.charlottesweb.hungerford.org Email: tlebouthillier@hungerford.org
Days and hours of Operation: 24/7, year round
Geographic Area: Northwest CT
Ages Served: All
Fee: Various to \$0.00

Services offered:

Services including but not limited to: ambulatory, behavioral health, cancer, cardiac, diabetes and emergency care; imaging and diagnostics, medical walk-in, disease management, emergency services.

Charlotte Hungerford Hospital - 1) Bridges Child Extended Day Treatment Program

Daytime Phone: 860-496-0542 Fax: 860-496-8247
241 Kennedy Dr. Torrington CT 06790
Days and hours of Operation: M-F 8:30AM - 5:30PM
Geographic Area: Northwest CT
Ages Served: 6 - 12 years
Fee: Insurance and sliding fee scale

Services offered:

Intensive counseling for children 6 - 12 years old.

Charlotte Hungerford Hospital - 2) Cardiac Rehabilitation Program

Daytime Phone: 860-496-6536 Fax: 860-496-9959
540 Litchfield St., PO Box 988 Torrington CT 06790
Satellite Offices: Winsted Health Center
Email: lwallace@hungerford.org
Days and hours of Operation: M-F 8:00AM - 4:30PM
Geographic Area: Northwest CT
Ages Served: Adults
Fee: Insurance reimbursement

Services offered:

Cardiac education, cholesterol screening, exercise classes, diagnostic and stress testing, monitoring.

Charlotte Hungerford Hospital - 3) KidHelp Northwest Mobile Psychiatric Services

Daytime Phone: 1-866-543-2774 Fax: 860-489-2604

1061 East Main St. Torrington CT 06790

Email: tnarducci@hungerford.org

Days and hours of Operation: 24/7

Geographic Area: Northwest CT

Ages Served: 2 - 17 years

Fee: By service, third party, sliding fee

Services offered:

Mobile crisis services for youth ages 2 - 17; emergency assessments, crisis intervention, grief counseling and referral.

Charlotte Hungerford Hospital - 4) Center for Youth and Families

Daytime Phone: 860-489-3391 Fax: 860-489-2604

1061 East Main St. Torrington CT 06790

Email: tnarducci@hungerford.org

Days and hours of Operation: M, W 8:30AM - 9:00PM; T, Th, F 8:30AM - 5:00PM

Geographic Area: Northwest CT

Ages Served: 3 - 17 years

Fee: By service, third party, sliding fee

Services offered:

Outpatient counseling, services for children, adolescents and their families; individual, family and group counseling; psychiatric evaluation, medication management and psychological testing; mobile crisis services, parent and community education.

Charlotte Hungerford Hospital - 5) Child Abuse Investigation Team of NW CT

Daytime Phone: 860-489-3391 Fax: 860-489-2604

1061 East Main St. Torrington CT 06790

Days and hours of Operation: M-F 8:30AM - 5:00PM

Geographic Area: Northwest CT

Ages Served: 5 - 17 years

Fee: None

Services offered:

Dedicated to assisting children and their families who have been victims of sexual and physical abuse.

Children In Placement

Daytime Phone: 860-489-0201 Fax: 860-489-8153

410 Winsted Rd. Torrington CT 06790

Email: children.in.plcmnt@snet.net

Geographic Area: Statewide

Services offered:

Private, non-profit organization to help abused and neglected children into safe homes through welfare, juvenile, and probate court systems; volunteer monitors talk to service providers and attend court hearings; Guardians Ad Litem visit monthly with children and family.

City of Torrington Dept. of Social Services

Daytime Phone: 860-489-2218 Fax: 860-489-2246

City Hall - 140 Main Street Torrington CT 06790

Web Address: www.torringtonct.org Email: yvonne_adorno@torringtonct.org

Days and hours of Operation: M,T,W 8:30AM - 4:00PM; Th 8:30AM - 6:30PM; F 8:30AM - 12:30PM

Geographic Area: City of Torrington

Ages Served: All

Services offered:

Identifies needs, makes referrals, provides case management; manages city's responsibility for evictions including storage and unclaimed items; administers employment readiness program for eligible food stamp recipients referred by CT Dept. Social Services.

City of Torrington Elderly Services

Daytime Phone: 860-489-2211 Fax: 860-489-2529

88 East Albert Street Torrington CT 06790

Email: seniorcenter@torringtonct.org

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Torrington area

Ages Served: Senior

Services offered:

Wide variety of programs: health clinics, recreation, travel, classes, assistance.

City of Torrington Nutrition Meal Center

Daytime Phone: 860-489-2211 Fax: 860-489-2529

88 East Albert Street Torrington CT 06790

Email: seniorcenter@torringtonct.org

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Torrington area

Ages Served: Senior

Services offered:

Meals-On-Wheels, nutrition education.

City of Torrington Parks & Recreation Dept.

Daytime Phone: 860-489-2274 Fax: 860-489-2588

153 South Main St. Torrington CT 06790

Web Address: www.torringtonct.org

Days and hours of Operation: M-F 9:00AM - 4:30PM

Geographic Area: Torrington

Ages Served: 2 +

Fee: Various to \$0.00

Services offered:

Facilities for youth and adult groups; assist other non-profits; get information to public.

Community Council of Northwest CT

Daytime Phone: 860-330-0006 Fax: 860-379-1328

c/o 480 Main Street Winsted CT 06098

Satellite Offices: 333 Kennedy Dr., Torrington

Email: marycoutant@yahoo.com

Days and hours of Operation: First Thursday of month

Geographic Area: Northwest CT

Fee: Individual \$10; Agency - \$30

Services offered:

Members meet monthly; assist new human service agencies; advocate member agency services

Community Food Bank

Daytime Phone: 860-379-2157

POB 181 Pleasant Valley CT 06063

Days and hours of Operation: M 6:00PM - 8:00PM, Th 2:00PM - 4:00PM

Geographic Area: Barkhamsted, New Hartford

Ages Served: All

Fee: None

Services offered:

Food bank for any Barkhamsted or New Hartford resident.

Community Health & Wellness Center of Greater Torrington

Daytime Phone: 860-489-0931 Fax: 860-482-6249

157 Litchfield Street Torrington CT 06790

Email: kmgrimaud@snet.net

Days and hours of Operation: M,T,W & F 8:00AM-5:00 PM

Geographic Area: Litchfield County

Ages Served: 18 +

Fee: Sliding fee scale to those who qualify

Services offered:

Primary health care services to low and middle income residents

Community Health Network of CT

Daytime Phone: 203-949-4000 Fax: 203-265-2970

11 Fairfield Blvd. Wallingford CT 06492

Web Address: www.chnct.org

Days and hours of Operation: M-F 8:00AM - 6:00PM

Geographic Area: Statewide

Ages Served: All

Fee: See website

Services offered:

Managed care provider, servicing HUSKY A, HUSKY B, and HUSKY PLUS programs; primary, specialty, inpatient, outpatient, transportation, mental health, substance abuse, pharmacy, dental and vision services.

Community Kitchen of Torrington, Inc.

Daytime Phone: 860-482-0130

Prospect St., P.O. Box 852 Torrington CT 06790-0852

Days and hours of Operation: M-S 11:30-12:30 Sun 1-2 Meal Time (7:30-1:30 M-F)

Geographic Area: Greater Torrington Area

Ages Served: All Ages Mostly Adults

Fee: N/A

Services offered:

Daily hot meal service; Resource people are present to help clients; Extra bread/bakery items are distributed if we have an excess.

Community Systems, Inc.

Daytime Phone: 860-482-2887 Fax: 860-482-2468

295 Alvord Park Rd Torrington CT 06790

Connecticut Community Care, Inc.

Daytime Phone: 203-596-4800 Fax: 203-596-4809

150 Mattatuck Heights Waterbury CT 06705

Web Address: www.ctcommunitycare.org

Days and hours of Operation: M-F 8:30AM - 4:30PM

Geographic Area: 43 towns in Northwest CT

Ages Served: 65 + and disabled

Fee: State funded and fee-for-service

Services offered:

Statewide, private, non-profit care management organization, dedicated to assisting older adults and disabled individuals to remain at home. Helps people understand options, find community services, budget finances; private care and telephone consultation services available on fee-for-service basis for clients, families and caregivers who do not meet criteria for Home Care Program for Elders.

Connecticut Junior Republic

Daytime Phone: 860-567-9423 x. 254 Fax: 860-567-8127
550 Goshen Rd., P.O. Box 161 Litchfield CT 06759
Satellite Offices: E. Hartford, Hartford and Waterbury
Web Address: www.ctjuniorrepublic.org Email: cjrhr@snet.net
Days and hours of Operation: 24/7
Geographic Area: Statewide
Ages Served: 12 - 16 yrs.
Fee: Depends on level of service

Services offered:

Providing treatment, education and family support for troubled youth so they can become productive members of their communities - residential treatment (Litchfield), group home (E. Hartford), prevention programs (Danbury, Hartford and Waterbury), statewide family services and aftercare.

Connecticut Legal Services

Daytime Phone: 800-413-7797 Fax: 203-754-0504
85 Central Avenue Waterbury CT 06702
Web Address: www.connlegalservices.org
Days and hours of Operation: M-F 9:00AM - 5:00PM
Geographic Area: Entire state except Hartford and New Haven area
Ages Served: All
Fee: None

Services offered:

Legal representation and advice to low income people with civil legal problems.

Connecticut Parent Advocacy Center, Inc.

Daytime Phone: 1-800-445-2722 Fax: 860-739-7460
338 Main Street Niantic CT 06357
Satellite Offices: Fair Haven Health Center 374 Grand Avenue, Fair Haven, CT 06513
Web Address: www.cpacinc.org Email: cpac@cpacinc.org
Days and hours of Operation: M-F 8:00AM-4:00PM
Geographic Area: Statewide
Ages Served: 0-21
Fee: Free for Parents

Services offered:

Statewide, nonprofit information and support to families of children with any disability or chronic illness. Conducts in-service presentations for schools, teachers-in-training and service providers throughout the state so that they may better understand and serve the parents with whom they work. Works with families over the phone, presents workshops for families around the state as well as providing families with fact sheets, information and a quarterly newsletter.

Connecticut Rivers Council, Inc.BSA

Daytime Phone: 860-482-6615 Fax: 860-290-8860
241 Kennedy Dr. Torrington CT 06790
Satellite Offices: 60 Darlin St., E. Hartford, CT 06128
Web Address: www.ctrivers.org Email: mikereldred@yahoo.com
Geographic Area: Litchfield County
Ages Served: 7 - 20 yrs.
Fee: \$10

Services offered:

Boy Scouting; special needs scouting for disabled boys; adventure and leadership programs.

Connecticut SIDS Alliance

Daytime Phone: 866-574-7437 Fax: 866-574-7437
POB 486 Torrington CT 06790
Email: ctsids@aol.com
Days and hours of Operation: 24/7
Geographic Area: All of Connecticut
Ages Served: All
Fee: None

Services offered:

Support groups, family service packages to new parents of SIDS and stillbirth, one on one support with a trained professional, educational material on safe sleep, free training to daycare providers, EMTs and professionals.

Cornwall Child Center

Daytime Phone: 860-672-6989 Fax: 860-672-6989
8 Cream Hill Rd. West Cornwall CT 06796
Days and hours of Operation: M-F 7:30AM - 5:30PM
Geographic Area: Cornwall and surrounding area
Ages Served: 2 yrs. 9 mo. - 8 yrs.
Fee: Sliding scale based on family income

Services offered:

Educational programs; 1st & 2d grade before school care; before & after kindergarten; after school enrichment programs; 1 week summer activity program

Council of Churches

Daytime Phone: 860-482-7878

187 Sherwood Drive Torrington CT 06790

Email: hwoodfrd@optonline.net

Days and hours of Operation: N/A

Geographic Area: Torrington and Harwinton area

Ages Served: All

Fee: \$10 per 100 members

Services offered:

Services include Emergency Fund, Lenten Luncheons, Good Friday 3-hour service, Nursing Home visitations, Cooperation with Interfaith Council, providing representatives to Operation Overflow and cooperating with FISH. The TACC Emergency Fund, working with clergy in cooperation with social services, assists people in financial need.

CT Department of Labor

Daytime Phone: 203-574-6971

486 Winsted Rd. Torrington CT 06790-0627

Satellite Offices: 249 Thomaston Ave., Waterbury, CT 06702

Web Address: www.nrwib.org

Geographic Area: Northwest CT

Services offered:

Employee training; information about apprenticeships; job fairs.

Early Head Start

Daytime Phone: 860-626-8201 Fax: 860-626-8172

350 Main St., POB 909 Litchfield CT 06759

Satellite Offices: 350 Main St., Torrington, CT

Days and hours of Operation: M-F 8:30AM - 4:30PM

Geographic Area: Litchfield County, Torrington & Winsted

Ages Served: Children from birth to three years and pregnant women.

Fee: None

Services offered:

Prenatal care, health, child development, education and social services.

East Coast Assistance Dogs

Daytime Phone: 914-693-0600 x 953

Fax: 860-489-3791

149 Newfield Road Torrington CT 06790

Satellite Offices: Dobbs Ferry, NY

Web Address: www.ecad1.org Email: ecad1@aol.com

Days and hours of Operation: New York: M-T 9:00AM - 3:00PM; F, S & Sun 9:00AM - 4:00PM

Geographic Area: New England

Services offered:

Trains dogs to assist people with physical disabilities; volunteer program for youth 11-14 years old.

Eastern Rehabilitation Network

Daytime Phone: 860-496-6154

Fax: 860-489-4647

333 Kennedy Dr., Ste. 202 Torrington CT 06790

Web Address: www.harthosp.org

Email: whogan@harthosp.org

Days and hours of Operation: M-F 8:00AM - 7:00PM

Geographic Area: Northwest CT

Ages Served: All

Fee: N/A

Services offered:

Physical, occupational and speech therapy; sports medicine; massage therapy; athletic and balance training; many other types of therapies and rehabilitation services.

Education Connection

Daytime Phone: 860-567-0863

Fax: 860-567-3381

355 Goshen Rd., POB 909 Litchfield CT 06759-0909

Web Address: www.educationconnection.org

Email: giordano@educationconnection.org

Days and hours of Operation: M-F 8:30AM - 4:30PM and by appt.

Geographic Area: Bethlehem, Bridgewater, Goshen, Harwinton, Litchfield, Morris, New Milford, Plymouth, Roxbury, Terryville, Thomaston, Torrington, Warren, Washington, Winchester.

Ages Served: Birth to Age 3

Fee: Primary insurance, Medicaid, or sliding fee scale

Services offered:

SEED (Services for Early Education & Development) program: meets development and related needs of infants and toddlers with development delays or disabilities; early intervention services in home or community environment.

Edward E. Sullivan Senior Center

Daytime Phone: 860-489-2211 Fax: 860-489-2529

88 East Albert Street Torrington CT 06790

Email: seniorcenter@torringtonct.org

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Torrington area

Ages Served: Seniors

Fee: N/A

Services offered:

Assistance programs, 55 Alive Driving, arts and crafts, recreation, health clinics, transportation.

Falls Village Day Care, Inc.

Daytime Phone: 860-824-0882 Fax: 860-824-8195

35 Page Rd., PO Box 261 Falls Village CT 06031

Email: fvdc@mohawk.net

Days and hours of Operation: M-F 7:15AM - 5:15PM

Geographic Area: Falls Village, surrounding towns, Dutchess Cty New York and Southern Berkshire Cty MA

Ages Served: 3 mo. - 10 yrs.

Fee: Depends on program choice

Services offered:

Preschool, before and after school care; field trips; development programs; free trips to libraries; cooking projects; weekly VNA visits; music, and much more.

Family Strides

Daytime Phone: 860-482-3236 Fax: 860-482-3238

350 Main St. Torrington CT 06790

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Northwest CT

Ages Served: Children from birth to five years and pregnant women.

Fee: None

Services offered:

Programs include: home visits for first-time parents, help in applying for HUSKY, parenting course for fathers, and income-based WIC nutritional information.

FISH, Torrington Chapter

Daytime Phone: 860-482-3790

Fax: 860-489-4807

332 South Main St, PO Box 844 Torrington CT 06790

Email: torrington.fish@snet.net

Days and hours of Operation: M-F 9:00AM - 5:00PM, Shelter is 24/7 year-round

Geographic Area: Greater Torrington and Litchfield County

Ages Served: All

Fee: None

Services offered:

Emergency shelter, food pantry, Operation Fuel, free clothing, household goods as available, volunteer opportunities, holiday programs.

Fishes & Loaves

Daytime Phone: 860-824-5994

20 Carlson Rd., POB 306 North Canaan CT 06018

Days and hours of Operation: M-F 8:00AM - 12:00PM

Geographic Area: Canaan, Falls Village, Norfolk

Ages Served: All

Services offered:

Food is donated to the needy one day a week.

Foothills Visiting Nurse, Inc.

Daytime Phone: 860-379-8561

Fax: 860-738-7479

32 Union St. Winsted CT 06098

Email: homecare@foothillsvna.org

Days and hours of Operation: 24/7

Geographic Area: Northwest Connecticut

Ages Served: All

Fee: Most insurance accepted

Services offered:

State licensed & Medicare certified home health care including nursing, physical, occupational and speech therapy, blood pressure and cholesterol screenings, flu vaccines, and much more.

Forman School

Daytime Phone: 860-567-8712

12 Norfolk Rd. Litchfield CT 06759

Services offered:

Grades 9-12, Enrollment 170, Students per Teacher 2.8, School type Special Education, Student Body Coed Affiliation, Nonsectarian, Association: National Association of Independent Schools (NAIS), The Association of Boarding Schools (TABS), Other School associations(s).

Friendly Hands Food Bank

Daytime Phone: 860-482-3338 Fax: 860-626-8661

50 King St. Torrington CT 06790

Days and hours of Operation: M-F 9:30AM - 4:00PM

Geographic Area: Litchfield County

Ages Served: All

Services offered:

Non-perishable food; clothing center for children only.

Geer Nursing and Rehabilitation Center

Daytime Phone: 860-824-5137 Fax: 860-824-1474

99 South Canaan Rd., P.O. Box 819 Canaan CT 06018

Web Address: www.geercares.org Email: jhorstman@geercares.org

Days and hours of Operation: 24/7

Geographic Area: Northwest Connecticut

Ages Served: 16 +

Fee: Various to \$0.00

Services offered:

Skilled nursing care, post acute care, in-patient and out-patient rehabilitation, adult day care, onsite pharmacy, IV therapy, respiratory therapy, meal plans, recreation, and transportation to medical appointments.

Girl Scout Council of NW CT, Inc.

Daytime Phone: 860-482-4495 Fax: 860-489-8936

26 Prescott Street Torrington CT 06790

Email: gs104nwct@aol.com

Days and hours of Operation: M-F 9:00AM - 4:30PM

Geographic Area: Northwest Connecticut

Ages Served: Girls 5-17 yrs.

Fee: \$10 membership dues

Services offered:

Programs include science, animal care, music, fitness, leadership, camping, travel; training for adult volunteers; adult partnerships with girls.

Gleeson Services

Daytime Phone: 860-489-4104 Fax: 860-489-4105

258 Prospect St., P.O. Box 206 Torrington CT 06790

Days and hours of Operation: 24/7

Geographic Area: Litchfield County

Ages Served: All

Fee: Various to \$0.00

Services offered:

Funerals, burials, anatomical donations, Title 19 programs, veteran affairs, print and video support library.

Goshen Hospice

Daytime Phone: 860-491-4673

Route 63, PO Box 202 Goshen CT 06756-0202

Days and hours of Operation: Tues. 9:00AM - Noon; Pager

Geographic Area: Goshen

Ages Served: All

Services offered:

Transportation, prescription pick up, arranges agency services, visits, phone calls, after respite care for primary care giver, shopping, assistance with bereavement.

Greenwoods Counseling Services

Daytime Phone: 860-567-4437 Fax: 860-567-4190

25 South St., P.O. Box 1549 Litchfield CT 06759-1549

Email: askgcs@att.net

Days and hours of Operation: M-T 9:00AM - 4:00PM

Geographic Area: Litchfield County

Ages Served: All

Fee: Donations

Services offered:

Personalized referral and confidential help, with focus on psychological issues, family concerns, life challenges.

Head Start

Daytime Phone: 860-379-3123 Fax: 860-379-3123

95 North Main St. Winsted CT 06098

Email: michellegray50@msn.com

Days and hours of Operation: M-F 8:30AM - 12:30PM

Geographic Area: Northwest Corner

Ages Served: 3 - 5 yrs.

Services offered:

Any family on HUSKY or food stamps meets eligibility; home visits for families with social service needs; monthly parent meetings.

Hospice of Northwest CT

Daytime Phone: 860-364-1796 Fax: 860-364-9830

One Low Road, POB 625 Sharon CT 06069

Email: hospicenw@umh.org

Days and hours of Operation: M-W, F 10:00AM - 6:00PM

Geographic Area: Northwest CT and Northeast Dutchess County, NY

Ages Served: All except pediatrics

Services offered:

Volunteers visit in homes, nursing homes, hospitals; drive people to doctor appointments; works with local visiting nurse associations to provide volunteers for hospice patients; volunteer training is provided.

Housatonic Youth Service Bureau

Daytime Phone: 860-824-4720 Fax: 860-824-0862

246 Warren Tpke., P.O. Box 356 Falls Village CT 06031

Email: housatonic.youth.svc@snet.net

Days and hours of Operation: M-F 8:30AM - 5:00PM Evenings by appt.

Geographic Area: Kent, Cornwall, Salisbury, Sharon, Falls Village, N. Canaan

Ages Served: 0-21 and/or family members

Services offered:

Crisis intervention, resource referral, short-term counseling, parenting classes; Community Action Team Against Underage Drinking; Adventure Education program for teen boys; Defensive Driving at Lime Rock for high school seniors; Empowering Young Women project for girls in grades 6-12.

Infoline of Northwestern Conn. – Call 211

Daytime Phone: 203-759-2014 Fax: 203-759-2014

1344 Silas Deane Highway Rocky Hill CT 06067

Satellite Offices: 60 N. Main St., Waterbury, CT 06723

Web Address: www.211infoline.org Email: angie.medina@ctunitedway.org

Days and hours of Operation: 24/7

Geographic Area: Statewide

Ages Served: All

Services offered:

Basic Needs program for food, shelter & clothing; referral service for child care, emergencies, energy, healthcare, legal, financial and many other types of help.

La Via Latina

Daytime Phone: 860-489-1999

Vogel-Wetmore School – 68 Church St. Torrington CT 06790

Web Address: www.lavialatina.org Email: doreen@lavialatina.org

Days and hours of Operation: N/A

Geographic Area: Northwest Corner

Ages Served: All

Services offered:

ESL, Special Ed and No Child Left Behind; health programs including prenatal care and parenting classes; job search and training; recreation; liaison with other organizations for domestic violence and drug abuse prevention.

Litchfield Community Center

Daytime Phone: 860-567-8302 Fax: 860-567-0328

421 Bantam Road Litchfield CT 06759

Web Address: www.thecommunitycenter.org Email: staff@thecommunitycenter.org

Days and hours of Operation: M-F 9:00AM - 5:00PM, 7 - 10 PM Friday night Teen program; additional hours according to event

Geographic Area: Northwest CT and beyond

Ages Served: All

Fee: Based on program or activity

Services offered:

Encourages creative, intellectual and recreational pursuits; offers individuals and groups a place to hold functions; referral source on other community services and programs; available for rental for private functions; programs and activities on on-going basis.

Litchfield County Association For Retarded Citizens, Inc.

Daytime Phone: 860-482-9364 Fax: 860-489-2492

84-R Main Street Torrington CT 06790

Web Address: www.litchfieldarc.org Email: lcassella@litchfieldarc.org

Days and hours of Operation: 7:30am-4:30 pm

Geographic Area: Litchfield County

Ages Served: 21-Retirement

Fee: N/A

Services offered:

Vocational and residential services to individuals with developmental disabilities; Recreation - day, evening, and longer trips; Day support options; Teen travel program; 9 week summer camp program for children with disabilities in an integrated program with the YMCA.

Litchfield County Head Start

Daytime Phone: 860-482-5286 Fax: 860-489-8546

57 Forest Court Torrington CT 06790

Satellite Offices: Winsted, Plymouth, Litchfield

Email: bleacher@educationconnection.org

Days and hours of Operation: M-F 7:30AM-5:30PM

Geographic Area: Litchfield County

Ages Served: 3-5 yrs

Fee: sliding fee scale

Services offered:

Comprehensive early childhood programs offer part day/part year, full day/full year or home based options.

Litchfield Hills Council of Elected Officials

Daytime Phone: 860-491-9884 Fax: 860-491-3729

P.O. Box 187 Goshen CT 06756-0187

Days and hours of Operation: M-F 9:00AM - 4:00PM

Geographic Area: Barkhamsted, Colebrook, Goshen, Hartland, Harwinton, Litchfield, Morris, New Hartford, Norfolk, Torrington, Winchester

Ages Served: All

Services offered:

Census data center; conducts household hazardous waste collection days; regional planning.

Little Guild of St. Francis Animal Shelter

Daytime Phone: 860-672-6346

285 Goshen Sharon Turnpike West Cornwall CT 06796

Maria Seymour Brooker Memorial, Inc

Daytime Phone: 860-489-1328 Fax: 860-489-4761

157 Litchfield Street Torrington CT 06790

Web Address: www.brookermemorial.org Email: ccoyle@brookermemorial.org

Days and hours of Operation: M-F

Geographic Area: Litchfield County

Ages Served: 0-15

Fee: Various to \$0.00

Services offered:

Childcare and Learning Licensed childcare and learning center for children 6 weeks - 5th grade; part-time school readiness program; preventive and restorative dental care for children covered through HUSKY or uninsured, sliding fee scale; blood pressure clinics every Tuesday.

MCAA Trinity Glen

Daytime Phone: 860-672-6689 Fax: 860-672-3021

149 W. Cornwall Rd. Sharon CT 06069

Days and hours of Operation: 24/7

Geographic Area: Connecticut residents

Ages Served: Adults

Fee: SAGA Medical

Services offered:

Group and individual sessions; aftercare, referrals, recreation, work therapy, case management, family counseling.

McCall Foundation

Daytime Phone: 860-496-2100 Fax: 860-496-2111

58 High St., PO Box 806 Torrington CT 06790

Satellite Offices: 231 N. Main St., Winsted, CT

Email: mccallfoundation@snet.net

Days and hours of Operation: 24/7 call for specifics

Geographic Area: Greater Torrington, Northwest Corner

Ages Served: 18+, children and adolescent programs

Fee: Call for specifics

Services offered:

Individual and group counseling; intensive outpatient treatment; day treatment; intensive treatment at Carnes Weeks Ctr., McCall House for long-term intermediate care; youth and adolescent prevention programs, parenting education, special services for seniors, and counseling for gambling.

Mental Health Association of Conn.

Daytime Phone: 860-496-7670 Fax: 860-496-0405

30 Peck Rd. Torrington CT 06790

Email: mental.health.assoc@snet.net

Days and hours of Operation: M-F 9:00AM - 9:00PM, Sat & Sun 9:00AM - 5:00PM

Geographic Area: Northwest Corner

Ages Served: 18+

Services offered:

Crisis intervention, advocacy, housing, transportation, respite, budgeting, medication monitoring, case management.

Mothers Against Drunk Driving

Daytime Phone: 860-528-5621 Fax: 860-528-5653
106 Connecticut Blvd. E. Hartford CT 06108
Satellite Offices: Eastern Chapter, Fairfield Chapter, N. Haven-State Office
Web Address: www.madd.org Email: donnakehoe@madd.org
Days and hours of Operation: M-F 9:00AM - 5:00PM
Geographic Area: Greater Hartford & Litchfield
Ages Served: All

Services offered:

Stop drunk driving and support victims of this violent crime and prevent under age drinking through middle and high school promotion of the harmful effects of underage drinking. Also work with legislatures in writing laws involving alcohol to improve safety on CT roads.

Mountainside Alcoholism Treatment Program

Daytime Phone: 800-762-5433
P.O. Box 717 Canaan CT 06018
Web Address: mountainside.org Email: admissions@mountainside.org

Services offered:

Mountainside offers a wide variety of treatment approaches designed to help people discover their ability to heal themselves in mind, body and spirit and to continue self-healing as a lifelong process. The program is tailored to each individual's needs and includes individual counseling as well as structured counselor-led group meetings, motivational counseling, therapeutic task-focused assignments, adventure-based initiatives, daily spiritual practice groups, yoga, 12-step education and meetings, meditation, drama, music and art therapy, writing workshops, weekly gender-specific group meetings, and family counseling. Mountainside's innovative program has been recognized by the addiction community and the government for its contribution to the field of addiction recovery and prevention.

New Hartford Historical Society

Daytime Phone: 860-379-6894
367 Main St., POB 41 New Hartford CT 06057
Web Address: www.newhartfordhistory.org Email: NHHS@earthlink.net
Days and hours of Operation: W 2:00- 4:00PM and 7:30-9:30PM, Sat. 10:00AM - 2:00PM
Geographic Area: All
Ages Served: All

Services offered:

Historical & Geneological Research and Preservation.

Noble Horizons

Daytime Phone: 860-435-9851 Fax: 860-435-0636

17 Cobble Road Salisbury CT 06068

Web Address: www.noblehorizons.org

Services offered:

Noble Horizons offers physical, occupational, and speech rehabilitation therapy on an outpatient basis or for a short-term stay in one of our especially furnished rehab rooms. Each private room has its own lavatory, cable television, a VCR, Internet access, a phone, and special order cuisine, among other amenities.

Norfolk Senior Housing Corp., Inc.

Daytime Phone: 860-542-5470 Fax: 860-542-5470

9 Shepard Road Norfolk CT 06058

Email: nshc@snet.net

Days and hours of Operation: M-F 9:00AM -12:30PM (1:30 - 3:30PM)

Geographic Area: All

Ages Served: 62 +, handicapped must be ambulatory

Services offered:

Elderly housing and services.

North American Family Institute

Daytime Phone: 860-567-3809 Fax: 860-567-3846

11 Country Place Lane, POB 457 Litchfield CT 06759

Web Address: www.nafi.com Email: michellesarofin@nafi.com

Days and hours of Operation: 24/7

Geographic Area: All

Ages Served: 12 - 17 yrs.

Fee: DCF

Services offered:

Touchstone facility offers residential treatment for female adolescents committed through DCF parole services

Northwest Cares

Daytime Phone: 824-8133

c/o Geer Nursing & Rehab. POB 819 Canaan CT 06018-0819

Web Address: www.geercares.org Email: dheiny@geercares.org or ellaclark@snet.net

Geographic Area: Northwest Connecticut

Ages Served: Elders

Services offered:

Coalition of agencies related to elder services; Meets 8:30 a.m. first Wed. of month at Geer Village to discuss issues, concerns, and solutions related to elder needs. Does not meet July and August.

Northwest Center for Family Service & Mental Health

Daytime Phone: 860-435-2529

Fax: 860-435-8084

315 Main St., P.O. Box 153 Lakeville CT 06039

Satellite Offices: 564 Prospect St., Torrington and 45 Park Place, Winsted

Email: nwc@snet.net

Days and hours of Operation: M-F 9:00AM - 5:00PM, T, W, Th 9:00AM - 7:00PM

Geographic Area: Litchfield County

Ages Served: All

Fee: Sliding scale

Services offered:

Services include adult outpatient, child guidance, emergency mobile psychiatric services for children & teens; Community Support, Parent Education, and Parent Aide programs; Intensive Family Preservation/Reunification for families at risk; Friendly Visitors program teams volunteers with isolated/disabled seniors; Retired and Senior Volunteer program provides seniors 55+ with volunteer opportunities.

Northwest Corner Chore Service

Daytime Phone: 860-364-1003

Fax: 860-364-5789

POB 385 Sharon CT 06069

Email: ellaclark@snet.net

Days and hours of Operation: Weekdays 9:00AM - 4:00PM

Geographic Area: Barkhamsted, Canaan, Colebrook, Cornwall, Falls Village, Goshen, Kent, Litchfield, Morris, Norfolk, Salisbury, Sharon, Warren, Washington and Winsted

Ages Served: Elderly and handicapped

Fee: Suggested contribution based on monthly income

Services offered:

Housekeeping, shopping, laundry, cooking, yard maintenance, minor home repairs. Choreworkers do not provide personal care.

Northwest Corner Fuel Bank

Daytime Phone: 860-364-1003

Fax: 860-364-5789

POB 385 Sharon CT 06069

Email: ellaclark@snet.net

Days and hours of Operation: Weekdays 9:00AM - 4:00PM

Geographic Area: Cornwall, Falls Village, Canaan, Kent, Salisbury, Sharon, and Warren

Services offered:

Helps with fuel bills.

Northwest Home Care, Inc.

Daytime Phone: 860-567-4576 Fax: 860-567-5953
26 Commons Dr. - POB 1168 Litchfield CT 06759-1168
Satellite Offices: Waterbury, CT
Web Address: www.nwhomecare.com Email: sc@nwhomecare.com
Days and hours of Operation: 24/7/365
Geographic Area: Litchfield and New Haven Counties
Ages Served: All
Fee: \$2.50 per hour agency fee

Services offered:

Full home care services from companions to nurses including: bathing and dressing, medication reminders, safe ambulation, transfers to bed/tub/toilet, grooming and hygiene, live-in services, companionship and recreational activities, assist in maintaining social activities, medical appointment transportation, incontinence care, errands and shopping, monitoring day and night, create and maintain a safe environment, respite and hospice care.

Northwest Mental Health Authority

Daytime Phone: 860-496-3700 Fax: 860-496-3800
249 Winsted Rd., 3rd Floor Torrington CT 06790
Web Address: www.dmhas.state.ct.us Email: colette.anderson@po.state.ct.us
Days and hours of Operation: Mobile crisis team available 8:00AM - Midnight, regional hotline 24/7
Geographic Area: Greater Torrington and Northwest Corner
Ages Served: 18+

Services offered:

Resource for Behavioral Health and substance abuse information and referrals; Mobile Crisis Team provides outreach services for emergency psychiatric evaluations; consumers can meet with staff to decide type of service needed. 24 hour crisis line 1-860-482-1560; in-state free 24 hour crisis line 1-888-447-3339.

Northwestern Conn. AIDS Project

Daytime Phone: 860-482-1596 Fax: 860-482-3606
100 Migeon Ave. Torrington CT 06790
Web Address: www.pages.cthome.net/ncap Email: debithibeault.ncap@snet.net
Days and hours of Operation: M-F 9:00AM - 4:00PM ; also 24-hour hotline
Geographic Area: Litchfield County
Ages Served: 0-99

Services offered:

Confidential AIDS hotline 860-482-1596; educational programs, support services, free HIV testing; information, volunteer opportunities.

Northwestern CT Dialysis Fund

Daytime Phone: 860-482-3581
132 Mill Lane Torrington CT 06790

Northwestern Connecticut YMCA, Inc.

Daytime Phone: 860-489-3133 Fax: 860-482-4853

259 Prospect Street Torrington CT 06790

Satellite Offices: 480 Main St., Winsted, CT

Web Address: www.northwestctymca.org Email: torringtonymca@snet.net

Days and hours of Operation: M-F 6:00AM - 10:00PM; Sat 10:00AM - 4:00PM

Geographic Area: Northwest Connecticut

Ages Served: All

Fee: Various to \$0.00

Services offered:

Fitness, physical education and sports, aquatics, pre-school and school age child care, summer camping, teen leadership, literacy, recreational therapy, low income supportive housing and homeless shelter.

Northwestern CT Community College

Daytime Phone: 860-738-6406 Fax: 860-738-6488

20 Park Place East Winsted CT 06098

Web Address: www.nwcc.commnet.edu

Fee: Various to \$0.00

Services offered:

We, at NCCC, pride ourselves on excellence in teaching, promoting life-long learning, providing high quality student services, and state-of-the-art technology. Our small, close-knit community promotes intellectual inquiry, critical thinking, career development and appreciation of each individual. We offer a diverse array of credit and non-credit programs ranging from holistic health to baccalaureate transfer. Classes are taught and services provided in beautifully renovated, historic buildings along a New England town green.

Northwestern CT Transit District

Daytime Phone: 860-489-2535 Fax: 860-489-3353

City Hall - 140 Main St. Torrington CT 06790

Email: cdeane8827@aol.com

Days and hours of Operation: M, T, W 7:30AM - 4:00PM; Th 7:30AM - 6:30PM; F 7:30AM - 12:30PM

Geographic Area: Northwest Connecticut

Ages Served: All

Fee: Children under 5 Free; Disabled - \$0.50; Students - \$0.75; Seniors - donation; all others \$1.00

Services offered:

Dial-A-Ride services all towns; Job Access - 5 days weekly, 3 shifts; flexible route Torrington, Winsted & Litchfield.

Nutmeg Big Brothers, Big Sisters

Daytime Phone: 203-574-2447 Fax: 203-575-1037

127 Scott Road - Unit 4 Waterbury CT 06704

Web Address: www.bbbsnutmeg.org Email: scayetano@bbbsnutmeg.org

Days and hours of Operation: M - F 9:00AM - 5:00PM

Geographic Area: Western and Northwestern CT

Ages Served: 6 - 14 yrs.

Services offered:

Mentors disadvantaged youth and seeks to cross generational, cultural, ethnic and socioeconomic lines.

Nutmeg Conservatory for the Arts

Daytime Phone: 860-482-4413 x 303 Fax: 860-482-7614

58 Main St. Torrington CT 06790

Web Address: www.nutmegconservatory.org Email: info@nutmegconservatory.org

Days and hours of Operation: M-T 9:00AM - 8:00PM; F 9:00AM - 5:00PM; Sat 9:00AM - 2:00PM

Geographic Area: Litchfield County

Ages Served: 4 - 23 yrs.

Fee: Various to \$0.00

Services offered:

Ballet and music lessons.

Office of the Public Defender

Daytime Phone: 860-567-5572

PO Box 944 Litchfield CT 06759

Services offered:

Public Defender.

Open Door Soup Kitchen

Daytime Phone: 860-738-2449

POB 57 Winsted CT 06098

Days and hours of Operation: 10:00AM - 1:00PM Mon. - Sat.

Geographic Area: Northwest CT

Ages Served: All

Services offered:

Located at St. James Parish House; coffee and breakfast at 10:00 a.m., lunch served 11:30 - 12:30.

Outreach West

Daytime Phone: 860-496-1075 Fax: 860-496-1339

30 Peck Road Torrington CT 06790

Email: hferrecchia@chd.org

Days and hours of Operation: M-F 8:00AM - 8:00PM

Geographic Area: Greater Torrington

Ages Served: Adults

Fee: DMHAS funded

Services offered:

Residential services for adults with both mental health and substance abuse problems; case management, crisis intervention, referrals, money management, psychiatric services, medication monitoring.

Owl's Kitchen

Daytime Phone: 860-542-5481

315 Main St. Salisbury CT 06068

Email: rhfarnsworth@netscape.net

Days and hours of Operation: Sat 9:00AM - 11:00AM; alternate Fridays 5:00-6:30 PM

Geographic Area: Northwest Connecticut, adjoining NY and MA

Ages Served: All

Services offered:

Free food.

Planned Parenthood League of CT

Daytime Phone: 860-489-5500 Fax: 860-496-1754

249 Winsted Road Torrington CT 06790

Web Address: www.ppct.org

Days and hours of Operation: M 12:00PM - 7:30PM; T 9:30AM - 4:00PM; Closed Wed; Th 11:00AM - 6:30PM; F 8:30AM - 4:00PM; 2 Sat/month 8:30AM - 12:00PM

Geographic Area: Litchfield County

Ages Served: All

Fee: Sliding scale; most insurance

Services offered:

GYN care, SID testing for men & women, HIV testing, pregnancy testing and counseling, HRT.

Prime Time House Inc.

Daytime Phone: 860-482-3636 Fax: 860-496-4097
810 Main Street Torrington CT 06790
Web Address: www.primetimehouse.com Email: wsparrow@primetimehouse.com
Days and hours of Operation: N/A
Geographic Area: Northwest Corner
Ages Served: 18 +

Services offered:

Vocational counseling, employment, educational services, advocacy, fellowship, independent living support, transportation and dining services.

Salisbury Visiting Nurse Association

Daytime Phone: 860-435-0816 Fax: 860-435-4852
30-A Salmon Kill Rd. Salisbury CT 06068
Web Address: <http://www.salisburyvna.org> Email: salis.nurses@snet.net
Days and hours of Operation: On call 24 hours a day, 7 days a week.
Office hours are 8 AM to 5 PM Monday through Friday.

Services offered:

The purpose of the Association is to provide public health nursing and other therapeutic health services, e.g., physical therapy, occupational therapy, speech therapy, home health aides, and Salisbury Hospice to the residents of the Town of Salisbury in their homes on a part-time or intermittent basis twenty-four hours a day; to provide daily health supervision at Salisbury Central School and to promote and conduct programs for the maintenance and improvement of the health of the townspeople.

Salvation Army - Torrington

Daytime Phone: 860-482-3569 Fax: 860-489-9260
234 Oak Ave., P.O. Box 209 Torrington CT 06790
Geographic Area: Greater Torrington
Ages Served: All

Services offered:

Emergency assistance, food pantry, clothing, utility, housing assistance, summer camp for children.

Salvation Army, Winsted Service Center

Daytime Phone: 860-543-8406 x 139 Fax: 860-244-0790
396 Main St. – P.O.Box 571 Winsted CT 06098-0571
Satellite Offices: POB 628, Hartford, CT 06142-0628
Email: irene_mosher@use.salvationarmy.org
Days and hours of Operation: M,T,F 11:00AM - 2:00PM; Th 5:00PM-7:00PM; W 10:00AM - 4:00PM
Geographic Area: Winsted and Colebrook
Ages Served: All

Services offered:

Food pantry, summer residential camp for ages 7-11, clothing, shoes, back-to-school supplies, seasonal activities; kids Fun Club Wed. afternoons.

Sharon Day Care Center, Inc.

Daytime Phone: 860-364-5182

Days and hours of Operation: M-F 7:30AM - 5:30PM School Year

Geographic Area: Sharon Area

Ages Served: 3 to 10 Yrs

Fee: Kindergarten \$20 for 3/4 day; \$16 half day; \$26 full day; \$4 before school; \$8 after school

Services offered:

Full Day Child Care; 1/2 Day pre-School and Before and After School Child Care.

Sharon Healthcare Center

Daytime Phone: 860-364-1002

Fax: 860-364-0237

27 Hospital Hill, POB 1268 Sharon CT 06069

Email: pbelval@umh.org

Days and hours of Operation: 8:30AM - 4:30PM (open 24/7)

Geographic Area: Litchfield and Dutchess counties

Ages Served: 50+

Fee: Medicare, Medicaid, private pay

Services offered:

Short-term rehabilitation, long-term care, respite stays; in-house child daycare center offers infant/toddler/preschool programs; volunteer hospice program at home or in health care setting.

Sharon Historical Society

Daytime Phone: 860-364-5688

18 Main St. Sharon CT 06069

Web Address: www.sharonhist.org Email: director@sharonhist.org

Days and hours of Operation: T-F 1:00PM - 4:00PM and by appt.

Geographic Area: Sharon, Litchfield County

Ages Served: All

Services offered:

Public education programs, library and archives, birthday parties, tours of Sharon, Iron industry-related tours and programs.

Sharon Hospital

Daytime Phone: 860-364-4085

Fax: 860-364-4011

50 Hospital Hill Rd., P.O. Box 789 Sharon CT 06069

Web Address: www.sharonhospital.com Email: adam.cumbo@sharonhospital.com

Days and hours of Operation: 24/7

Geographic Area: Northwest Connecticut, Eastern Dutchess County, NY and Southern Berkshire County, MA

Ages Served: All

Services offered:

Cancer care, cardiology, cardiopulmonary, clinical, community health, emergency service, laboratory, maternity, outpatient, pharmacy, radiology, rehabilitation, support services, senior behavioral health, and surgical services.

Social Security Administration

Daytime Phone: 860-482-1036 Fax: 860-489-2988
147 Litchfield Street Torrington CT 06790
Web Address: www.ssa.gov Email: sadie.singleton@ssa.gov
Days and hours of Operation: M-F 9:00AM - 4:00PM
Geographic Area: Litchfield
Ages Served: All
Services offered:
Social Security, retirement, survivors, disability, Medicare, SSI.

St. Maron's Church Hot Dinner Program

Daytime Phone: 860-489-9015 Fax: 860-482-1614
613 Main St. Torrington CT 06790
Email: lpmichael@aol.com
Days and hours of Operation: Tuesdays 4:30 - 6:00 p.m.
Geographic Area: Torrington Area
Ages Served: All
Services offered:
Hot meal program.

State of CT Dept. of Social Services

Daytime Phone: 860-496-6960 Fax: 860-496-6977
62 Commercial Blvd. Torrington CT 06790
Web Address: www.dss.state.ct.us Email: marc.paletsky@po.state.ct.us
Days and hours of Operation: M-F 8:00AM - 4:30PM
Geographic Area: Litchfield County
Ages Served: All
Services offered:
Wide range of services for disabled, elderly, families and individuals, including food stamps, childcare, support enforcement, financial and medical assistance.

Summerville Assisted Living

Daytime Phone: 860-489-8022 Fax: 860-489-5200
376 Goshen Road Torrington CT 06790
Web Address: <http://www.summervillehg.com/atlas/ct/>
Fees: Varies
Services offered:
A Senior Residential and Assisted Living Community.

Susan B. Anthony Project, Inc.

Daytime Phone: 860-489-3798 Fax: 860-482-6268
434 Prospect St., P.O. Box 846 Torrington CT 06790
Web Address: www.sbaproject.org Email: bspiegel@sbaproject.org
Days and hours of Operation: M-F 8:30AM - 4:30PM; 24 hr Crisis Line
Geographic Area: Litchfield County
Ages Served: All

Services offered:

Shelter, transitional housing, individual counseling, support groups, court advocacy for victims of domestic and sexual violence, job readiness for women in transition, community education programs.

The Chamber of Commerce of NW CT

Daytime Phone: 860-482-6586 Fax: 860-489-8851
333 Kennedy Dr., POB 59 Torrington CT 06790-0059
Web Address: www.northwestchamber.org
Days and hours of Operation: M-Th 8:00 – 5:00, Friday 8:00-4:00PM
Geographic Area: Northwest Connecticut

Services offered:

Increases awareness of the economic, educational, cultural and civic opportunities available to business community, members and friends. Offers Chamber Seminar Series, School to Career Consortium, Northwest Connecticut Economic Development Corporation, Northwest Connecticut Arts Council, Leadership Northwest, The Entrepreneurial Institute Small Business Courses, SCORE, Business After Hours, Membership Services, Business & Home Expo, Chamber Insurance Trust, Media presence in newspapers, radio and TV, Government Relations, Pioneer Leads Group, and Tri-State Chamber Affiliation.

The Foundation for Community Health

Daytime Phone: 860-364-5157 Fax: 860-364-6097
106 Upper Main St. Sharon CT 06069
Web Address: www.fchealth.org Email: nancy@fchealth.org
Geographic Area: CT - Canaan, Cornwall, Falls Village, Goshen, Lakeville, Norfolk, Salisbury and Sharon; NY area bordering Northwest CT

Services offered:

Philanthropic grant-making organization that works to improve the physical and mental health of area historically served by Sharon Hospital.

The Workman

Daytime Phone: 860-482-0016

244 Forest St. Torrington CT 06790

Email: johnsylvia@workman@sbcglobal.net

Days and hours of Operation: 24/7 Office hours M-F 9:00AM - Noon

Geographic Area: Litchfield County

Ages Served: 60 +

Fee: \$908 per month

Services offered:

Residential community of 37 private semi-furnished apartments. Offers 3 hot meals daily, 24 hour resident manager, weekly housekeeping, laundry facilities, heat, hot water and electricity included, beauty salon, telephone and cable hook-ups, home health aids available.

Torrington Affordable Housing, Inc.

Daytime Phone: 860-489-6045 Fax: 860-489-4712

84 Main St., 2d Floor, PO Box 1172 Torrington CT 06790-1172

Days and hours of Operation: M, W, F 10:00AM - 3:00PM

Geographic Area: Torrington

Ages Served: All

Fee: \$25.00 application fee

Services offered:

Program for low and moderate income families who wish to own their own home; TAH owns land. Homeowner pays monthly land lease fee.

Torrington Area Foundation for Public Giving

Daytime Phone: 860-626-1245 Fax: 860-489-7517

32 City Hall Ave., PO Box 1144 Torrington CT 06790-1144

Web Address: www.tafpg.org Email: info@tafpg.org

Days and hours of Operation: M-F 9:00AM - 5:00PM

Geographic Area: Northwest Connecticut

Services offered:

Helps start-up nonprofits, enables people or organizations to begin endowments, provide scholarships; grants to arts, education, health and social service organizations.

Torrington Area Health District

Daytime Phone: 860-489-0436

Fax: 860-496-8243

350 Main Street Torrington CT 06790

Web Address: www.tahd.org

Email: See website for specific emails

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Northwestern CT

Fee: Depends on service, range from \$20 - \$250.

Services offered:

Licensing and inspections; testing for communicable diseases and rabies, Lyme, influenza; assessments for sewers, public water, private wells, rodent control; Family Strides programs include WIC, Healthy Start, HUSKY Outreach, Nurturing Families, Nurturing Connections and Father Involvement.

Torrington Child Care Center

Daytime Phone: 860-482-2621

Fax: 860-626-7245

338 Kennedy Drive Torrington CT 06790

Email: torringtonchild.care@snet.net

Days and hours of Operation: M-F 6:45AM - 5:15 PM

Geographic Area: Greater Torrington Area

Ages Served: 3 to 8

Fee: Sliding fee scale.

Services offered:

State-Funded Child Care. Breakfast, lunch and Snack Provided. Licensed for 48 children and Accredited by NAEYC.

Torrington Historical Society, Inc.

Daytime Phone: 860-482-8260

192 Main Street Torrington CT 06790

Web Address: www.torringtonhistoricalsociety.org Email: torringtonhistorical@snet.net

Days and hours of Operation: T-F 10:00AM - 4:00PM; also seasonal

Geographic Area: Unlimited

Ages Served: All

Fee: \$5 house museum; \$2 history museum

Services offered:

Guided tours, historical exhibits and programs, archival resources.

Torrington Housing Authority

Daytime Phone: 860-482-3581 Fax: 860-482-5841

110 Prospect St. Torrington CT 06790

Email: housing.athty.cty@snet.net

Days and hours of Operation: M-F 8:30AM - 4:30PM

Geographic Area: Torrington

Ages Served: Elderly

Services offered:

Public housing and Section 8 rental assistance.

Torrington Library

Daytime Phone: 860-489-6684 Fax: 860-482-4664

12 Daycoeton Place Torrington CT 06790-6399

Web Address: www.torringtonlibrary.org

Days and hours of Operation: M,T, F 10:00AM - 6:00PM, W & Th 10:00AM - 8:00PM, Sat 10:00AM - 3:00PM

Geographic Area: Torrington

Ages Served: All

Services offered:

Lending library includes large print, audio, cd, videos in VHS or DVD, magazines, newspapers; public access internet; juvenile and adult programs, book and bake sale 2nd Sat in October.

Torrington Youth Service Bureau

Daytime Phone: 860-496-0356 Fax: 860-482-3084

8 Church St., POB 204 Torrington CT 06790

Email: youth.svcs@snet.net

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Kid Care - Litchfield County, Youth Service Bureau - Torrington

Ages Served: 0-21

Fee: Kid Care - None, Sliding scale for counseling

Services offered:

Multiple programs - Kid Care for children/youth with Behavioral Health needs; short term counseling for youths and their families; Life Skills program and mentors for DCF clients.

Town of Litchfield Social Services

Daytime Phone: 860-567-7564 Fax: 860-567-7573
80 Doyle Road PO Box 12 Bantam CT 06750
Email: lfdwebel@optonline.net
Days and hours of Operation: M,T,TH, F 9:00AM -2:00PM
Geographic Area: Litchfield, Northfield, Bantam, and Milton
Ages Served: All

Services offered:

Information and referral services; liaison with community organizations to implement services for entire population; administer food/relief funds; fuel assistance; transportation services for disabled and elderly; help clients fill out forms; coordinate Chore Service.

Town of North Canaan Social Service

Daytime Phone: 860-824-3133 Fax: 860-824-3139
100 Pease St. Canaan CT 06018
Days and hours of Operation: Thursdays & Fridays
Geographic Area: North Canaan residents
Ages Served: All

Services offered:

Assist adults in learning about community resources; help elderly apply for government programs; short-term assistance.

Town of Winsted Recreation Dept.

Daytime Phone: 860-379-8670 Fax: 860-738-7053
338 Main St. Winsted CT 06098
Web Address: www.townofwinchester.org Email: recreation@townofwinchester.org
Days and hours of Operation: M - W 8:00AM - 4:00PM, Th 8:00AM - 7:00PM, F 8:00AM - 12:00PM
Geographic Area: Winchester
Ages Served: All

Services offered:

Recreation.

Town of Winsted Social Services

Daytime Phone: 860-738-6964
338 Main St. Winsted CT 06098
Days and hours of Operation: M - T 8:00AM - 3:30PM, W 8:00AM - 3:00PM
Geographic Area: Winsted
Ages Served: All

Services offered:

Operation Fuel, state energy applications, private fuel bank, assistance with rent, prescriptions, and food if funds available.

Tri-State Chamber of Commerce

Daytime Phone: 860-435-0740

24 E. Main St. Salisbury CT 06068

Web Address: www.salisbury-chamber.org Email: info@tristatechamber.com

Geographic Area: Salisbury, Sharon, Canaan

Services offered:

The Tri-State Chamber of Commerce is organized for the purpose of advancing the commercial, industrial and civic interests of the Town of Salisbury and its trade area.

United Way of Northwest Conn.

Daytime Phone: 860-489-4131 Fax: 860-626-8223

16 Bird St., P.O. Box 1001 Torrington CT 06790

Web Address: www.northwestunitedway.org Email: unitedway.torrington@snet.net

Days and hours of Operation: M-F 8:00AM - 5:00PM

Geographic Area: Bantam, Barkhamsted, Colebrook, Cornwall, Cornwall Bridge, East Canaan, Falls Village, Goshen, Harwinton, Lakeville, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Pleasant Valley, Pine Meadow, Riverton, Salisbury, Sharon, Torrington, West Cornwall, West Hartland, Winchester Center, Winsted

Ages Served: All

Services offered:

Annual campaign supports 23 human service agencies; Food For Your Neighbors drive in February; Community Impact Behavioral Health project; resource and referral service.

USO of Metropolitan New York

Daytime Phone: 212-695-5590 Fax: 212-695-5734

Email: usonyc16@aol.com

625 Eighth Avenue, North Wing, 2d Floor, New York, NY 10018

Services offered:

Provides active duty/reserve military personnel/dependents with employment assistance, entertainment, food, lodging, tourist information, referrals for problems and visits to VA facilities.

Valerie Manor

Daytime Phone: 860-489-1008 Fax: 860-496-9252

1360 Torrington Street Torrington CT 06790

Days and hours of Operation: 24/7

Geographic Area: Northwest CT

Services offered:

Nursing home short-term rehabilitation, Alzheimer's care, long-term and hospice care.

Visiting Nurse & Home Care NW, Inc.

Daytime Phone: 860-567-6000 Fax: 860-567-6012
24 Village Green Dr. Litchfield CT 06759-3419
Web Address: www.vnanw.org Email: info@vnanw.org
Days and hours of Operation: Office 8:00AM - 4:30PM, Clinical staff 24/7
Geographic Area: Litchfield County
Ages Served: All

Services offered:

Nursing; physical, occupational and speech therapy; home health aides; nutrition counseling; flu clinics.

Visiting Nurse Services of Conn.(Torrington)

Daytime Phone: 860-482-6419 Fax: 860-482-8347
62 Commercial Blvd. Torrington CT 06790
Satellite Offices: N/A
Web Address: www.vnsct.com Email: nmerbaum@vnsct.com
Days and hours of Operation: M-F 8:00am-4:30PM; weekend and holiday service; 24 hr. availability nursing visits.
Geographic Area: Greater Torrington Area
Ages Served: All Ages
Fee: Medicare, Medicaid, private insurance, CCCI Private pay

Services offered:

In patient home care of Skilled Nursing, occupational, physical and speech therapy, home health aide, and medical social services. Specialty programs include: Home infusion (IV) therapy, maternal/child health, palliative care, pediatric skilled nursing, psychiatric Nursing, telemonitoring using the Home med monitor, and wound care.

Vogel Wetmore Family Resource Center

Daytime Phone: 860-489-8552 Fax: 860-489-2577
68 Church St. Torrington CT 06790
Web Address: www.educationconnection.org Email: torringtonfrc@educationconnection.org
Days and hours of Operation: M-F 8:00AM - 4:00PM, Evenings by request
Geographic Area: Litchfield County
Ages Served: 0-10 yrs +

Services offered:

Family support services; resource and referral information; training and support for day care providers; adult education; child care.

Warner Theater

Daytime Phone: 860-489-7180

68 Main St., POB 1012 Torrington CT 06790-1012

Web Address: <http://www.warnertheatre.org>

Services offered:

Live performances; Center for Arts Education offers theatre, dance, piano and voice classes; Young Actors Series.

Wellspring Foundation

Daytime Phone: 203-266-8022

Fax: 203-266-8030

21 Arch Bridge Rd., POB 370 Bethlehem CT 06751

Web Address: www.wellspring.org

Email: info@wellspring.org

Days and hours of Operation: N/A

Geographic Area: N/A

Ages Served: 6 to adult

Fee: Various to \$0.00

Services offered:

Residential treatment for boys and girls 6-12, girls 13-18, and adults; Outpatient services for all ages.

Western CT Area on Aging

Daytime Phone: 203-757-5449

Fax: 203-757-4081

84 Progress Lane Waterbury CT 06705

Web Address: www.geocities.com/wcaaa Email: westernctaaa@sbcglobal.net

Days and hours of Operation: M-F 8:00AM - 4:00PM

Geographic Area: Western CT

Ages Served: Elderly and younger disabled

Services offered:

Adult day care, insurance counseling, emergency fuel, Friendly Visitors, health assessments, meal delivery, homemakers, money management, senior centers.

Winchester Housing Authority

Daytime Phone: 860-379-4573

Fax: 860-379-0430

80 Chestnut Street Winsted CT 06098

Web Address: N/A

Email: lhayes@winhouseauth.org

Days and hours of Operation: M-F 8:30AM - 4:00PM

Geographic Area: Winsted, Winchester

Ages Served: Elderly and disabled

Services offered:

Housing and Section 8 rental assistance.

Winchester Youth Service Bureau

Daytime Phone: 860-379-0708 Fax: 860-379-1328

480 Main St. Winsted CT 06098

Email: marycoutant@yahoo.com

Days and hours of Operation: 24/7

Geographic Area: Barkhamsted, Colebrook, Hartland, New Hartford, Norfolk, Winsted

Ages Served: 0-18

Services offered:

Crisis intervention, individual and family counseling, after school programs, summer day camp, parent support groups and education, court advocacy, short term host homes.

Winsted Area Child Care

Daytime Phone: 860-379-0006 Fax: 860-738-8519

185 Prospect St., P.O. Box 585 Winsted CT 06098-0585

Days and hours of Operation: M-F 6:00AM - 6:00PM

Geographic Area: Northwest Corner

Ages Served: 6 weeks to 12 years

Fee: Call for schedule; Tuition assistance available to families enrolled for full time or below 75% of State median income

Services offered:

State licensed child care with primary goal of meeting the needs of "whole child"; School Readiness program; before-and-after school program; encourages parental involvement.

Wisdom House Retreat & Conference Center

Daytime Phone: 860-567-3163 Fax: 860-567-3166

229 East Litchfield Road Litchfield CT 06759-3002

Web Address: www.wisdomhouse.org Email: rg@wisdomhouse.org

Days and hours of Operation: M-F 9:00AM - 4:00PM, weekend days and evenings

Geographic Area: Connecticut and Tri-State area

Ages Served: All

Fee: Depends on program or reason for attending

Services offered:

Programs in spirituality, education and the arts; meals and accommodations provided; retreat and conference center.

Wolcott Hall

Daytime Phone: 860-482-8554 Fax: 860-496-7108
215 Forest Street Torrington CT 06790
Days and hours of Operation: M-F 8:00AM - 5:00PM
Geographic Area: Torrington, Litchfield County
Ages Served: Elderly
Fee: 1 bedroom - \$295/day; 2 bedroom - \$275/day; 3-4 bedroom - \$260/day
Services offered:
Nursing; short and long-term physical, occupational and speech therapy.

Women`s Support Services

Daytime Phone: 860-364-1080 Fax: 860-364-5767
Route 41 P.O. Box 341 Sharon CT 06069-0341
Email: wssdv@snet.net
Days and hours of Operation: Hotline 24/7 860-364-1900; Office M-F 9:00AM - 5:00PM or by appt.
Geographic Area: Kent, Cornwall, Falls Village, Canaan, Sharon, Salisbury, nearby NY and MA
Ages Served: All
Services offered:
Comprehensive service for victims of domestic violence and abuse; short-term shelter, support groups and transportation; violence prevention and education programs.

YMCA Camp Sloane

Daytime Phone: 860-435-2557 Fax: 860-435-2599
124 Indian Mountain Rd., POB 1950 Lakeville CT 06039
Web Address: www.camp-sloane.org Email: info@camp-sloane.org
Geographic Area: Northwest Corner, New England, National & International
Ages Served: 7 - 15
Fee: Call or email for information, financial assistance available
Services offered:
Day camp ages 1st grade-12, resident camp ages 7-15, teen leadership training and trip programs; year-round programs for schools, families, corporate and non-profit groups; family camp for Labor Day weekend.